Collaborative Strategy Planning Session
February 3, 2023
9:00– 11:00 am

Meeting Goals:
1. Review & record data impacting HCCMHC from implementing system of care goals in Hennepin County
2. Review & discuss proposed work priorities and strategies
3. Prioritize 2023 work priorities and strategies

When	What
9:00 am	**Welcome & Overview** – Pat Dale • Welcome • Overview – Agenda & Goals • Opening Question Please come prepared to respond to the Opening Question: What is one thing you want the Collaborative to accomplish in 2023? Why is this important and who benefits from this action?

9:15 am	**Providing Context & Data**
	
	• **Data Impacting our Collaborative Work (5 min, 5 min Q & A)** – Cheryl Holm-Hansen
	
	Cheryl will highlight the work of the collaborative and resources developed over the past year.
	  ○ HCCMHC Theory of Change (working draft)
	  ○ 2022 Annual Report
	  ○ 2022 PCLG Report
	  ○ Data Presentation from January 2023
	
	• **Review External Context Map** (**5 min, 5 min Q & A**) – Laura LaCroix-Dalluhn
	The goal is to know the data and understand the context for which the Collaborative will decide its priorities in 2023

9:35 am	**Identify 2023 Work Priorities (85 min)**
	This will be a three part process.
	
	1ˢᵗ. Large Group Discussion. (25 Min)
	We will review the list of actions from opening question again. Cati will align these with the 3 goals we've identified (1. Access to info/resources, 2. Access and coordination to services and 3. Data driven strategies)
	• Do any of these strategies or action align with our 2022 priorities? If so which and how?
	• Do we need to stop, continue, or start anything new based on this discussion?
	
	2nd. Small Group Discussion. (30 Min)
	We will review the 2022 work priorities in small groups. We will ask the following questions:
	  1. Spend 10-15 minutes discussing/defining what, why, and who for each of the priorities listed. Consider the internal capacity of the Coordination team and external capacity of partners.
	  2. Based on your small group discussion, where can we make our greatest impact?
	  3. Do we need continue, stop or start something new on our priority list.

	Return to large group discussion and share finding. **3rd. We will prioritize the 2023 Work Priorities. (25 Min)** We will record the findings and discussion on the game plan graphic for remaining priorities 1. Where can we make the greatest impact? 2. Looking at internal capacity and structure?
11:00 am	**Adjourn**

Suggested Next Steps:
1. Bring these priorities and updated documents (strategy screen and 2023 priorities) to Governance Committee
2. Create a budget to track these updated strategies (manage with Exec through email prior to Governance Committee meeting)
3. Use Governance Committee time to identify action strategies for priorities

Hennepin County
Children's Mental Health Collaborative
Executive Committee
February 3, 2023

Small Group Discussions: Discuss the answers to the opening question (What is one thing we each would like to see the Collaborative do?) and walk through where and how they fit in the HCCMHC's 2022 goals (attached below). What should the Collaborative start, stop, and/or continue?

Goal #1: Improve the lives of families and children through increased access to information
- **Clarify role of the HCCMHC in the community (applicable to all goals/projects)**
    - We need to capitalize on work already being done.
    - How to measure our goals and what are action steps to achieve the goal?
    - We cannot provide direct services to kids and families, so how and who do we fund to do the work? How do we hold them accountable, mitigate unwanted impacts, and collect data?
- **Youth Engagement**
    - Instead of working hard on getting kids engaged on committees or the like outside of their existing systems, could we support systems that engage kids for feedback at smaller local levels – simpler things like listening sessions with small groups of kids/teens?
    - Provide or attend listening sessions to hear directly from youth, intentionally reach out to youth of marginalized communities
    - Train the trainer grants
    - Help organizations to offer and access trainings
    - Elevating existing efforts like CHIP
- **Parent Engagement**
    - Reaching out to more diverse groups
    - Engage with more groups in person, etc.
    - Leverage the time and work of the new Family Coordinator would have some influence

Goal #2: Improve coordination of and access to children's mental health services
- **Outlining optimal care continuum and determine the ratio between providers/services needed to meet the demand in the community does not seem feasible**
    - We don't have the capacity to keep this kind of database up to date. It's like "boiling the ocean." The state has a database but it's not great; MN Autism portal helpful – Help me connect (preschools).
- **The goal of improving navigation & coordination of existing projects can be the catalyst and foundation for how the Collaborative achieves its other goals**
    - How can CMHC better connect families to resources, rather than being the developer?
- **Organize and assess HCCMHC capacity, infrastructure and funding to coordinate work**
    - How do we structure and coordinate who is doing what work projects?
    - Should we prioritize funding projects other organizations are leading?
    - Or, should we build capacity to be the catalyst for change?
- **Assess & address racial disparities surrounding access to children's mental health services**
    - Diversify voices in the PCLG and at the decision-making table in general
    - Include and prioritize multilingual training when supporting mental health training Diversify parent voices at the decision-making table and in the PCLG
    - The Collaborative needs to work on membership and include more people at the table that we can create linkages with in a different ways

Goal #3: Increase data-driven decision making to improve the children's mental health service system
- **Collect data on the impact of care and services on the families**
    - Disseminate data by race
    - There is no central place to collect the impact of services or even who got served with the current framework of how the Collaborative operates/funds its projects
        - We lose feedback control when we contract out or partner with other organizations
    - The Collaborative needs to be continually asking for feedback/data for all Collaborative projects from parents, families, children, providers (in all goals/projects)
- **Conduct an "Environmental Scan" to help us learn the real need. What is the process for this? How are we moving away from the medical model.**
    - Finding a different way to define what the "matrix" for services are to gauge what communities need rather than deciphering how many providers we need

Large Group Goal Discussion:
- **Goal #1:** Increase access to information requires listening, change to: improve communication
- Improve the lives of families and children through increased access to information

    - PCLG
    - Family Coordinator
    - Parent engagement, training & support
    - **Youth engagement, training**
        - YMH train the trainer & youth worker training before summer programming
        - Possibility of teen mental health first aid for teens (in addition to adult youth workers)
        - Need evaluation of the effectiveness and impact of this program
    - Project: how do we help organizations and providers work effectively with families
    - **How do we leverage existing programs, share/educating/linking information (NAMI & MACMH) that is beyond our scope**
        - AKA continuum mapping could be a website update
        - Can we do work with community organizations to help clarify their local mental health services
        - Thinking holistically of the mental health system
        - Collecting the existing fragmented information to help families make sense of it
        - Creating a resource page for parents
    - Can we do things on a smaller scale or taking advantage of partners to scale up their listening program

- **Goal #2:** is a priority the Collaborative could specialize in very well and could define the work of the Collaborative and clarify its role in the community.
    - Coordination, navigational work
    - Where is our capacity and what can we lean into?
    - We need to clarify our community role
    - Gathering the impact and feedback from our projects
    - Who? & How? (Create Columns)
    - How does the work in Goal #1 contribute to Goal #2

- **People don't really know what to come to the Collaborative for, there's a need to clarify and offer practical resources to parents & families**
- How do we become a linkage for families can go to connect with resources and services?
    - Gather and organize information that parents can access
    - Build participation and leadership in the Collaborative
    - Connecting and supporting the existing infrastructure in the community
- Uplifting the voices of family & youth
    - Supporting communities and organizations who are already doing the work
    - Connecting and uplifting existing promising practice programs

- - Leveraging family coordinator, engaging the BIPOC community

- Project: Suicide Prevention Grant
  - Bringing people around mental health
  - U of M Children's Mental Health may be a good partner for this or other future projects

Next Steps:
- Utilize Goal #2 to be the overarching goal for the next year
- Creating Who & How columns
- Re-budgeting with the SAMSH grant & LCTS grant
- Coordinating team

2022 Goals	Priorities	Purpose	Description
Improve the lives of families and children through increased access to information	1. Parent engagement	Engage new underrepresented families to ensure parent and caregiver needs are represented and inform change	PCLG: Let's Talk About It Series (Parent driven topics of engagement about children's mental health services) Engage parents and community in discussions around critical issues impacting children's mental health – working in partnership with Family Service Collaboratives or key community partners
	2. Parent training & Support	Increase mental health literacy of parents and caregivers	PCLG: Monthly Support Groups Expand peer support to parents (train the trainer model to increase sustainability) – explore partnerships with Family Service Collaboratives
	3. Youth Training & Engagement	Increase access to mental health literacy for youth	Engage youth in community discussions around critical issues impacting children's mental health – working in partnership with Family Service Collaboratives or key community partners Create listening sessions for youth to share their experiences and needs with providers and decision-makers
	4. Service continuum mapping	Increase awareness of families, caregivers, and youth on how to access children's mental health services	Develop tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.
Improve coordination of and access to children's mental health services	1. Convene providers, decision-makers and community stakeholders to manage access and coordination issues	Convene stakeholders to address key barriers and challenges in children's mental health services and identify solutions	Reestablish Children's Mental Health Provider Committee to improve coordination and access • BIPOC providers to provide support and connection • Pediatricians to help improve access and referrals to children's mental health services Start ad hoc work groups to address critical issues • Issues with private payors, working across service delivery systems • Children's Hospital Inpatient Services
	2. Navigation Support	Help connect youth and families to needed children's mental health services and supports	Explore/fund navigators throughout the community Develop tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.

			Work with providers to share navigational supports to families
Increase data-driven decision making to improve the children's mental health service system	1. Data Summit	Prioritize learning from journey mapping to inform *how* we do our work and layer with data from service continuum mapping and data dashboard for alignment and synergy	Use data from journey map, dashboard, and service continuum to improve access to services and/or experiences with children's mental health services *NOTE: We need to decide if we will host this meeting in person or online.*
	2. Data Dashboard	Share data on children's mental health with partners and use data to track change	Add to website and share information Update and manage dashboard data Explore opportunities to create specific data for Family Service Collaboratives as requested
	3. Evaluate the work of the Children's Mental Health Collaborative	Track results and impact of collaboratives projects and work	