



Governance Committee Meeting Agenda

Wednesday, November 16, 2022, 3:30 – 5:00pm

<https://us02web.zoom.us/j/85891903788?pwd=L2h4WWI5cXhsSTFvaG1vTk1jVzViUT09>

(Call +1.312.626.6799 | Meeting ID: 858 9190 3788 | Passcode: 913788)

- 3:30 pm **Welcome & Approval of Meeting Minutes & Agenda - Pat Dale**
Welcome. Approve minutes and agenda.
(Meeting materials October 2022 Meeting Minutes, November 2022 Agenda)
- 3:40 pm **Debrief: Family Peer Support & Children's System of Care Training - Pat Dale, Cindy Slowiak and Laura LaCroix-Dalluhn**
(Family Peer Support & Children's System of Care slides and [recording](#), Approved 2023 Budget and 2022 Work Priorities)
- 4:40 pm **Business**
(Updated 2022 Governance Committee Roster, 2023 Meeting Schedule, Funding Decision Updates)
- Approve new Governance Committee Representative (Vote Required)
 - Update on funding for Youth Mental Health First Aid Training (Vote Required)
 - Update on Youth Violence Prevention & Mental Health Funding
 - Parent Catalyst Leadership Group Updates
 - Decision to Keep or Cancel December Governance Meeting (Vote Required)
- 5:00 pm **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

October 26, 2022

In attendance: Paulette Mader, Deborah Wells, Andria Blade, Meghan Hickey, Asad Dahir, Krista Phillips, Hayley Tompkins, Aric Jensen, Jenna Mitchler, Karen Malka, Monica Long, Liz Gronert, Melanie Hultman, Sarah Vinueza, Elizabeth Lovre, Molly Coyne, Wendy Webster, Dugan Magraw, Kayla Renney, Jose Valesquez, Cindy Slowiak, Jennifer Bertram, Brandon Jones, and Luke Spiegelhoff.

Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, Margaret Sullivan, and Cati Gómez.

Welcome & Approval of Meeting Minutes & Agenda

- Jenna Mitchler moved to approve the September Minutes, and Wendy Webster seconded. Motion approved.
- Krista Phillips moved to approve the October Agenda, and Andria Blade seconded. Motion approved.
- Pat provided two quick updates and reminders
 - We want to thank everyone who voted on the 2023 budget and SBMH scholarship request online. Both were approved.
 - The Collaborative needs your feedback! We are asking all of our partners and stakeholders to please complete this survey (<https://www.surveymonkey.com/r/hccmhc2022>). Your feedback will help us identify our successes, prioritize ways to improve, and shape our work for the coming year. The survey should take about 10 minutes to complete. Please complete the survey by OCTOBER 31.

Family Engagement Training: Family Peer Support & Children's System of Care

- Paulette Mader provided her training. The training can be accessed on the Collaborative's YouTube channel; <https://www.youtube.com/watch?v=ijLOOKSTx4E>.
- Questions
 - Maria Tripney thanked Paulette for recognizing that the parents have trauma.
 - Krista Phillips asked how many full-time staff are doing this work and how much is done with volunteers doing the work? Paulette answered that peer support workers are paid.
 - Laura LD stated the Collaborative is discussing a peer support pilot and asked Paulette to speak about the process of building that out. Paulette answered that she likes the idea of approaching the PTA and parent groups in school and getting your information on the school website and explaining the work really well.
- Pat thanked Paulette for providing the training and pointed out how well she engages people even over zoom.

FAMILY PEER SUPPORT & CHILDREN'S SYSTEM OF CARE

Paulette Mader,
MSN

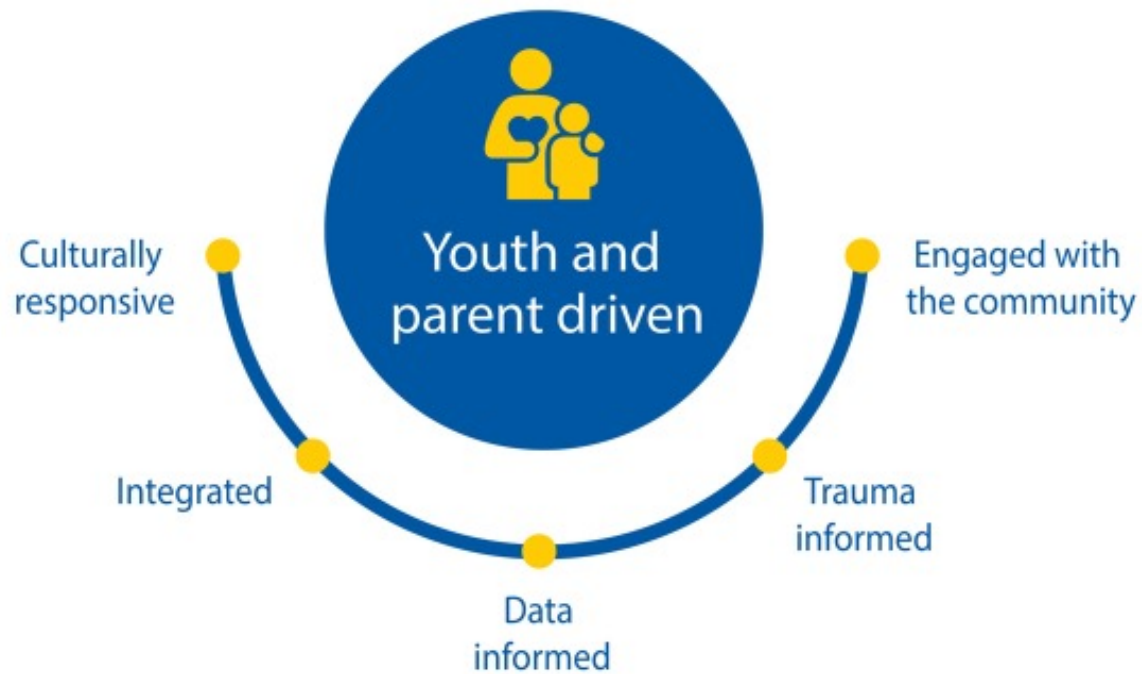


What Is a Children's System of Care? (SOC)

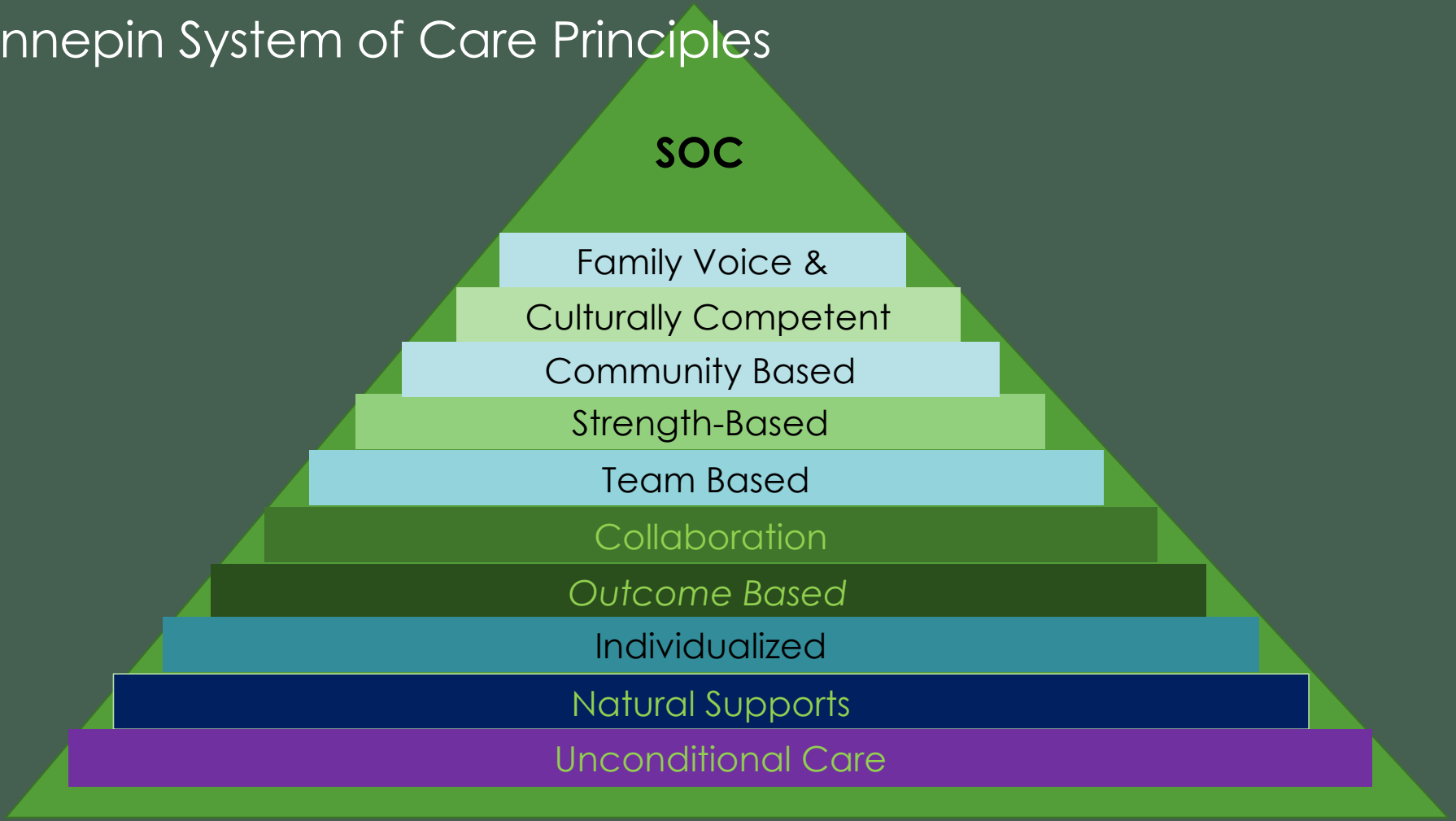
A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

(Stroul, B., Blau, G., & Friedman, R. (2010). Updating the system of care concept and philosophy. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health)

Core Values Hennepin SOC



Hennepin System of Care Principles



Paradigm Shift

Medical Model



System of Care Model

Experts decide needs

Families and youth decide

Fix deficits or problems

System based on strengths

Professional services

Individualized to family

“Our best assurances as providers that our services are meeting the needs of those we serve is to listen to them often, in an environment where they feel safe and welcome, and are received as equal partners in the work. While we orient and train our system providers over a period of time, with supervisory support, we ask youth and families to familiarize themselves with our complex system, myriad acronyms, and changing team members while they are in crisis. It is important that every provider educate and diligently include youth and family voice at every level of the work if they, and we, are to be successful.”

(Lead Family Coordinator, NJCSOC)

What is Family Peer Support?

Caregivers with:

lived experience raising a child with challenges who have

experience and skills negotiating systems in caring for that child who

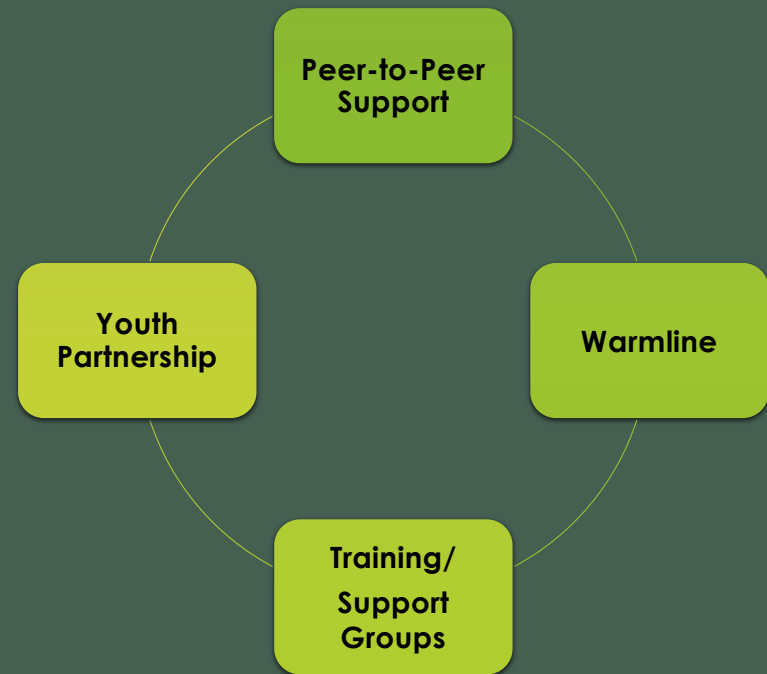
provide support, education, and advocacy to other caregivers (with a family lens) and

have training and are certified





Family Peer Support Activities





JULY 2022



Detailed information on each event can be found in the Events section on our website.

Please check our Facebook page for daily posts and updates. You can register for all groups on our website, via email or by calling our office number provided below.

www.camdenfso.org

Reminders

Please note Summer Schedule for Youth Leadership Seminar will be twice monthly.

Two new groups for Tuesdays! JIFEP Sibshops for siblings of Justice Impacted Youth will meet at the Kroc Center and Total Transformation workshop in our office for caregivers of teens!

Parent's Support Group and YP will meet in our Cherry Hill Office on 7/7 - Childcare Available for children ages 12 and under! Please register!

Men's Group Outing this month will be Music Under the Stars at Barclay Farms in Cherry Hill 7/12 at 7pm

All SEED Groups are for Youth Partnership youth or youth working with FSO - Please contact Sarah SPAN Presentation 7/21 and 7/28 at The Kroc Center Please call for registration. Dinner & Childcare provided.

1030 Kings Hwy N Suite 210

Cherry Hill, NJ 08034

856-662-2600

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 HAPPY 4TH of JULY	5 Total Transformation 6pm-8pm JIFEP Sibshops The Kroc 5pm-7:30pm	6 JIYP 5pm-6:30pm Zoom JIFEP Open Office Zoom 7pm-8:30pm	7 Cyber Security Presentation YP and Parent's Group Collaboration 6:30pm-8:30pm	8	9
10	11 Youth Leadership Seminar 6:30pm - 7:30pm zoom	12 Total Transformation 6pm-8pm Men's Group Music @ Barclay Farms 7pm JIFEP Sibshops The Kroc 5pm-7:30pm	13 JIYP 5pm-6:30pm Zoom JIFEP Open Office Zoom 7pm-8:30pm	14 Youth Partnership 6:30pm-8:30pm	15 SEED Group Movie Night 6pm-8pm	16 Nurtured Heart Approach Zoom 9:30am-12:30pm
17	18	19 Total Transformation 6pm-8pm SEED Group Speed Raceway 6pm-9pm JIFEP Sibshops The Kroc 5pm-7:30pm	20 JIYP 5pm-6:30pm Zoom Parents Support Group Zoom 7pm-8:30pm	21 Youth Partnership 6:30pm-8:30pm Kroc Center SPAN Presentation Kroc Center 6pm-8pm	22	23
24	25 Youth Leadership Seminar 6:30pm - 7:30pm zoom	26 Total Transformation 6pm-8pm JIFEP Sibshops The Kroc 5pm-7:30pm	27 JIYP 5pm-6:30pm Outing JIFEP Open Office Zoom 7pm-8:30pm	28 Youth Partnership 6:30pm-8:30pm Kroc Center SPAN Presentation Kroc Center 6pm-8pm	29 Women's Empowerment Support Group & Kids Crafting Group! 6:30pm-8:30pm @ Our Office	30
31						





"Spreading the seeds of Support, Education and Advocacy"



Family Partners of Hudson County
 New Address: 110 B Meadowlands Pkwy.
 Suite 305, Secaucus, NJ 07094
 Tel: 201-915-5140

Family Partners of Hudson County
 Location is accepting in-person
 meetings by appointment only.

Please Join our virtual support groups via ZOOM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Parent Truancy Workshop (English) 7:00pm-8:00pm (via ZOOM)	3 Youth Voices Program 4:00pm-5:00pm (via ZOOM)	4 Youth 6-13 Truancy Workshop 4:00pm-5:00pm (via ZOOM) Youth 14-18 Truancy Workshop 5:30pm-6:30pm (via ZOOM)	5 Youth Partnership 6pm- 7:30pm (via ZOOM) Parent Truancy Workshop (Spanish) 7:00pm-8:00pm (via ZOOM) Special Angels 5:30pm-7:00pm (via ZOOM)	6	7 
8 	9 Parent Truancy Workshop (English) 7:00pm-8:00pm (via ZOOM)	10 Youth Voices Program 4:00pm-5:00pm (via ZOOM) FSO Let's Discuss (English Session) 5:00pm-6:30pm (via ZOOM) Just for the Fella's Group 6:00pm-7:30pm (via ZOOM)	11 Youth 6-13 Truancy Workshop 4:00pm-5:00pm (via ZOOM) Youth 14-18 Truancy Workshop 5:30pm-6:30pm (via ZOOM)	12 Youth Book Club 6pm- 7:30pm (via ZOOM) Parent Truancy Workshop (Spanish) 7:00pm-8:00pm (via ZOOM)	13 Mujeres Maravillosas 12:00pm-1:30pm (via ZOOM)	14 FSO Let's Discuss (Spanish Session) 9:30am-11:00am (via ZOOM) FSO Let's Discuss (English Session) 11:00am-12:30pm (via ZOOM)
15	16 Parent Truancy Workshop (English) 7:00pm-8:00pm (via ZOOM)	17 Youth Voices Program 4:00pm-5:00pm (via ZOOM)	18 Youth 6-13 Truancy Workshop 4:00pm-5:00pm (via ZOOM) Youth 14-18 Truancy Workshop 5:30pm-6:30pm (via ZOOM)	19 Youth Partnership 6pm- 7:30pm (via ZOOM) Parent Truancy Workshop (Spanish) 7:00pm-8:00pm (via ZOOM)	20	21 Healthy Bodies Healthy Minds Event (10am-2pm) Lincoln Park
22 	23 Parent Truancy Workshop (English) 7:00pm-8:00pm (via ZOOM)	24 Youth Voices Program 4:00pm-5:00pm (via ZOOM)	25 Youth 6-13 Truancy Workshop 4:00pm-5:00pm (via ZOOM) Youth 14-18 Truancy Workshop 5:30pm-6:30pm (via ZOOM)	26 Mom: Helping Mom: 11:30am-1:00pm (via ZOOM) Youth Partnership 6pm- 7:30pm (via ZOOM) Parent Truancy Workshop (Spanish) 7:00pm-8:00pm (via ZOOM)	27 Mujeres Maravillosas 12:00pm-1:30pm (via ZOOM)	28
29	30 	31 Youth Voices Program 4:00pm-5:00pm (via ZOOM)			29	30

Virtual Support Group Schedule

Youth Partnership Group: Meets the 1st & 3rd Thursday of the month @ 6 p.m.
Please contact Mayra Gomez for any assistance, mgomez@familypartnershc.org

Youth Book Club: Meets the 2nd & 4th Thursday of the month @ 6 p.m.
Please contact Mayra Gomez for any assistance, mgomez@familypartnershc.org

Moms Helping Moms: Meets every third Thursday of the month @ 11:30 a.m.
Zoom Meeting ID Code: 697-790-059
Please contact Monique Cox for any assistance, mcox@familypartnershc.org

Mujeres Maravillosas: Meets 2nd and 4th Friday @ 12:00 pm
Zoom Meeting ID Code: 658-018-805
Please contact Isabel Montes for any assistance, imontes@familypartnershc.org

Caregivers Truancy Support Group: Meets every Monday of the month @ 7:00pm for English
Meets every Thursday of the month @ 7:00pm for Spanish
Zoom Meeting ID Code: 885-8107-0527
Please contact Maria Flores for any assistance, mflores@familypartnershc.org

Youth 6-13 Truancy Support Group: Meets every Wednesday of the month @ 4:00pm
Zoom Meeting ID Code: 853-5689-5261
Please contact Maria Flores for any assistance, mflores@familypartnershc.org

Teen 14-18 Truancy Support Group: Meets every Wednesday of the month @ 5:30pm
Zoom Meeting ID Code: 853-5689-5261
Please contact Maria Flores for any assistance, mflores@familypartnershc.org

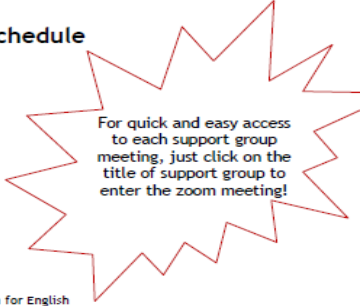
FSO Monthly Let's Discuss: Meets every 2nd Saturday of the month @ 9:30am for Spanish
Meets every 2nd Saturday and Tuesday of the month for English Session
Zoom Meeting ID Code: 219-148-273
Please contact Isabel Montes for any assistance, imontes@familypartnershc.org

Just for the Fellas - Father's Group: Meets every 2nd Tuesday of the month @ 6pm
Zoom Meeting ID Code: 889 7468 5729
Please contact Alfonso Valentin for any assistance, avalentin@familypartnershc.org

Special Angels (Families with Youth on the Spectrum): Meets the first Thursday of the month at 5:30 p.m.
Please contact Isabel Montes for any assistance, imontes@familypartnershc.org
Zoom Meeting ID Code: 914-647-285

Youth Voices Support Group (Youth): Meets every Tuesday of the month @ 4pm
Zoom Meeting ID Code: 396-959-4672
Passcode: hDC4D2
Please contact Jorge Ortega for any assistance, jortega@familypartnershc.org

For More Information Contact FSO:
Family Partners of Hudson County
110B Meadowlands Pkwy, Suite 305, Secaucus, NJ 07094
Tel: 201-915-5140
www.familypartnershc.org



For quick and easy access to each support group meeting, just click on the title of support group to enter the zoom meeting!

Check out our website for more information about each support group!

www.familypartnershc.org

Find us and like us on Facebook for more upcoming events and information!



New Jersey's Current Model

- Each county has a Family Support Organization (FSO)
- The FSO is an independent 501©3, contracted with New Jersey's Division of Children's System of Care (NJDCSOC) to provide certain deliverables
- FSOs report monthly on their data to the state and renew contracts yearly
- The state provides training, certification services & support, a service line manager, oversight
- Use of John Lyons' Family Assessment of Needs and Strengths (FANS)

State
Funded



How many of you are raising a child with challenges?

Survey of Children's Interagency Coordinating Council (CIACC) members across NJ (similar to the Collaborative) indicated 25%-65% are caregivers of children with either mental health, developmental or substance use challenges.

If you are a family member with lived experience and didn't raise your hand, I understand. What I asked you to do is difficult for many reasons. Family Support Peers, just by working in their position, advertise that they have lived experience.

How would you like to be judged as a parent/caregiver on your worst day?



Lead Family Coordinator

Supporting the CIACCs as they elevate youth and family participation in CIACC.

Supporting the Children's System of Care for Full Inclusion of Youth and Families at all levels of the system.

Setting the Table



Setting the Table

Who do you serve?

Is everyone invited and welcome?

Who are you missing?

How do you help them get here?

Once here, how do you support their voices?



Full Inclusion Requires Transparency

- Policies
- Challenges
- Barriers
- Data
- Debriefing



Transparency Requires Relationships

- Development of trust between parties so difficult conversations can be held with a sense of safety
- Mutuality-You are all working towards the same goals
- Collaboration-Everyone has a role
- Empowerment of families, youth and staff
- Movement away from past stereotypes and biases



Challenges

- Workforce is experiencing high volumes while retention and recruitment are challenging.

Does our workforce need to adapt? Change is always part of SOC!

- It can be threatening to see more populations utilizing the pool of limited resources.
- Implicit biases affect our optimism about inclusion.
- Family/Youth Cultures and Provider Cultures have different senses of urgency.
- How do we build the community's capacity to identify and problem-solve the challenges they are experiencing?

System Advocacy & Collaboration

Warren County CIACCs Developmental Disabilities Subcommittee (Caregiver led) provided a Resource Night for families whose children have been identified as having Intellectual and Developmental Disabilities. Have a Night Out for caregivers (The CIACC Convener attends).

A culturally diverse CIACC Family Engagement Committee in Passaic brought attention to food donations not culturally matching the communities.

A group of youth attended a Juvenile Justice Forum in Trenton to share their experiences in the system and their desire to see changes.

System Advocacy and Collaboration

Families and Family Support Partners participate at all levels of the system:

- 0-5 Stakeholder's Group
- Youth Advisory Council at the state level (Youth Ambassador as well)
- Fatherhood Group for dads formerly involved in Division of Child Protection and Permanency
- Hudson CIACC has a group of youth from 7 high schools who brought information to the providers on the challenges youth were experiencing transitioning back to school and some recommendations. They have developed a Podcast on Mental Health Issues.
- Cell phone use in shelters and other facilities. Collaborative group of Child Welfare Team Leads, Out of Home facility successful with this transformation, and Justice Impacted Youth in an FSO grant funded program to support youth and families in the Juvenile Justice System coming together to make recommendations.

Hope Merchants (Bessel Van der Kolk)

If folks don't have hope that things will get better,
why engage in treatment?

Our work is about Transformation.

Do we think **all** families and youth have the potential
to have a better quality of life?

If an ocean lifts one boat it lifts all boats!



CONTACT ME

paulettemader@verizon.net

2023 Preliminary Budget

	CMHC	District 287	DOCCR	Total
Income				
LCTS 2023 Beginning Balance	\$ 75,076	\$ 191,000	\$ 75,006	\$ 341,082
LCTS 2022 Projected Earnings	\$ 216,276	\$ 193,000	\$ 174,000	\$ 583,276
SAMSHA/Hennepin County Grant	\$ 126,200	\$ -	\$ -	\$ 126,200
Projected Carryover from 2022	\$ 70,000	\$ -	\$ -	\$ 70,000
Subtotal	\$ 487,552	\$ 384,000	\$ 249,006	\$ 1,120,558
Leveraged Funds	\$ 80,000	\$ -	\$ 290,000	\$ 370,000
In-Kind	\$ 20,000			
Total	\$ 587,552	\$ 384,000	\$ 539,006	\$ 1,510,558
Expenses				
Staff/Contracted Staff				
LaCroix-Dalluhn Consulting (Coordination and engagement programming)	\$ 80,000			\$ 80,000
Community Research Solutions	\$ 25,000			\$ 25,000
Margaret Sullivan	\$ 30,000			\$ 30,000
Open (Parent Engagement Coordinator, .75 FTE)	\$ 70,200			\$ 70,200
Community & Parent Engagement Programs				
Parent Catalyst Leadership Group (Stipends, Event Activities, etc)	\$ 27,000			\$ 27,000
Parent Engagement & Community Partners	\$ 50,000			\$ 50,000
Youth Engagement & Mental Health Well-being	\$ 30,000			\$ 30,000
DOCCR Youth Prevention Programs			\$ 290,000	\$ 290,000
Diploma On: District 287		\$ 162,116		\$ 162,116
Parent & Community Stipends	\$ 6,000	\$ -	\$ -	\$ 6,000
System of Care Pilots (as started in 2022)	\$ 100,000	\$ -	\$ -	\$ 100,000
Peer Support Specialist				
Parent Driven Strategies				
Awareness & Public Education				
Other				
Training & Capacity Building				
CMHC Scholarships & Training	\$ 25,000			\$ 25,000
District 287 Training		\$ 19,437		\$ 19,437
General Operating				
General Support (Communications, supplies, etc)	\$ 15,000	\$ 8,447	\$ -	\$ 23,447
Fiscal Sponsor Fee (4.6%)	\$ 10,000	\$ -	\$ -	\$ 10,000
Subtotal	\$ 468,200	\$ 190,000	\$ 290,000	\$ 948,200
Total	\$ 119,352	\$ 194,000	\$ 249,006	\$ 562,358

Budget Notes:

- LCTS Funds are generated by Family Service Collaboratives, District 287 and DOCCR, and 5% of earnings are dedicated to the HCCMHC via agreement
The beginning balance is the projected carry over funds from 2022 (Use starting carry over in 2022 and reduce by expenses in 2022). New funds are generated each quarter in 2023.
- Leveraged funds for CMHC include matching funds in the Community Health Improvement Partnership (\$80,000) and in-kind (\$20,000) and Hennepin County for DOCCR programming
- All contracted staff support coordination and collaborative programming

Hennepin County Children's Mental Health Collaborative (CMHC) 2022 Governance Committee Roster as of November 2022

Name	Partner Entity	Email
1. Dale, Pat (CMHC Co-Chair) *	Provider	pat.dale@headway.org
1. Meghan.Hickey (MPS) A. Sander, Mark (MPS/ Hennepin County)	Minneapolis Schools	Meghan.hickey@mpls.k12.mn.us Mark.Sander@hennepin.us
1. Messenger, Julia A. Brooks, Ph.D., Keith	Anoka-Hennepin School District	Julia.messenger@ahschools.us keith.brooks@ahschools.us
1. Allen, Tonya A. Sage, Dena	District 287	tdallen@district287.org Dandrewjaja@district287.org
1. Webster, Wendy A. Fagerland, Hope	St. Anthony/New Brighton School District	webster@isd282.org hfagerland@isd282.org
1. Mitchler, Ph.D., Jenna * A. Coyne, Molly	Suburban Schools - Bloomington	jmitchler@isd271.org mcoyne@isd271.org
1. Nelson, Jody A. Gammage, KC 1. Jensen, Ph.D. LP Aric A. (OPEN) 3. [Dale, Pat] – listed above as co-chair A. (OPEN)	Providers with Hennepin County Children's Mental Health Contracts	jnelson@thechangeinc.org agammage@thechangeinc.org Aric.Jensen@fraser.org
1. Malka, Karen A. (OPEN) 2. Larkin, Peggy A. (OPEN)	Parent Catalyst Leadership Group (PCLG)	karenmalka@hotmail.com peggy_larkin@yahoo.com
1. Glen, Nadia A. Tripeny, Maria 2. (OPEN) A. (OPEN)	Parent Representatives	nadiadglynn@gmail.com mtripeny@aol.com
1. Phillips, Krista * A. Wells, Deborah	Family Service Collaboratives	krista.phillips@edinaschools.org wells.deborah@slpschools.org
1. Slowiak, Cynthia * A. Dahir, Asad	Hennepin County Mental Health Services	cynthia.slowiak@hennepin.us asad.dahir@hennepin.us
1. Martinez, Meredith A. Nelson, Amy	Hennepin County Public Health	Meredith.martinez@hennepin.us Amy.Nelson@hennepin.us
1. Blade, Andria A. Schrafft, Meg	Hennepin County LCTS Admin.	Andria.Blade@hennepin.us Meg.Schrafft@hennepin.us

1. Long, Monica A. Benson, Alyssa	Hennepin County DOCCR	monica.long@hennepin.us Alyssa.Benson@hennepin.us
1. (OPEN) A. (OPEN)	Health Plan	
1. Watts, Angela A. (OPEN) 2. Jones, Brandon A. (OPEN) 3. Winter, Jamie A. (OPEN)	At Large Hennepin Health, Redleaf Center for Family Healing Minnesota Association of Children's Mental Health Children's Minnesota, Behavioral Health	angela.watts@hcmcd.org bjones@macmh.org Jamie.winter@childrensmn.org

* Designates Executive Committee Members

CMHC designated voting member seats (21) based on bylaws. Each voting member can identify an alternate member:

1. Minneapolis School District (1)
2. Suburban school districts (1)
3. St. Anthony-New Brighton School District (1)
4. Anoka-Hennepin School District (1)
5. Intermediate School District 287 (1)
6. Hennepin County's Human Services and Public Health Department (2)
7. Hennepin County Corrections (1)
8. Hennepin County Board or Administration (1)
9. Four parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4)
10. Providers representing Hennepin County contracted mental health agency (3)
11. Hennepin County Family Service Collaborative (FSC) (1)
11. Health plan (1)
12. At-large representatives (3)

PROPOSED 2023 Meeting Schedule

Committee	Lead	Meeting Schedule	Notes/Questions
Governance Committee	Pat Dale & OPEN	Every third Wednesday of the month from 3:00-4:30 PM No July Meeting September (4 th Wed) and October (2 nd Wed) from 3:00-4:30 PM	Meetings will take place online, unless otherwise noted Jan 18 th , Feb 15 th , March 15 th , April 19 th , May 17 th , June 14 th , August 16 th , November 15 th , and December 20 th Sep 27 th October 11 th
Executive Committee	Pat Dale & OPEN	Every first Friday of the month from 9-11 AM No July Meeting Third Friday in September from 9-11 AM	Meetings will take place online, unless otherwise noted Jan 6 th , Feb 3 rd , March 3 rd , April 7 th , May 5 th , June 2 nd , August 4 th , October 6 th , November 3 rd , and December 1 st . September 15 th
Parent Catalyst Leadership Group	Karen Malka & Mel Hultman	Every third Saturday at 10 am	
PCLG Support Group	Karen Malka & Margaret Sullivan	Every 2 nd Thursday at 7 pm	
Coordination Team	Laura LaCroix-Dalluhn	Every 4 th Tuesday from 10-11:30 am	Meetings will take place online, unless otherwise noted
Education & Training Group	Laura LaCroix-Dalluhn	No Regular Schedule	This group reviews scholarship and training requests. Meetings will take place online, unless otherwise noted.
Parent-Driven Strategies	Cheryl Holm-Hanson	No Regular Schedule	
Awareness building	Laura LaCroix-Dalluhn	No Regular Schedule	
Peer Support	Margaret Sullivan	No Regular Schedule	
School-based Mental Health Group	Mark Sander	Every 4 th Tuesday at 3-4 pm	
Provider Group	Laura LaCroix-Dalluhn	Schedule To Be Determined	This group last met 2020. The current group of stakeholders will be polled to meet. This group will meet online, unless otherwise noted.

Interested in participating in the above subcommittees or groups? Contact Laura LaCroix-Dalluhn for more information.

Hennepin County's Community Health Improvement Partnership to Address Youth Violence and Mental Health – Approved \$40,000 in September 2022

Early this year, the Hennepin County Children's Mental Health Collaborative provided funding to four mini grant applicants to address the increase in youth violence in Hennepin County. The HCCMHC worked with the Hennepin County's Community Health Improvement Partnership ([CHIP](#)) to leverage shared goals to address the increase in acute violence and the mental health needs of the youth of Hennepin County. In keeping with the Governance Committee's objectives to support youth violence prevention and mental health ongoing and avoid one-time investments, the Healing Circle Working Group suggested an ongoing partnership with CHIP in 2022.

CHIP will release a new application focused on trauma-informed communities, the mental well-being of communities and the important role that housing stability plays in community health and well-being. The HCCMHC again has an opportunity to invest in mental health supports for youth experiencing violence.

Staff recommends investing \$40,000 in youth violence prevention and mental health support through a collaborative partnership with CHIP, totaling \$60,000 in 2022. Funding would be dedicated from the Collaborative's system of care pilot funds to cover this partnership in 2022 and sustain efforts to address youth violence and mental health in Hennepin County.

UPDATES:

- 1. Funding Partner is Community Health Improvement Partnership (CHIP). The RFP has been co-created and ready to be released mid December 2022, with funds to be distributed in 2023.**
- 2. Promotional Partners – CHIP, Collaborative partners, Family Service Collaboratives and youth serving organizations/partners**

Funding Youth Mental Health First Aid Training for Youth Workers and Staff in Out-of-School Time Organizations - Approved \$15,000 in September 2022

Parents in Hennepin County rely on youth serving organizations, programs and services to support their child's mental health and wellness. According to the Collaborative's journey mapping project, parents seek support to address their child's social emotional health, e.g. support their activity needs through sports and outdoor activities or practice socializing in groups.

Youth workers have expressed concerns about increased needs mental health among children and youth in Hennepin County. Training youth workers and youth serving program staff and volunteers in youth mental health first aid can help move the children's mental health care system upstream; and increase knowledge and awareness among adults working with children and youth.

The [National Council for Mental Wellbeing](#) offers Mental Health First Aid Training for both [youth workers](#) and [teens](#). Training costs are \$19-24/pp. The courses may be conducted in either a series of six 45-minute in-person training sessions—or three 90-minute training sessions—or through a blended approach that combines a self-paced online lesson with six live, instructor-led training sessions.

Staff recommends investing \$15,000 in grants to out-of-school time networks or organizations in Hennepin County to coordinate and provide mental health first aid training to youth workers, staff and volunteers with the goal of training 500 youth workers and volunteers in 2022.

UPDATES:

1. **Funding Partners are being explored. Outreach has been made to Mpls Youth Coordinator Board, Brooklyn Bridge Alliance With Youth, Beacons Program through YMCA and Youthprise.**
 - a. **Minneapolis Youth Coordinator Board, who hosts a [Partners with Youth Conference](#). This year's conference is focused on Mental Health and will be held Dec 9th.**
 - b. **Brooklyn Bridge Alliance with Youth just received federal grant to focus on youth mental health.**
 - c. **Beacon's Network is active within several high schools in Hennepin County and ideal partner to reach community and school partners.**
 - d. **Youthprise has long history of partnering with organization to release funds to youth serving organizations in Hennepin County.**
2. **Promotional opportunities through above networks, conference and newsletters**
3. **Educational Opportunity and support from Mental Health partners – we are looking for one or two presentation from Collaborative Partners**

Hennepin County's School Based Mental Health Work Group Scholarship Request – Approved \$10,000 in September 2022

Hennepin County School-Based Mental Health Work Group is seeking funds to support participation in MN School Behavioral Health Conference, Nov. 2-4. In the past, funding in the \$10,000 range was provided by the collaborative for this purpose. The funding was divided among community providers based on percentage of FTEs involved in School-Based Mental Health service provision. The cost of the conference ranges between \$250-\$500 depending on room occupancy and # of nights reserved.

About the conference

The Minnesota School Behavioral Health Conference is in its 6th year, bringing together collaborating partners and providers to build a school mental health framework of practice. Attendees include parents/guardians, schools, community mental health providers, advocates, consumers, policy makers, Tribal Nations, and state government. Attendees come to network and learn about the latest developments and best practices related to supporting students with mental health disorders.

This year's theme is *Reshaping through Resiliency: School-Based Behavioral Health in MN*. The conference is being held at Cragun's, November 2-4, 2022.

This conference seeks to offer attendees purposeful tools and techniques to implement and produce a positive impact on behavioral health and wellness specifically related to:

- **Evidence based supports** for students' and families' emotional health and well-being
- **Tools** for school staff and behavioral health providers
- Resources for school wide efforts to **reduce stigma** and support positive school climate
- Tools and resources to **support parents** to navigate behavioral health and educational systems

About the Hennepin County School-Based Mental Health Work Group

Mark Sander has been facilitating the Hennepin County School-Based Mental Health Work Group since 2008. For fifteen years, parents, community mental health providers, and school representatives have met monthly to collaborate on the development of a school-based mental health framework, to share best and promising practices, and to partner on the sustainability of services provided children and youth with access through the school setting.

The national framework for school mental health has been evolving for over two decades and currently is known as Comprehensive School Mental Health Systems. Locally, Hennepin County has implemented school mental health services in more than 235 schools (228 public and intermediate schools and 7 charter schools.) There are currently over 198 full time equivalents (FTEs) of clinicians to serve almost 5940 children and youth in Hennepin County.

Alignment with System of Care Principles

School-Based Mental Health Services in Hennepin County and the statewide conference are in alignment with System of Care Principles:

- They support a continuum of mental health services for children and youth that is integrated and comprehensive;
- They support an individualized approach which considers each child and youth and their family to be unique;
- Providing services through the school setting supports the philosophy of service provision in the least restrictive setting;
- School-Based Mental Health Services, and a focus of the fall conference, by their very nature require coordinated, systemic approaches;
- Family choice and youth voice are centered in School-Based Mental Health service provision; parent representatives have been involved in the planning of the fall conference and will be participants;
- Prevention and intervention are integral to the Comprehensive School Mental Health System and will be represented in the trainings at the fall conference;
- Equity and cultural humility are base values of School-Based Mental Health and these perspectives will be well-represented in the trainings at the fall conference;
- Data-driven-decision-making and research on best and promising practices is utilized in School-Based Mental Health and is represented in the trainings in the fall conference.

UPDATES:

- 1. Funding Criteria established using current and past scholarship applications as guide**
- 2. Promotional opportunity sent by Mark Sander**
- 3. Organizations will receive funding after the conference is complete**
- 4. Preliminary awards were announced mid November and final awards will be established by end of November 2022**