

Executive Committee Meeting Agenda

October 6, 2023 | 9:00-11:00 am

Zoom Meeting:

<https://us02web.zoom.us/j/85030501475?pwd=blUrNytWMncyNC85akJpZmdodlBHZz09>

9:00 **Opening Circle & Approval of September Minutes and October Agenda** (10 min)

Materials: September Minutes and October Agenda

9:10 **Business Updates** (50 min)

Materials: SBMH Scholarship Recipients, Proposed 2024 Meeting Schedule, Governance Committee Voting and Alternate Members

- Fiscal Sponsorships Update
- 2024 Contract Update
- School-based Mental Health Scholarships – Vote Required
- Kente Circle Conference Attendees
- Proposed 2024 Executive and Governance Committee Meeting Schedule
- 2024 Governance Committee Voting Members and Recruitment
- Family Service Collaborative Coordinator & LCTS Updates

10:00 **Work Plan Progress and Continued Strategy Discussion** (50 min)

Materials: Communications Materials

- Parent engagement updates (Parent Summit and PCLG)
 1. Communications Materials
 2. PCLG Updates
- Parent summit (November 15th at Brookdale Library)
- More Resilient Communities
- Youth mental health first aid training
- Gun Violence Prevention Convenings
- Review and Discuss SoC Community Events and Collaborative Next Steps

10:50 **Partner Updates** (10 min)

11:00 **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

PROPOSED 2024 Meeting Schedule

Committee	Lead	Meeting Schedule	Notes/Questions
Governance Committee	Pat Dale & Angela Watts	Every Quarter Third Wednesday of the month from 3:00-4:30 PM	Meetings will take place online, unless otherwise noted. Feb 21 May 15 September 18 October 16
Executive Committee	Pat Dale & Angela Watts	Every first Friday of the month from 9-11 AM No July Meeting	Meetings will take place online, unless otherwise noted. Jan 5 th , Feb 2 nd , March 1 st , April 5 th , May 3 th , June 7 th , August 2 nd , September 6 th , October 4 th , November 1 st , and December 6 th .
Coordination Team	Laura LaCroix-Dalluhn	Every 4 th Tuesday from 10-11:30 am	Meetings will take place online, unless otherwise noted
Parent Catalyst Leadership Group	PCLG Coordinator	Every third Saturday at 10 am	Meetings are taking place in person when possible.
Parent Summit & Engagement	Fatima Muhammad	No Regular Schedule	
School-based Mental Health Group	Mark Sander and Laura Zook	Every 4 th Tuesday at 2:30-4 pm	Meetings take place online and in person.
Provider Group	Laura LaCroix-Dalluhn	Schedule To Be Determined	This group last met 2020. The current group of stakeholders will be polled to meet. This group will meet online, unless otherwise noted.

Hennepin County Children's Mental Health Collaborative (CMHC) 2023 Governance Committee Roster as of October 2023

Name	Partner Entity	Email
1. Dale, Pat (CMHC Co-Chair) * 2. Watts, Angela (CMHC Co-Chair) *	Provider	pat.dale@youable.health angela.watts@hcmcd.org
1. Hickey, Meghan (MPS) A. Sander, Mark (MPS/ Hennepin County)	Minneapolis Schools	Meghan.hickey@mpls.k12.mn.us Mark.Sander@hennepin.us
1. Messenger, Julia A. OPEN	Anoka-Hennepin School District	Julia.messenger@ahschools.us
1. Allen, Tonya* A. MacDonald, Brenna	District 287	tdallen@district287.org blmacdonald@district287.org
1. OPEN A. Fagerland, Hope	St. Anthony/New Brighton School District	OPEN_ hfagerland@isd282.org
1. Mitchler, Ph.D., Jenna* A. Coyne, Molly	Suburban Schools - Bloomington	jmitchler@isd271.org mcoyne@isd271.org
1. Nelson, Jody A. Gammage, KC 1. Jensen, Ph.D. LP Aric A. (OPEN) 3. [Dale, Pat] – listed above as co-chair A. (OPEN)	Providers with Hennepin County Children's Mental Health Contracts	jnelson@thechangeinc.org agammage@thechangeinc.org Aric.Jensen@fraser.org
1. Malka, Karen A. (OPEN) 2. Hultman, Melanie A. (OPEN)	Parent Catalyst Leadership Group (PCLG)	karenmalka@hotmail.com melanie11475@gmail.com
1. Tripeny, Maria A. (OPEN) 2. (OPEN) A. (OPEN)	Parent Representatives	mtripeny@aol.com
1. Phillips, Krista* A. Wells, Deborah	Family Service Collaboratives	krista.phillips@edinaschools.org wells.deborah@slpschools.org
1. Slowiak, Cynthia* A. Dahir, Asad	Hennepin County Mental Health Services	cynthia.slowiak@hennepin.us asad.dahir@hennepin.us
1. O'Brien, Meredith A. (OPEN)	Hennepin County Public Health	Meredith.obrien@hennepin.us

1. Blade, Andria A. Thell, Meg	Hennepin County LCTS Admin.	Andria.Blade@hennepin.us Meg.Schrafft@hennepin.us
1. Long, Monica A. Benson, Alyssa	Hennepin County DOCCR	monica.long@hennepin.us Alyssa.Benson@hennepin.us
1. (OPEN) A. (OPEN)	Health Plan	
1. Watts, Angela A. (OPEN) 2. Jones, Brandon A. (OPEN) 3. Winter, Jamie A. (OPEN)	At Large Hennepin Health Care Minnesota Association of Children's Mental Health Children's Minnesota, Behavioral Health	angela.watts@hcmcd.org bjones@macmh.org Jamie.winter@childrensmn.org

* Designates Executive Committee Members

CMHC designated voting member seats (21) based on bylaws. Each voting member can identify an alternate member:

1. Minneapolis School District (1)
2. Suburban school districts (1)
3. St. Anthony-New Brighton School District (1)
4. Anoka-Hennepin School District (1)
5. Intermediate School District 287 (1)
6. Hennepin County's Human Services and Public Health Department (2)
7. Hennepin County Corrections (1)
8. Hennepin County Board or Administration (1)
9. Four parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4)
10. Providers representing Hennepin County contracted mental health agency (3)
11. Hennepin County Family Service Collaborative (FSC) (1)
11. Health plan (1)
12. At-large representatives (3)

LET'S TALK
ABOUT IT



INDIGENOUS YOUTH MENTAL HEALTH

with Alicia Garcia, LICSW

[REGISTER HERE!](#)

Alicia Garcia is a Taos Pueblo descendent. She is the mother of two adult daughters and a grandma to an adorable Stromball.

Alicia is a licensed independent clinical social worker (LICSW) & currently works as a school social worker at St. Paul Public School's Indian Education program. Her past experience includes being a school social worker for the Minneapolis Public School's Indian Education program & being a family advocate for Ain Dah Yung (Our Home) Center in St. Paul.



Wednesday, October 11th
6:30-8:00pm

Dakota Room, Division of Indian Work
1001 E. Lake St. MPLS, MN 55407

Hosted by The Parent Catalyst Leadership Group of
the Hennepin County Children's Mental Health Collaborative

Executive Committee Meeting Minutes

October 6, 2023

Opening Circle & Approval of Minutes and Agenda

- Andria Daniel moved to approve the September minutes and Krista Phillips seconded. Minutes approved.
- Tonya Allen moved to approve the October agenda and Pat Dale seconded. Agenda approved.

Business Updates

- Fiscal Sponsorships Update
 - Laura LaCroix-Dalluhn shared that she is meeting with Brandon Jones, his chief financial officer and accountant to review the approved budget for 2024 and respond to any questions they may have regarding the Collaborative's budget and/or funding streams. Laura has shared a number of LCTS documents to help them understand how to account for these funds. She has also indicated which funds are SAMSHA to ensure they are tracked accordingly. Laura will also review the MOU with this team and secure final agreements. Brandon is meeting with Sue Abderholden next week and they plan to discuss any final items about the Collaborative. Sue Abderholden has not indicated any concerns, but they wanted to meet to allow Brandon to ask questions. Laura will discuss having him or someone on his team attend the Executive Committee meeting if interested.
- 2024 Contract Update
 - The Collaborative's Contract manager has provided a draft of the 2024 contract. Laura has reviewed the contract on behalf of the Collaborative and is recommending slight changes. She will discuss the contract with Brandon and the Team as well and then send recommended changes to the contract manager no later than Monday, Oct 9th.
- School-based Mental Health Scholarships
 - Laura shared that she reviewed all applications to ensure they were eligible to apply for the scholarship. She reviewed the list with Mark Sander and Laura Zook, who was also working with the MN Dept of Education and Human Services to expand scholarship opportunities to those in need. We need the Executive Committee to review the list as submitted for approval by Laura L-D, Mark Sander, and Laura Zook.
 - Angela Watts moved to approve \$10,810 for school-based mental health and Pat Dale seconded. Motion approved.
- Kente Circle Conference Attendees
 - Fatima Muhammad helped in identifying providers and other individuals to attend the Kente Circle conference. There is one spot remaining, Pat will attend.
- Proposed 2024 Executive and Governance Committee Meeting Schedule

- Laura shared a draft 2024 Meeting Schedule and would like discussion and a vote to recommend to the Governance Committee, which meets next week. It is proposed that the Governance Committee meets quarterly and the Executive Committee meets monthly. Laura shared she would like to bring back workgroups and engage community members there. Tonya Allen shared that she feels we need better coordination among the current groups. Jenna brought up that this shift has not been discussed in the Governance Committee and scaffolding is necessary to maintain participation.
- 2024 Governance Committee Voting Members and Recruitment
 - There are a number of mandated partners who have not been attending and a number of open positions. We'd like to spend time the remainder of the year recruiting people to fill these empty positions. Fatima shared that these spaces are not conducive to family voice and outreach and recruitment needs to go beyond just an email or invitation. Andria asked if there are materials to be shared conveying the expectations of parents and governance committee members.
- Family Service Collaborative Coordinator & LCTS Updates
 - Formula discussions continue. Krista and Laura are taking part in the discussions. The plan is to identify a formula we can begin implementing or phasing in over a couple of years. We still don't know how this might impact the CMH Collaborative. We'll continue reporting. Laura is hosting a convening a second meeting of the FSC Coordinators to discuss Children's Mental Health in Hennepin County. There is interest in better coordinating children's mental health services across Collaboratives. Krista shared we will likely start the new year without a new formula.

Work Plan Progress and Continued Strategy Discussion

- Parent engagement updates
 - On October 11th there will be the first in-person Let's Talk About It since 2020. Hyalet Tompkins attended the Pow Wow and received great feedback and questions. The 2024 PCLG meeting schedule is in the works.
- More Resilient Communities
 - More Resilient Communities is a statewide initiative supported by DHS and Family Wise. Many collaboratives across the state utilize the tools and resources to engage the community. There are several stages of the work that require certain levels of training. Cati Gómez was trained and has connections with other trainers. Cati shared some suggestions on how we might use the training. In addition to this training, we are thinking about how we might coordinate and offer training to FSCs. In addition to opening this to parents, we need to focus on building champions. Cati shared that they are working to bring this training to community members and working with FamilyWise to make the training more accessible. Cindy shared she wonders about whether or not this would be a good option to help support how the workforce is feeling.
- Youth mental health first aid training

- Youth mental health training is still being offered and outreach is still being done. We believe people are interested, but they struggle to attend and complete the work. While the portable certification is useful to people, we are beginning to explore shorter training and expanding the current certificate program to other key audiences including school staff and parents. We will have trained 100 people since this summer. We are bumping into challenges with the national curriculum. We've had people ask people to receive training without the certification. We are bringing this to some organizations. We will continue to reach out to people. Connections are extremely important.
- Gun Violence Prevention
 - Laura is meeting with Hennepin County staff from CHIP and Safe Communities next week to outline a plan to align and connect efforts across gun violence prevention grantees. We will work to convene this group in early to mid-November and identify a plan for 2024.
- Review and Discuss SoC Community Events and Collaborative Next Steps
 - The community SoC events were this week, Laura asked if there are things we can do to bring the information gathered to providers and professionals. Krista mentioned that providers do not have time, but asked if there are things we can bring to them to help them position these values. Cindy mentioned one thing that stood out to her, was the juxtaposition of how stressed professionals are feeling, which isolates them. One of the key strategies of system of care is to have a team working together to support the child, youth, or family. Simple things like changing language, and creating tables for people to problem solve may help.

Adjournment

- Krista moved to adjourn and Pat seconded. Meeting adjourned.