

Role Description

Parent Catalyst

Advocacy & Systems Change Action Group

Parent Catalyst Leadership Group (PCLG)

Who we are

We are parents and caregivers who have first hand experience in supporting a child with mental health challenges.

What we do

PCLG action groups offer opportunities for caregivers to connect, learn, advocate, and inform positive change to improve children's mental health care in Hennepin County.

All PCLG members attend...

PCLG meetings

Attend quarterly PCLG meetings. PCLG meetings will include time for connection, updates from Action Groups, and planning for caregiver engagement across the collaborative.

Action Groups

Participate in at least one Action Group. Action groups are designed by PCLG members to address identified needs and challenges facing children and families in Hennepin County.

Action Group: Advocacy & Systems Change

purpose - to represent the voices and priorities of caregivers at the system and policy level of children's mental health

Goal - to attend Hennepin County Children's mental Health Collaborative (HCCMHC) and other meetings around children's mental health, and to provide coordination of other PCLG strategies

2024 focus area

Inform and support the work of the Hennepin County Children's Mental Health Collaborative.

Skills (that we are looking for and building in this group)

- Advocacy
- System level leadership
- Communication
- Supporting others

Time Commitment

- Monthly HCCMHC Governance meetings (60-120 minutes per month)
- Quarterly PCLG meetings (90 minutes each) to connect, vision, and provide updates

When can I join? Action teams are ongoing. Caregivers can join any time of the year. We host regular information sessions to recruit and connect with new members.

Interested in joining or learning more? Fill out [our online interest form](#)