



Governance Committee Meeting Agenda

Wednesday, October 26, 2022, 3:30 – 5:00pm

<https://us02web.zoom.us/j/85891903788?pwd=L2h4WWI5cXhsSTFvaG1vTk1jVzViUT09>

(Call +1.312.626.6799 | Meeting ID: 858 9190 3788 | Passcode: 913788)

- 3:30 pm **Welcome & Approval of Meeting Minutes & Agenda - Pat Dale**
Welcome. Approve minutes and agenda.
(Meeting materials: September 2022 Meeting Minutes, October 2022 Agenda)
- 3:40 pm **Family Engagement Training: Family Peer Support & Children's System of Care**
Paulette Mader, MSN, Senior Training and Consultation Specialist with Rutgers Behavioral Health Care, Behavioral Research and Training Institute (BRTI) for the New Jersey Children's System of Care (CSOC)
- Questions & Answers - Pat Dale/Laura LaCroix-Dalluhn**
- 5:00 pm **Adjourn**

Mission Statement: *The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.*

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

September 21, 2022

In Attendance: Pat Dale, Maria Tripeny, Asad Dahir, Krista Phillips, Kc Gammage, Rachel Oberg-Hauser, Cindy Slowiak, Hayley Tompkins, Jenna Mitchler, Amy Nelson, Rachel Harris, Aric Jensen, Rebecca Gilgen, Angela Watts, Jocelyn McQuirter, Anthony Taylor, Karen Malka, Terrance Brown, Monica Long, Jamie Winter, and Jennifer Garrido-Santos

Staff: Laura LaCroix-Dalluhn, Margaret Sullivan, Cheryl Holm-Hansen, Cati Gómez

Welcome & Approval of Meeting Minutes & Agenda

- Krista Phillips moved to approve the August minutes, and Cindy Slowiak seconded the motion. Motion approved.
- Jenna Mitchler moved to approve the September agenda, and Angela Watts seconded the motion. Motion approved.

Approve the New October Meeting Date

- Pat Dale and Laura LaCroix-Dalluhn explained that we will not be meeting on October 19th, we are instead meeting on October 26th. At this meeting, we will be joined by Paulette Mader, who provides system-of-care training around parent engagement strategies.
- Angela Watts motioned to approve the new meeting date, and Cindy Slowiak seconded. All in favor, motion approved.

Youth Serving Organizations & Children's Mental Health

- Laura LaCroix-Dalluhn gave an overview of after school and youth serving networks within Hennepin County. She stated the Collaborative began outreach to these networks based on data from the journey mapping project, which indicated parents rely on after school and youth serving organization to supplement mental health supports for their children. Laura stated she thought it would be helpful for Collaborative partners to meet some of the leaders in this work to better understand how share our goals of working with children and youth to address their mental health needs.
- **Rebecca Gilgen, Brooklyn Bridge Alliance with Youth**, shared some slides to give an overview of the work the Brooklyns.
 - Mission is to coordinate a system of opportunities that lead to an increase in high school graduation, pathways to college and careers, youth safety, and well-being.
 - Strategies include expanding youth engagement, increasing equitable access to opportunities, maximizing the use of resources, increasing the quality of opportunities, and increasing coordination to maximize impact.
 - Reimagine- Black Youth Mental Health
 - Objective: Implement a youth-centered community engagement policy process to identify the policies that we'd change to promote in cities, schools, counties, and faith-based settings that would accelerate black youth well-being.
- **Rachel Oberg-Hauser, Minneapolis Afterschool Network, Minneapolis Youth Coordinating Board** shared another set of slides giving an overview of the Minneapolis Afterschool Network.
 - MN Department of Education has funded some training for youth mental health first aid.
 - Minneapolis Afterschool Network is co-hosting a free conference for youth workers called the Partners with Youth Conference with a focus on youth mental health. Rachel will share information with Laura to spread the word.
 - Rachel has created a referral list for youth workers that she will share.
- **Hayley Tompkins, Beacon's Network**, shared another set of slides giving an overview of Beacons.

- End goal is to make schools into community centers.
- Services are led by youth and gives youth leadership opportunities working with elementary, middle, and high schools.
- Laura LD shared how all of this work is interconnected, all these programs support youth mental health and relate to the work the Collaborative has been doing to move upstream and respond to the needs of young people and families. And then opened it up for questions.
 - Rachel Harris asked if Laura would share the contact info of everyone who shared a presentation, Laura answered that she would.
 - Angela W asked why these speakers were invited over other agencies in the system. Rebecca G. answered that these agencies are in relation with all of these partners and serve as hubs.

Community & Parent Engagement and Investments in 2022

- Parent Catalyst Leadership Group and Parent Activities
 - Karen Malka shared that the Let's Talk About It went well, we are still recruiting new members and have had a few new people attend.
 - Margaret Sullivan shared that PCLG is interested in pursuing similar events and activities in 2023 so the budget will be similar.
- Laura LD shared that the collaborative received a grant for a parent coordinator position. This is a .75 FTE contracted position and will be in addition to what the Parent Catalyst Leadership Group has been leading. It is a four-year budget and there is a job description that is in the packet. Laura then asked if there are any questions.
 - Cindy S added that this has been previously approved, we just need permission to accept the funds.
 - Angela W motioned to approve funding, and Aric Jensen seconded. Motion approved.
- Laura LD recommended additional funding, \$40,000, for violence prevention activities in Hennepin County through the CHIP partnerships.
 - Angela W asked for clarification on what was being funded and for how long. Laura said these funds are new and would continue to support the stated goals of the Collaborative earlier this year.
 - Rachel Harris asked if this was a one-time investment. Pat D answered yes, we always can refund but we are not spending future dollars.
 - Cindy S asked how much other funding is being leveraged to support these goals. Laura answered total funding is \$120,000 if we approve these expenses.
 - Monica Long motioned to approve the recommendation of \$40,000, and Aric J seconded. Motion approved.
- Pat D explained that there is a proposal for funding for Mental Health First Aid for the amount of \$15,000 in grants for training.
 - Cindy S motioned to approve \$15,000 to fund the training, and Angela seconded the motion. Motion approved.

Approval of 2023 Budget

Pat D stated the 2023 budget would be sent for final approval online. He said he and Laura would host an online meeting to respond to any questions people had as they reviewed the budget.

Adjournment

- Pat moved to adjourn, and Angela W seconded the motion. Motion approved, meeting adjourned.

Governance Committee Meeting Minutes

October 26, 2022

In attendance: Paulette Mader, Deborah Wells, Andria Blade, Meghan Hickey, Asad Dahir, Krista Phillips, Hayley Tompkins, Aric Jensen, Jenna Mitchler, Karen Malka, Monica Long, Liz Gronert, Melanie Hultman, Sarah Vinueza, Elizabeth Lovre, Molly Coyne, Wendy Webster, Dugan Magraw, Kayla Renney, Ahmed, Cindy Slowiak, Jennifer Bertram, Brandon Jones, and Luke Spiegelhoff.

Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, Margaret Sullivan, and Cati Gómez.

Welcome & Approval of Meeting Minutes & Agenda

- Jenna Mitchler moved to approve the September Minutes, and Wendy Webster seconded. All in favor, motion approved.
- Krista Phillips moved to approve the October Agenda, and Andria Blade seconded. All in favor, motion approved.
- Pat shared that before we get started, I have two quick updates and reminders to share
 - We want to thank everyone who voted on the 2023 budget and SBMH scholarship request online. Both were approved.
 - The Collaborative needs your feedback! We are asking all of our partners and stakeholders to please complete this survey (<https://www.surveymonkey.com/r/hccmhc2022>). Your feedback will help us identify our successes, prioritize ways to improve, and shape our work for the coming year. The survey should take about 10 minutes to complete. Please complete the survey by OCTOBER 31.

Family Engagement Training: Family Peer Support & Children's System of Care

- Paulette Mader provided her training.
- Questions
 - Maria Tripney thanked Paulette for recognizing that the parents have trauma.
 - Krista Phillips asked how much full-time staff is doing this work and how much is it volunteers doing the work, Paulette answered that peer support workers are paid.
 - Laura LD spoke about peer support work and asked Paulette to speak about the process of building that out. Paulette answered that she likes the idea of approaching the PTA and parent groups in school and getting your information on the school website and explaining the work really well.
- Pat thanked Paulette for providing the training and pointed out how well she engages people even over zoom.