

Executive Committee Meeting Agenda

May 5, 2023 | 9:00-11:00 am

Zoom Meeting:

<https://us02web.zoom.us/j/85030501475?pwd=blUrNytWMncyNC85akJpZmdodlBHZz09>

9:00 **Opening Circle & Approval of April Minutes and May Agenda** (5 min)

Materials: April Minutes and May Agenda

9:05 **Business Updates** (20 min)

Materials: Fiscal Sponsor Agreement

- Fiscal Sponsor Update

9:25 **Expanding Parent Engagement** (45 min)

Materials: [Article on Inclusion Delusion](#)

Discussion: What commitments are we, as a Collaborative, willing to make to families as we seek to better engage with them? What is the bare minimum, and what can we do to improve? Why the specific focus on BIPOC communities?

9:45 **Work Plan Progress and Strategy Discussion** (40 min)

Materials: 2023 Workplan and YMHA Training flier

- PCLG updates
- Youth mental health first aid trainers and training & Provider Resources; <https://hccmhc.com/provider-resources/#youth>
- Youth violence and gun violence RFP and county-wide crisis response team
- Community SoC Events
- Other

10:50 **Partner Updates** (10 min)

11:00 **Adjourn**

Executive Committee Meeting Minutes

April 3, 2023

Opening Circle & Approval of March Minutes and April Agenda

- Krista Phillips moved to approve the March minutes and Cindy Slowiak seconded. Minutes approved.
- Cindy moved to approve the April agenda and Tonya Allen seconded. Agenda approved.

Business Updates

- Fatima Muhammad, Family Coordinator
 - Laura shared that Fatima started beginning of April, and gone through some initial training, overviews, and introductions. The coordination team and Fatima will meet Tuesday morning. Laura asked that each member of the Executive Committee meet with Fatima in the first 60-90 days if possible and to think about if there are other people Fatima should meet with on our governance team.
 - Angela Watts suggested that Fatima meet with ISAIAH. Pat Dale suggested that we invite Fatima to the CHIP community event. Angela suggested Fatima also meet with Sanctuary. Andria Blade recommended that she go to the Twin Cities Opportunity Youth Network and will send Laura the information.
 - Laura shared that she and Margaret have been discussing how to best align with and work with PCLG members in hopes of expanding our reach and that we may have to further discuss it as an executive team.
- 2022 LCTS Report
 - Laura shared that the LCTS Report is due at the end of the month, and she is wondering if she should approve it with the executive team first or bring it straight to the governance committee. Cindy shared that she feels Krista should look over it before we bring it to the governance committee. Krista said that she can make time to review it. Pat agrees that there is no need for the whole executive committee to review the report before the governance committee does.
 - Laura shared that in addition to this report, we also have to complete the finance report and report to the state auditor's office, Laura believed Ed Ranfelt has been completing this report for us but just got notice that he has not been so we will need to get caught up.

Prepare 2023 Budget Amendments

- 2022 LCTS Funds and SAMHSA grant
 - Laura shared that we need to submit a 2023 budget revision to the County, we have a three-year contract with Hennepin County with an annual renewable budget, and we have to submit our budget no later than October. Laura shared a document highlighting changes in the budget.
 - Laura highlighted there was a higher carry over than first budgeted

- the SAMSHA grant was lower than what we approved for 2023 because some of the funds were not approved by SAMSHA for the use we submitted them for
 - Laura noted the family coordinator's pay is for the full year.
 - Laura stated the Youth Mental Health First Aid funding may need to be increased depending on expansions in the work plan.
 - Laura highlighted that we have our System of Care Pilots that we should consider defining more.
 - Laura asked that there be some discussion about further defining our services or moving some funding around.
- Cindy asked about Youth Mental Health First Aid and if it could be considered awareness and public education, and Laura answered yes. Cindy also asked to be reminded what the Youth Mental Health Crisis Response Team was about, Laura shared that we added this to our workplan so we could have a group of people with a plan who can respond to different types of crises or violence and have this be countywide. Cindy suggested we do not call it Youth Mental Health Crisis Response Team, maybe just Crisis Response Team. Angela shared that she feels Laura emphasized youth because of the increase in shootings in schools, Sindy says she feels it's more about system planning. Laura shared she feels it is both, we talked about having a system response but also identifying stakeholders that would respond, we don't have to lead it but we want to ensure these resources are there. Cheryl shared that the way we talked about it is yes, its that crisis response, but it is also a response following the crisis to help rebuild safety and address the mental health needs of staff and youth in places where a crisis has occurred, we've been hearing that need from schools. Cindy shared she gets what people are saying, she just thinks how we communicate is important so that we facilitate understanding.
- Laura shared that she would like to have this approved by May by the governance committee and is wondering about the timeline. Pat asked if we should approve this now or bring it to the governance committee. Laura said that her actual question is whether we should start to put dollar amounts for some of the activities around youth violence prevention or if we want to keep it generic. Pat shared he feels we should try to keep it general if we can. Angela said that Laura can even do a secondary budget to break it down and not include it in the report. Laura shared she will make those changes and then come back to Cindy and Asad to ensure she accurately reflected what will show up in the SAMSHA budget. Pat asked if there was a way to put a number into Community and Parent Engagement Programs without breaking it down, Laura said she will do so. Laura will keep this as broad as possible and work with Cindy to get the final numbers and then we will do a revision and bring it to the governance committee for final approval.

Work Plan Progress and Strategy Discussion

- PCLG Updates
 - Margaret shared that hosted the Let's Talk About It event with 80 registrants and over 30 attendees. The topic was School Avoidance, and the speaker did great, we

did get some feedback that there was not enough discussion on school avoidance with teens so that may be something we need to address another time. We have two more planned, one on Cultural Wellness.

- PCLG hopes to offer a WRAP, Wellness Recovery Action Plan overnight training.
- Several parents are going to the MACMH conference which will be a really good opportunity to do some connecting and networking. Margaret shared she recently went over the group priorities with the group, and it was a really great discussion, it was really rich and they had a lot of good ideas.
- Margaret shared they continue to recruit, we are doing some things but it is still a struggle with connecting with parents, and said she would appreciate it if anyone had any thoughts on recruitment.
 - Laura asked if Margaret is doing all the outreach or if the parents are doing some as well, Margaret answered that the parents are doing some of it. Krista asked if they were trying to recruit catalysts and Margaret answered yes.
- Youth mental health first aid trainers and training
 - Laura shared that we are working together with Change Inc. to put together this training and we will start offering these trainings this month. We have five people who have been trained and we are identifying other throughout the county who are trained. We will be paying a \$250 stipend to those that do the training because it is eight hours and labor intensive. Anyone who is trained through this process will have to do a minimum of three trainings a year to keep their certification so we are asking them to do two on their own and give them a stipend for one which everyone has agreed to so far.
 - Laura asked the team to share the flyer with anyone who may be interested.
 - Laura shared that Cheryl is working to create an evaluation plan for this training.
 - Angela asked what the capacity was, and Laura answered that the aim is to reach 450 to 500 youth workers in time for summer programming.
 - Angela asked Cheryl what she was thinking in terms of the evaluation measures, Cheryl shared that initially, we are thinking that we will start with the trainers and do some one-on-one interviews with them after they have done a few trainings to see how it is going. There is already an evaluation for participant feedback and we will get that information. We will also ask for feedback from the instructors on the resources we are posting on the website. The focus is primarily on how we build capacity, support, and sustainability for doing this at this scale. We are also exploring doing follow-ups with organizations that bring their staff in.
 - Krista shared that she sees the flyer has a QR code but is wondering if we can add a click link. Additionally, she shared she went through the registration, and it did not really feel like a registration, and she is worried about how we will get everyone registered if they give limited availability, she feels it would be more successful if there were specific dates and times to choose from. Laura will make these changes to the registration and will make the QR code clickable before she sends it out.
 - Tonya shared that one thing that has been brought up by trainers is that it is important to talk about the intersection between culture and race related to the content.

- Youth violence and gun violence RFP and county-wide crisis response team
 - Laura provided an update, we are in the review process now and the plan is to have the decisions and proposals in place for spring into summer.
 - Angela shared that she has started to discuss the healing circles work group. She has been working with the Kentral who is leading the Next Step program, which does trauma response they are also doing community groups and healing groups and they have been really expanding their impact and they are discussing ways to promote a more proactive community response.
 - Andria asked Angela how long Kentral has been in this role, Angela answered that he is new and has made a lot of changes.
 - Laura shared that she talked with Monica Long about LCTS funding, and she is interested in connecting with this work as well. Furthermore, Laura and Cindy had a meeting with Lisa Bayley and Antonio Smith of Safe Communities to share our work and look for opportunities to leverage each other's expertise and resources.
 - Cindy shared that they were very excited about our interest to provide crisis response and offered to consider helping find resources to do this work. We talked about possibly piloting this over the summer and building it out this fall and spring. They also really liked Brandon's suggestion to train community members such as barbers, salons, and funeral home directors in youth mental health first aid and/or our own curriculum on how to help intervene.
 - Laura stated that we will stay in contact with them and collaborate with them on this healing circles project. Cindy shared she feels we need to define our role within this work, Angela agreed and said having Brandon back is a great next step, we can get an overview and more insight from him.
- Community SoC Event
 - Laura shared that she would like to identify a date and a speaker for this event. Cindy shared that we had our launch of SoC work and now we are feeling like we need to re-engage the community in these discussions.
 - Cindy feels we need to explore how we can recreate the system differently and everyone agrees. Laura shared that what she is hearing related to the speaker is it is less important to have a national speaker and instead we can use our county experts to go over SoC and use this event to hear from community members how to form our next steps, and how to best engage them.
 - Margaret shared that she can think of a lot of parents who would be excited to engage in this.
 - Laura asked what our timeline should look like, Pat answered he thinks we could have it in September or October.
 - Krista suggested we hold multiple sessions that span over many months to engage more people, and others agreed.

Adjournment

- Krista moved to adjourn, and Andria seconded. Meeting adjourned.

2023 Work Priorities

Approved March 2023

Long-Term Goal	2023 Strategic Actions	Purpose	Action Steps	Lead/Support	Outputs & Outcomes
Improve responsiveness to, and communications with, families and children through increased access children's mental health services	1. Increase engagement of underrepresented families, with specific focus on BIPOC families, to inform change within the children's mental health system.	Engage parents and families to ensure parent, caregiver and family needs are responded to and represented in policy and practice changes	<ol style="list-style-type: none"> 1.1. Each quarter PCLG will plan and offer a new <i>Let's Talk About It</i> session to parents and community partners. Parents and community partners will identify topics for discussion about children's mental health services 1.2. Identify new community organizations and partnerships to improve communication and access to information about children's mental health services 1.3. Attend community events and meetings led by BIPOC-led organizations and other key children's mental health organizations to learn about critical issues impacting children's mental health and gather parent input to inform practice and policy changes. 1.4. Create a process to discern when family challenges and issues raised are identified as having broader practice and policy implications. 1.5. Each quarter a list of policy and practice issues and concerns related to children's mental health services will be generated and shared through CMHC Governance and Executive Committees 	<ol style="list-style-type: none"> 1.1. Margaret 1.2. Family coordinator, Margaret 1.3. Family coordinator, Margaret, Coordinator 1.4. Cheryl, Laura & new learning community group 1.5. Coordination team & new learning community group 	<ol style="list-style-type: none"> 1.1. 150 diverse parents will participate in the training 1.2. 20 new, or renewed, community partnerships will be established by Family Coordinator and Coordination Team 1.3. CMHC will increase the diversity of community partners engaging in its meetings, events, and decision-making. 1.4. Increased knowledge about policy and practice issues affecting access to CMH services. 1.5. Children's mental health providers and stakeholders will understand key barriers to children's mental health services.
	2. Increase mental health literacy of adults working	Build knowledge and capacity of adults working with	2.1. Identify and train adults to provide Youth Mental Health First Aid training to youth workers and adults working with youth in	2.1. Change Inc, Cati/Laura	2.1. Five diverse trainers will be available in Hennepin County to train adults in

	with and raising children and youth	children and youth in non-clinical settings to support children's mental health wellbeing and mental health needs.	<p>out-of-school time and community programs</p> <p>2.2. Provide Youth Mental Health First Aid training for adults working with children and youth in out-of-school time and community programs</p> <p>2.3. PCLG will offer Monthly Support Groups online to parents and caregivers</p> <p>2.4. Provide training resources to families and/or organizations working with children and families to increase knowledge and awareness of children's mental health needs and understand how mental health and trauma are reflected in children and youth behaviors.</p> <p>2.5. Pilot family centered strategies with county case managers to increase awareness of the challenges of communicating with parents.</p> <p>NOTE: 2.2. Consider expanding services to adults working in schools in Q3 & Q4.</p>	<p>2.2. Change Inc, Cati/Laura</p> <p>2.3. Margaret, PCLG</p> <p>2.4. Margaret, PCLG, Family Coordinator</p> <p>2.5. Coordination team, Hennepin County leadership and case managers</p>	<p>Youth Mental Health First Aid by end of Q1</p> <p>2.2. 450 diverse youth workers, staff and volunteers will be certified in Youth Mental Health First Aid by Q2 (in time for summer programming)</p> <p>2.3. 100 diverse parents and/or caregivers will participate in Support Groups</p> <p>2.4. Increase responsiveness of families and providers to meeting children's mental health needs</p> <p>2.5. Identify common challenges for providers when listening to family needs, and identify strategies to improve responsiveness based on needs, not eligibility alone.</p>
	3. Increase awareness of families, caregivers, and youth on how to access children's mental health services.	Families, caregivers, and youth will know how to access children's mental health services and know why to access CMHC.	<p>3.1. Update CMHC website to include outward facing information and resources on how and where to access children's mental health services and better reflect PCLG work and resources.</p> <p>3.2. Share information with community partners, youth workers, parents, and youth to increase knowledge and access to information.</p> <p>3.3. Create process to update web-based information twice annually and implement process.</p> <p>3.4. Create a work plan to expand navigational support for families and caregivers, building off 2022 work group</p>	<p>3.1. Laura/Stella, Change Inc, YMHFA Trainers, PCLG</p> <p>3.2. Stella/Laura/Cati</p> <p>3.3. Stella/Laura/Cati, committee (YMHFA and Change Inc)</p> <p>3.4. Coordination team</p>	<p>3.1. CMHC website will be updated with a resource page before Q3.</p> <p>3.2. E-newsletters and information will be shared with expanded and diverse community partners.</p> <p>3.3. Community partners will know how to update information on children's mental health services.</p> <p>3.4. Clear path to expanding navigational services to families in Hennepin County</p>

			recommendations, e.g., secure funding and identify key partners.		
	4. Increase access to mental health literacy for youth.	Plan for pilot(s) to build knowledge and capacity of youth to support children and youth mental health and wellbeing.	<p>4.1. Identify and train adults to provide Teen Mental Health First Aid training (or other agreed upon training) to youth in high schools across Hennepin County</p> <p>4.2. Train youth in Teen Mental Health First Aid training (or other agreed upon training) as a key resource in high schools across Hennepin County</p> <p>4.3. Create listening sessions for trained youth to share their experiences and needs with providers and decision-makers.</p>	<p>4.1. Laura/Cati & youth serving orgs.</p> <p>4.2. Laura/Cati & youth serving orgs.</p> <p>4.3. Laura, Cati, and Family Coordinator</p>	<p>4.1. Five diverse trainers will be available in Hennepin County to train adults in Youth Mental Health First Aid by end of Q3.</p> <p>4.2. 30 diverse youth will be certified in Teen Mental Health First Aid by Q4</p> <p>4.3. Five policy and practice decisions will be identified for improvement.</p>
Improve coordination of and access to children’s mental health services	1. Improve access to trauma-informed youth mental health services for youth engaged in or directly impacted by gun violence and other violent behaviors impacting children and youth, e.g., increased sexual violence (see student survey data)	Increase trauma-informed mental health resources to youth and families directly impacted by gun violence.	<p>1.1 Identify organizations working directly with youth experiencing gun violence and provide resources to support their mental health services</p> <p>1.2 Provide funding to organization to support youth and families directly experiencing gun violence</p> <p>1.3 Create a process to discern practice and policy implications related to youth trauma-informed mental health and gun violence</p> <p>1.4 Convene organizational leaders working to improve trauma-informed youth mental health and reduce youth gun violence to address policy and practice issues.</p> <p>1.5 Explore development of county-wide community resource crisis response team and/or guide to violence or acute mental health needs of children and youth in schools or community at-large.</p>	<p>1.1. CHIP, Laura</p> <p>1.2. CHIP, Laura</p> <p>1.3. Cheryl, Laura, Coordination Team, & new learning community group</p> <p>1.4. Laura, Coordination Team, & new learning community group</p> <p>1.5. Coordination team and community partners</p>	<p>1.1. A resource list will be created with organizations focused on youth gun violence prevention and mental health – and added to CMHC website.</p> <p>1.2. 20-50 diverse youth will receive additional information about youth mental health and learn how to access services and supports.</p> <p>1.3. Collaborative tools will be created to track practice and policy change efforts.</p> <p>1.4. 3-5 policy and practice issues will be identified for change.</p> <p>1.5. Plans to develop a community-wide Crisis Resource team and/or guide will be completed, and preparations will be</p>

					made to implement the plan in 2024 or sooner.
2.	Connect youth and families to needed children's mental health services and supports	Help connect youth and families to needed children's mental health services and supports to best meet their needs	<p>2.1. Connect and refer community partners with CMH services and programs.</p> <p>2.2. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to improve ongoing mental health supports to families with young children</p> <p>2.3. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to expand access to families across Hennepin County</p> <p>2.4. Explore opportunities to expand professional peer support specialists and navigators to across Hennepin County</p> <p>2.5. PCLG will offer WRAP training to parents and caregivers</p>	<p>2.1. Family coordinator & PCLG Coordinator</p> <p>2.2. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.3. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.4. Coordination Team & CMHC partners</p> <p>2.5. Margaret, PCLG, and family coordinator</p>	<p>2.1. Identify 5 new diverse community partners will engage with CMHC, PCLG and other partner activities</p> <p>2.2. Create list of barriers that make it challenging for families to access services with their young children to address through expansion</p> <p>2.3. A list will be created outlining resources needed for new opportunities to expand navigational services to families with young children through HUB partnerships</p> <p>2.4. A list of new opportunities will be shared with Governance Committee quarterly</p> <p>2.5. 30 parents and/or caregivers will participate in WRAP training</p>
3.	Gather information about and manage access and coordination issues through collective action	Convene stakeholders to address key barriers and challenges in children's mental health services and identify solutions.	<p>3.1. Convene providers, practitioners, and stakeholders to revisit system of care goals, progress since 2020, and goals for 2023-2024</p> <p>3.2. Convene BIPOC-led or focused Children's Mental Health providers to identify barriers and needs to improve coordination and access to CMH services.</p> <p>3.3. Convene county agencies and community partners to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families</p>	<p>3.1. Coordination Team and Hennepin County leaders</p> <p>3.2. Family Coordinator, Coordination team</p> <p>3.3. Coordinator, family coordinator, county teams/ reps</p> <p>3.4. Coordinator, Family coordinator, Collaborative partners</p>	<p>3.1. Increased community knowledge and commitment to system of care values and services</p> <p>3.2. 8 community meetings will be led each quarter to elicit barriers and needs.</p> <p>3.3. 3 county meetings will be led each quarter to respond to barriers and needs</p>

			3.4. Convene community stakeholders to increase knowledge and capacity to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families		3.4. 1 community stakeholder meetings will be led each quarter to respond to barriers and needs
Increase data-driven decision making to improve the children's mental health service system	1. In partnership with the Hennepin County, explore assessing system values or key implementation issues	Have system implementation data to inform changes identified throughout calendar year	1.1. Create county and community partner group to outline assessment goals, objectives, and timeline.	1.1. Cheryl, Hennepin County team, & coordination team	1.1. A project plan will be established
	2. Data Dashboard	Share data on children's mental health with partners and use data to track change	2.1. Update website with new data 2.2. Explore opportunities to create specific data for Family Service Collaboratives as requested	2.1. Cheryl, Laura/Stella 2.2. Cheryl & Coordination team	
	3. Evaluate the work of the Children's Mental Health Collaborative	Track results and impact of collaboratives projects and work	3.1. Conduct evaluation of Collaborative Activities 3.2. Prepare 2023 Annual Report to communicate work of Collaborative and partners	1.1. Cheryl & Coordination Team 1.2. Cheryl & Coordination Team	

YOUTH MENTAL HEALTH FIRST AID TRAINING

We are inviting youth workers, coaches, and adults working with youth to get trained in Youth Mental Health First Aid before summer programming and camps start!



**REGISTER
NOW!**

WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid teaches you how to identify, understand, and respond to signs of mental health and substance abuse challenges among children and adolescents. This course will give you the tools and resources to better address the growing mental health issues in our community.

This Mental Health First Aid certification is recognized nationwide and both individuals and organizations are invited to participate in these trainings! For more information and to learn more, scan the QR code to begin registration or to contact us!

WHO SHOULD KNOW MENTAL HEALTH FIRST AID?

- Youth Workers
- Coaches
- Camp Counselors
- Youth Group Leaders
- Adults who work with Youth



Be Prepared

When a mental health crisis happens, know what to do



You Can Help

People with mental illnesses often suffer alone



Mental illnesses are common

1 in 6 U.S. youth aged 6 - 17 experience a mental health illness each year



Support your community

Be there for the youth and their families

In Partnership with:

Executive Committee Meeting Minutes

May 5, 2023 | 9:00-11:00 am

Zoom Meeting: <https://us02web.zoom.us/j/85030501475?pwd=blUrNytWMncyNC85akJpZmdodlBHZz09>

Opening Circle & Approval of April Minutes and May Agenda (5 min)

- In Attendance:
 - Laura LaCroix-Dalluhn, Cati Gómez, Fatima Muhammad, Margaret Sullivan, Cheryl Holm-Hansen
 - Angela Watts, Andria Blade, Asad Dahir, Jenna Mitchler, Krista Phillips
- Krista Phillips moves to approve the April Minutes; Andria Blade seconds. Approved.
- Krista Phillips moves to approve the May Agenda; Jenna Mitchler seconds. Approved.

Fiscal Sponsor Update (Angela & Laura)

[NAMI-MN MOU](#): In mid-April, the Collaborative was informed that the HCCMHC must identify a new fiscal sponsor in the next 6 to 12 months.

- The Collaborative technically has one more year in the fiscal cycle (ends in 2024), NAMI may allow the Collaborative to stay in partnership through the end of the fiscal cycle.
- Although NAMI-MN is technically the owner of the intellectual work of the Collaborative, they are not interested in keeping any of the intellectual property.
- Currently, the Collaborative cannot apply for certain NAMI grants because of our relationship with NAMI-MN
- NAMI-MN has capacity concerns and as the Collaborative continues to grow and expand, they do not believe they are capable of meeting the Collaborative's growing needs.
 - NAMI was initially the Collaborative's fiscal agent before it became the fiscal sponsor.
- About 3% currently goes to the fiscal sponsor which is approximately \$10,000, leveraged between two funding sources.
- Previous searches for a fiscal sponsor included the creation of an ad hoc search committee.
 - The Collaborative was first run through Hennepin County, but when it started to work with families, it moved into the non-profit world because going back to the county boards to approve family stipends was inefficient.
- All Family Service Collaboratives use school districts as fiscal sponsors
- 2-3 people will be identified to assist Laura in the search for possible fiscal sponsors, including Angela Watts and a member of the Governance Committee.
 - Propel Nonprofits acts as a fiscal sponsor for a lot of non-profits and may be a strong candidate, a community non-profit may have the flexibility the Collaborative needs to do its work successfully.
 - Places like the Cultural Wellness Center and/or Kente Circle don't have fiscal capacity to support the Collaborative in the way it needs.
 - Consider reaching out the organizations represented in the Governance Committee, although using MACMH or Youable as a fiscal host may be perceived as a conflict of interest because the Collaborative gives them money for scholarships, and they are involved in Collaborative leadership positions.

Expanding Parent Engagement (Angela, Laura, Fatima)

[Article on Inclusion Delusion](#): This article outlines the importance of an organization to not only change the diversity of staff but attend to the culture of the organization and the ways in which work is done, both collaboratively and individually. A collective shift toward inclusivity requires all members to change and commit to creating something new together.

- When Angela and Pat met with Fatima and Laura, they decided it would be helpful to engage in discussion about what the Collaborative is willing to do to support families in our work. They believe this will require culture change, within the Collaborative and in our work at our own agencies.
- Andria notes that many families don't feel safe seeking support for their family's mental health out of fear of being mistreated. Families also have concerns about calling the police for help and support for fear of what their response will be.
 - Angela agrees and Fatima appreciates the conversation that highlights the disconnect between the institutional system and many people of BIPOC communities.
 - Andria shares her concerns about whether or not the Collaborative is ready to take difficult steps towards inclusive ways of working and community partnership.
- Asad brings up that the Collaborative also needs to think about how it engages with families.
 - Jenna says that in holding onto the values of Systems of Care and Human Design, we can prototype and try new things, but we need to prioritize how we interact with families as we do this work for greater inclusivity.
 - Cheryl appreciates the conversation about examining the practices of the Collaborative, but also emphasizes the need of the Collaborative to look inward as well as outward.
- Laura notes that inclusion is about what changes are made in an organization, not just who is at the table.
 - Cheryl reminds everybody that equity is in the operations, it doesn't require a new ad hoc committee.
 - Margaret brings up that WRAP groups offer a common language and understanding of mental health that empowers members to have courageous conversations.
 - Laura declares that in bringing Fatima into the Family Coordinator role, the Collaborative is making the decision to be actively involved in equity and inclusion in the community.
 - Many times, communities of color choose not to interact with certain institutions, particularly mental health care, because of the historical and ongoing inequities and bias in healthcare.
- Laura asks the group how the Collaborative will operationalize its principles and attend to the "why?" behind this intentional push for greater inclusivity. How are we going to make sure Fatima is successful, supported, and uplifted in this role; she's not the only one pushing for equity and inclusion?
 - Angela notes that people of a color often think about who comes behind them and too often burn themselves out because they always feel called to do this inclusion work.
 - Whether or not the Collaborative works with families in a way that is constructive, educational, and intentional will determine the success of its outreach.
 - How we operate and act on feedback and courageous conversations we have about race and biases will shape how families work with the Collaborative.
 - When Margaret first started, there wasn't a place for families to legitimately engage, as the work has shifted through the PCLG, parents don't fit into boxes as neatly as before and the Collaborative must do more to meet their needs so that they are able to fully participate in the Collaborative.

- Cheryl mentions that she was surprised by the defensiveness and reluctance of mental health providers to accept the findings of the Journey Mapping study and notes how easy it is to dismiss the things we don't want to hear.
- Laura commits to bringing the "why" behind the work, and to remind the Collaborative what is compelling this change when it becomes difficult or perceivably inconvenient.
- Angela commits to helping operationalize equity in the workings of the Collaborative.
- Angela suggests the Collaborative creates Guiding Principles to provide a framework to have difficult conversations about racism and bias, both on an institutional and individual level.
 - It's not about the individual person or leader of an organization, but the experience families have when they interact with the system or services.
 - It is important to consider the power dynamics in the Governance and Executive Committees of this Collaborative and other organizations we are part of.
 - Creating guiding principles and agreements will allow this group to have candid conversations about historical trauma and racism to resolve conflict and restore and repair.
 - Please share the guidelines other organizations may have already set that the Collaborative can build from.

Work Plan Progress and Strategy Discussion

- **Parent Catalyst Leadership Group updates** (Margaret Sullivan)
 - The Parents were excited to be part of the MACMH conference and connect with each other, and others, in-person.
 - The next Let's Talk About It will focus on Cultural Wellness in mental health and will take place this summer.
 - The group is considering holding a single day WRAP session early in the fall.
 - Angela suggests considering WRAP for families or WRAP for youth because it empowers families to use their culture to uplift their mental wellbeing (<https://www.wellnessrecoveryactionplan.com/what-is-wrap/>).
 - The PCLG is also looking to plan to meet with other parent groups from the Family Service Collaboratives around the Hennepin County.
- **Youth Mental Health First Aid Training** (Cati Gómez)
 - We've learned that larger organizations may struggle to prioritize this training based on their own culture of working and training, but there is still widespread need and desire for it in the community.
 - Scheduled trainings that need promotion and recruitment:
 - Tuesday, May 16th; YWCA-Midtown, Minneapolis
 - Saturday, May 27th; Change Inc., Minneapolis
 - Tuesday, June 6th; St. Louis Park Rec Center, St. Louis Park
 - Thursday, June 15th; Change Inc., Minneapolis
 - Youth Crisis Mental Health Resources & Provider Referral Information has been added to the Collaborative's website: <https://hccmhc.com/provider-resources/#youth>
- **Youth Mental Health and Gun Violence RFP; County-Wide Crisis Response Team** (Laura)
 - Laura and Cati have reviewed a number of proposals pertaining to gun violence prevention & youth mental health with the Community Health Improvement Partnership (CHIP), we request

input by the Executive Committee before bringing recommendation to the Ad Hoc Healing Circle committee on Monday.

- It is preferable if these proposals serve communities outside of the North Minneapolis region. Art is My Weapon does just that whilst focusing on directly providing mental health services for youth. The Restorative Justice Community Action Is the Collaborative's second choice and focuses both on mental health and violence prevention in Minneapolis.
- The Collaborative intends to partially fund both proposals to leverage the funds available through CHIP.

Partner Updates:

- **Community Systems of Care Events (Laura)**
 - We would like to begin to identify dates for these community events to begin planning.
 - Mid-July, August, or October may be a good time before school starts and as summer programming winds down.
 - These events are intended to include a blend of families and providers and so must be in accessible locations.
 - It would be ideal to host 2 events in different parts of Hennepin County
 - Brooklyn Park (North)
 - South side of Hennepin County

Adjourn

- Jenna Schmidt moves to adjourn the meeting; Krista Phillips seconds. Approved; the Executive Committee is adjourned.