



Governance Committee Meeting Agenda

Wednesday, November 15, 2023, 3:00 – 4:30pm

<https://us06web.zoom.us/j/85954328769?pwd=ixvbLruxhpXHhKdWqOiTiUmMs4QVPO.1>

- 3:00 pm** **Welcome & Approval of Meeting Minutes & Agenda – Angela Watts**
(Meeting materials: October Meeting Minutes & November Agenda)
- 3:10 pm** **Hennepin County Suicide Prevention Grant – Jen O’Brien**
Jen O’Brien will provide an overview of the grant objectives and target audience, share the County’s hiring goals and timeline for launching the new program.
- Q & A
1. What is or isn’t working for parents, families and youth currently?
 2. How will this new program help address these concerns?
- 3:45 pm** **Parent Engagement – Angela Watts & Coordination Team**
(Meeting material: Parent Conversation, PCLG Flier, HCCMHC Flier)
- Family Coordinator Updates and Events (November 15th at Brookdale Library)
 - Parent Catalyst Leadership Updates and Events
- 4:20 pm** **Business Updates – Pat Dale & Laura LaCroix-Dalluhn**
(Meeting materials: 2024 Meeting Schedule)
- 2024 Proposed Meeting Schedule (Action Recommended)
 - Survey; <https://forms.gle/CjtyfWFUdd4HpP4Y7>
 - Fiscal Sponsor Updates
- 4:30 pm** **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children’s mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children’s mental health system by embracing the system of care principles and available research on children’s mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

October 11, 2023

In Attendance: Pat Dale, Angela Watts, Cindy Slowiak, Brandon Jones, Meredith O'Brien, Krista Phillips, Asad Dahir, Andria Daniel, Brenna MacDonald, Jamie Dalbesio, Mark Sander, Susie Voss, Melanie Hultman, Mark Revering, Rachel Harris, and Dr. Jenna Mitchler

Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Fatima Muhammad

Welcome & Approval of Meeting Minutes & Agenda

- Pat Dale moved to approve the September minutes and Krista Phillips seconded. Minutes approved.
- Pat moved to approve the October agenda and Andria Daniel seconded. Agenda approved.

Business Updates

- 2024 Revised Budget Proposals
 - Pat shared that Laura LaCroix-Dalluhn met with Brandon Jones, his chief financial officer, Mark Revering who will be with us today, and their accountant to review the approved budget for 2024 and respond to any questions they may have regarding the Collaborative's budget and/or funding streams. It was agreed upon to increase the fiscal sponsor line to 7.5%, which is higher than we've paid in the past but still within the 10% requirement outlined with LCTS funds. As a result, we need to review and approve the 2024 budget with these changes. Angela Watts moved to approve the revised budget to accommodate this change, and Cindy Slowiak seconded. Motion approved, noting Brandon Jones abstained from voting.
 - Angela thanked Brandon and his team for moving this forward and making this a smooth transition for the collaborative.
- Fiscal Sponsor Updates
 - Pat shared that Brandon's team has been reviewing our governance agreement, bylaws, and MOU and are continuing to work with Laura to identify any concerns that they have. Brandon and Laura believe they are on track to make this transition at the beginning of the year.
- 2023-2024 Governance Committee Members
 - Pat shared that there are a number of mandated partners who have not been attending and a number of open positions. We'd like to spend time the remainder of the year recruiting people to fill these empty positions. You will find the mandated partners at the bottom of the Governance Committee Roster. Those highlighted in yellow have open slots and are a priority for the Collaborative. These open slots include St. Anthony-New Brighton School District (1), Anoka-Hennepin School District (1), parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4), health plan (1),

and at-large representatives (3). We are looking for your support in identifying key people and organizations for these open positions. We'd like to take a few minutes to look at the mandated partners, especially the alternate positions, which is a great way to onboard someone or have a couple of organizations tag-team to stay engaged. As we recruit additional people, we think this would also be a good time to make our space more conducive to adding families, parents, and/or caregivers. We'd like to take a couple of minutes to identify ways that you think we can improve this space for families.

- Melanie Hultman suggested we consider meeting on a Thursday or Friday and either over lunch or at 4 PM. Meredith O'Brien shared she may have some recommendations to fill the public health role. Mark Sander suggested going to CHIP and getting community partners to join us. Angela suggested Thia Bryant from Health Partners.
- 2024 Proposed Meeting Schedule
 - Pat shared that Laura has prepared a draft 2024 Meeting Schedule which changes our Governance Committee meetings from a monthly to a quarterly meeting schedule. The purpose of this change is to take time between meetings to engage in our work plan priorities and involve partners in this work. We would like discussion and feedback on this proposed change; and a vote either this month or next. We'd also like your input on how best to coordinate information across groups. Many of you sit in a number of meetings together and the work isn't always coordinated or information always shared. Coordination will be important if we move toward quarterly meetings to manage the business of the Collaborative.
 - Cindy asked how we would get our work done during the meetings, we have a hard time getting through the agenda in our monthly meetings. Angela shared Cindy's concern but also understands the want for fewer meetings. Angela suggested trying a bi-monthly meeting schedule. Mark shared that quarterly meetings lessen conversation and become more about approval than co-creating. Laura shared that this space has been used to have more dialogue and discussion, and she is searching for ways to have helpful conversations but also optimize work time. Angela shared that she understands what Laura is saying and why, bi-monthly meetings may fit our needs, but she feels we should have more discussion around this. Meredith asked if there was a way to make the administrative work more streamlined, and shared that she feels the monthly discussions within this group are helpful. Andria shared that she has been a part of the committee for almost a year and she feels she is just now starting to understand the role and responsibilities of the committee and she feels that meeting every other month would be fine, but having regular meetings is helpful.
 - Laura suggested having a quarterly business meeting, while still meeting monthly for conversation and collaboration. We could designate time out of a meeting quarterly to address business work. Rachel Harris asked Laura to clarify what the business parts are, Laura shared that what we have done so far this meeting is business work, anything with a vote required, anything to do with the budget, and

setting up meetings are business pieces. Rachel shared that the Northwest Family Resource Collaborative meets every other month, but she likes the idea of continuing to meet monthly, but only having the business focus every other month. Angela agreed that this could work, but shared that she feels it is important that new people and everyone on the committee gets a chance to understand the business side. Angela said that maybe she and Pat could create an orientation so that new committee members and people who would like to learn more about the business side can be given a tool to boost their understanding.

- Laura thanked everyone for their feedback and shared that she brought this up because she feels with the coordination work that comes with having two meetings every month, she is kept from doing other work within the work plan and ultimately holding the work of the collaborative back. Angela suggested that the committee take some time to think about how to best address this concern as well as the concern of making the space more welcoming to parents and caregivers and bring ideas to November's meeting to continue this discussion. Rachel added that the Northwest Family Resource Collaborative's governance committee meets bi-monthly, and their executive committee meets on off time, she would offer that this method works well and it may be worth trying.

Strategic Initiatives

- Parent Engagement Updates and Events
 - Parent Catalyst Leadership Updates and Events
 - Melanie Hultman shared that we are excited to host our first in-person training for parents and caregivers tonight at the Division of Indian Work. The focus of the Let's Talk About It event is Indigenous Youth Mental Health. There is room to join us if you or someone you know is interested. Laura shared that Hayley Tompkins attended the Mpls Public Schools Pow Wow and received great information from families and young people. We are synthesizing this information and plan to share out. Laura shared that we are working to be more intentional in connecting the work being done in the PCLG with Fatima's work. Angela asked if we have ever taken photos at these events to capture the excitement and share with others, Pat answered that we have some photos but have never shared them. Melanie answered that we haven't taken many photos out of respect for privacy but at an event like tonight, we take some photos without faces to protect privacy.
 - Family Coordinator Updates and Events
 - Fatima shared that she is leading the coordination of a family summit on Children's Mental Health on November 15th, which will be held at the Brookdale Library. We are looking to have 50-75 parents attend and discuss the children's mental health system, challenges, and how providers can support families. Fatima shared that we'd love the committee's help with the promotion or recruitment of families and with

help supporting the logistics. If you have staff or anyone who would like to support family engagement opportunities please let Fatima know.

- Discuss SoC Community Events and Collaborative Next Steps
 - Angela shared that we had the kickoff SoC event and we wanted to discuss the Collaborative's next steps in supporting the implementation of system of care values and strategies in our work throughout Hennepin County. Angela asked those who attended to share what resonated most with you. Angela shared that she felt it was very exciting and that people were very engaged, the insights were great. Cindy shared that she felt it was energizing, many people engaged but the provider voice was a bit absent. Cindy shared that she feels we will benefit from continuing to have these conversations. Mark shared that Liz's presentation stuck out to him, particularly the focus on families and students at an individual level can have what they need. Rachel asked if it would make sense to focus on population groups at a time, rather than a global approach of all young people/students, and focus a bit deeper rather than spreading thin. Meredith added that we learned in early childhood system building that you start with the individual relationship and get momentum through that relationship to systematize it so there is a lasting process.

Adjournment

- Krista moved to adjourn the meeting and Mark seconded. Meeting adjourned.



HENNEPIN COUNTY
**CHILDREN'S MENTAL HEALTH
COLLABORATIVE**

YOU ARE INVITED!



JOIN THE CONVERSATION

The Hennepin County Children's Mental Health Collaborative is hosting a community conversation for parents and caregivers of children with mental health challenges living in Hennepin County.

- Engage with peers and professionals
- Learn about who is working to coordinate and improve children's mental health services
- Share your voice and ideas to help inform children's mental health services and supports

November 15, 2023 | 5:30 pm - 7:30 pm
Brookdale Library Rm ABC
6125 Shingle Creek Pkwy, Brooklyn Center 55430



Dinner provided
Spanish & Somali interpretation
Transportation & childcare stipend, if needed
PRE-REGISTRATION IS REQUIRED
www.hccmhc.com

Space is Limited

\$50 gift card available to those that arrive on time and participate until the end! One per adult.

Revised 2024 Meeting Schedule

Committee	Lead	Meeting Schedule	Notes/Questions
Governance Committee	Pat Dale & Angela Watts	Currently Third Wednesday of the month from 3:00-4:30 PM Survey results will determine next date.	Meetings will take place online, unless otherwise noted. January 18 th February 15 th March 21 st May 16 th June 20 th September 19 th October 17 th November 21 st or 2 nd Thursday, November 14 th
Executive Committee	Pat Dale & Angela Watts	Every first Friday of the month from 9-11 AM No July Meeting	Meetings will take place online, unless otherwise noted. Jan 5 th , Feb 2 nd , March 1 st , April 5 th , May 3 th , June 7 th , August 2 nd , September 6 th , October 4 th , November 1 st , and December 6 th .
Coordination Team	Laura LaCroix-Dalluhn	Every 4 th Tuesday from 10-11:30 am	Meetings will take place online, unless otherwise noted
Parent Catalyst Leadership Group	PCLG Coordinator	Every third Saturday at 10 am	Meetings are taking place in person when possible.
Parent Summit & Engagement	Fatima Muhammad	No Regular Schedule	
School-based Mental Health Group	Mark Sander and Laura Zook	Every 4 th Tuesday at 2:30-4 pm	Meetings take place online and in person.
Provider Group	Laura LaCroix-Dalluhn	Schedule To Be Determined	This group last met 2020. The current group of stakeholders will be polled to meet. This group will meet online, unless otherwise noted.

Governance Committee Meeting Minutes

November 15, 2023

In Attendance: Pat Dale, Angela Watts, Brandon Jones, Liz Gronert, Jody Nelson, Aric Jensen, Cindy Slowiak, Krista Phillips, Meghan Hickey, Jamie D, Meredith O'Brien, Susie Voss, Jen O'Brien, Andria Daniel, Molly Coyne, Benjamin Glover, and Rachel Harris

Staff: Laura LaCroix-Dalluhn, Hayley Tompkins, Cheryl Holm-Hansen, and Fatima Muhammad

Welcome & Approval of Meeting Minutes & Agenda

- Krista Phillips moved to approve the October minutes and Brandon Jones seconded. Minutes approved.
- Jody Nelson moved to approve the November agenda and Andria Daniel seconded. Agenda approved.

Hennepin County Suicide Prevention Grant

- Jen O'Brien, the Manager of Community Health Improvement Projects (CHIP) through Hennepin County Public Health, provided an overview of the grant objectives, frameworks, details, and target audience of the countywide grant. Laura LaCroix-Dalluhn asked what this plan looks like inside Hennepin County. Jen said they hope to be super coordinated between the many departments of the county in connecting people to this care. Jen then asked the group two questions.
- What is or isn't working for parents, families, and youth currently?
 - Angela Watts shared that she is hearing that social media is playing a huge role in youth mental health, at times leading to erratic or unhealthy behaviors, and access to drugs continues to be an issue. Brandon agreed, there is increased access to drugs for youth. Krista added that she has observed situations where immigrant families are having a difficult time navigating the system and finding culturally competent care. Cheryl Holm-Hansen added on to Krista's comment saying that illegal immigrant families have a very difficult time accessing services because of the worry of their own safety. Laura shared that she heard from another parent who was unable to attend today that getting help for children who present aggressive behavior is very difficult and it complicates suicide prevention because the child is seen as more of a threat. Angela shared she thinks there are just not enough providers and much more need than ever before. Hayley Tompkins shared that she hears that there is a need for more providers, but many care workers who are responding to these challenges are undertrained and under resourced and if we invested more in them it could be helpful. Furthermore, Hayley shared that she has heard from the PCLG that many parents and caregivers are exhausted from trying to navigate the system, they are burnt out and tired of being blamed for their child's mental health condition.
- How should Hennepin County Public Health engage families and parents in this countywide plan?

- Aric Jensen shared that everyone and anyone can be a frontline supporter of suicide prevention and that education and awareness can be very impactful. Meredith O'Brien shared that from a prevention perspective, we know that exposure to social media plays a big role and the health department is hoping to have a larger role in engaging families around guidelines and use of social media. Additionally, Meredith shared that promoting in-person connectedness is significant in suicide prevention. Krista shared that this work should be done with kids of all ages, even younger than we would expect so that they have skills in their toolbox already by the time they may be dealing with suicide ideation. Laura shared that Jamie Winter shared with her that surprisingly young children needed care at Children's new unit. Andria asked Jen how they work with See Mental Health. Jen answered that they have not partnered with See Mental Health yet but she hopes to.

Parent Engagement

- Parent Catalyst Leadership Updates and Events
 - Hayley shared that PCLG is doing great, they will be present at the community conversation. The PCLG is still working on the remodel, we have 4 key work areas around connection and support, navigation, learning, and coordination & advocacy. Laura added that the coordination team has discussed recognizing the lack of infrastructure in the collaborative to get programming or services up and how important it is to partner when possible. Laura shared that this group has been around for quite some time so we would like to focus on what it currently working, how can we engage more parents, and what infrastructure can be put in place to keep this group sustainable and ongoing. Hayley agreed, when joining the role she heard there was a huge need for clarity around role, scope, and purpose and they've been able to find that.

Business Updates

- 2024 Proposed Meeting Schedule
 - Pat Dale shared that we shared the draft calendar and received feedback to provide the option for a different meeting time. We sent out a survey with possible times the third Wednesday of the month from 12:00-1:30 pm had the most votes but we will continue to take responses and see what works best for everyone.
- Fiscal Sponsor Updates
 - Brandon shared that the contract should be finalized by mid-December.

Adjournment

- Krista moved to adjourn and Aric seconded. Meeting adjourned.