

Executive Committee Meeting Agenda

October 7, 2022 | 9:00-11 am

<https://us02web.zoom.us/j/89625827320>

Meeting ID: 896 2582 7320 | Dial by your location (phone only or audio): +1.312.626.6799

9:00 **Opening Circle & Approval of September Minutes and October Agenda** (10 min)

Materials: September Minutes and October Agenda

9:10 **Business Updates** (40 min)

- Evaluating Coordination Team
- 2023 Contract with Hennepin County
- Preparing for Annual Meeting of Collaboratives
- Hiring process and timeline for new Parent Coordinator
- 2023 Meeting Schedule

9:50 **2023 Work Plan** (70 min)

Materials: 2023 Approved Budget & 2022 Work Plan

Review approved budget and discuss priorities 2023 work plan

11:00 **Adjourn**

Executive Committee Meeting Minutes September 2, 2022

In Attendance: Jenna Mitchler, Pat Dale, Cindy Slowiak, Laura LaCroix-Dalluhn, Cati Gómez, & Margaret Sullivan

Opening Circle & Approval of August Minutes and September Agenda

Cindy Slowiak motions to approve the minutes, Jenna Mitchler seconds the minutes, Pat Dale abstains from voting on the August Minutes as he was not in attendance. Motion was approved.

Business Updates

- **Rescheduling September Parent Engagement Training.** Laura LaCroix-Dalluhn announces that Paulette Mader is no longer able to participate in the September parent engagement training; alternative dates may either be October 19 or October 26. Pat Dale notes that the Wednesday before “MEA” break, October 19, may not be a good idea for school providers, an alternative could be October 16. Laura will circle back to Paulette to ask about October 26 as a preferred meeting date. Margaret Sullivan confirmed the training will be recorded so parents may watch it later.
- **HC SAMHSA Parent Engagement Partnership.** Cindy Slowiak mentions that Hennepin County wants to expand the capacity of its system of care work through this new SAMHSA grant. Funding is now available to increase capacity to include parents’ voices in their work and includes a family coordinator, which will be managed through the Collaborative. HCCMHC’s current strategy is focused on outreach and engagement, but there is a need to expand our strategies to centralize BIPOC parents. Part of this must be done by meeting them in places they feel most comfortable. Asad Dahir will take the lead on building up diverse parent-engagement through the county. Paulette Mader is coming to explain the continuum of support for family-support organizations that provide an entire continuum of services. Jenna Mitchler asks if this is the same grant and concept previously submitted. Cindy confirmed it was.
- **Kente Circle Conference.** As part of HCCMHC sponsorship of the Kente Circle’s training, October 13-14 at the Shoreview Community Center, the Collaborative has 10 spots reserved for interested providers and parents to attend the training. Laura inquires what the preferred process is to distribute these opportunities alternative to the traditional way of offering it up at the Collaborative meeting. Cynthia Slowiak notes that given the time constraint it may be a good idea to open the distribution process earlier in the month of September instead of waiting for the HCCMHC meeting.

Cindy responds that the training is geared toward BIPOC people which may include parents, providers, school staff, etc., with the intent to affirm their experiences in their work and everyday life. Pat Dale offered to attend and represent the Collaborative. Cati Gómez will also attend the conference. Pat notes that it may be an opportunity for family service collaboratives and coordinators as well.

Community Outreach & Engagement Updates

- **Faith-based organizations.** Laura LaCroix-Dalluhn provided an update on meetings with youth serving-organizations, out-of-school programs, & faith-based organizations—particularly Black churches—as potential partners to move the care system upstream and to think mindfully of the inclusivity of the services provided by the Collaborative and its partners.
 - Mental Health Connect is a good initial point of access to reach families in Hennepin County and convey the mental health services offered in the community. They have large mailing lists, and they will help promote parent engagement opportunities (Let’s Talk About It, Family Support Group, WRAP, etc.)
 - Pat Dale notes that the Community Health Improvement Partnership (CHIP) Executive Committee he is part of is doing similar faith-based outreach and concurs that engaging different communities, organizations, and congregations may broaden and diversify the discussion of care
 - Coordination Team members attended the REFUGE Conference and was impressed by their efforts, services, and the strength in their community. As the Collaborative attempts to move the system of care upstream, there is strong potential partnership with their parent group, services warm line, and youth groups

- **Youth serving organizations and mental health.** Laura LaCroix-Dalluhn reported meeting with youth serving networks in Hennepin County and Cheryl Holm-Hansen to discuss the journey mapping finding, which articulated parents using youth programs to manage their children's mental health needs. These networks and organizations expressed willingness and desire to work with the Collaborative to prioritize youth mental health and social emotional learning but need to be adequately supported to take on this work. Laura stated she intends to recommend funding for some youth mental health first aid work this year.
- **Early Childhood HUB.** Laura reminded the Executive Committee about the goals of the early childhood hub, to act as a one stop shop for families with children before they enter kindergarten and wanted to be sure partners were aware and able to connect once it was piloting services. Jenna Mitchler was not aware of this HUB model and is looking for more information. Laura stated this grew out of work from the Legislative Auditor's report in 2018 and call for integrated early childhood services in MN. Laura mentioned Bloomington Public Health was also involved in this planning work and likely pilot to follow.

Parent Catalyst Leadership Group Updates

Margaret Sullivan stated the next "Let's Talk About It" will be in September, focusing on the Family Stabilization Services, it will be done in partnership with Asad Dahir. There are currently 6 Catalyst members and interviews are yet to be had for 2 potential parents to join the Catalysts. Upcoming outreach efforts includes attending the Jewish Family Service Conferences, the Farmers Market, and an upcoming Wacipi in partnership with the Minneapolis Public Schools

2023 Budget & Work Plan

Laura La-Croix-Dalluhn stated the 2023 budget needs to be approved and submitted to our contract manager early October to secure board approval on time. She said based on the current budget and work plan; the Collaborative will have approximately \$336,649. She said it is likely the Collaborative will not spend all its pilot resources in 2022 but expects to carry over these resources. The SAMHSA grant will add an additional \$126,200 to hire a lead family coordinator working, .75 FTE, which will result in the Collaborative being just shy of \$463,000.

Pat Dale asks what the Collaborative wants to prioritize or move forward in 2023 that reflects the Collaborative's priorities and goals?

- Margaret Sullivan predicts the Parent Catalyst Leadership Group will need a similar budget to what has been budgeted in 2022. This includes Let's Talk About It, WRAPS, and additional parent training and events.
- The work groups (parent-driven strategies, peer support and awareness building) will define some of the Collaborative's work in 2023
- Additional outreach with community, youth programs and faith-based organizations will also require a closer partnership.
- Cynthia Slowiak notes that the work around family driven work, and community engagement is in alignment in the budget, but the Collaborative must also address the systematic organization of the western-based medical model of mental health. Medical providers need to be educated on what that shift looks like on a provider level—particularly because most of the provider's work stipulates the billing process. The Collaborative needs to uplift the voices of providers and parents to enact systematic changes for providers to work directly with families without being reliant on "the system" that frequently creates care plans for the family without their consultation. The Collaborative's budget should allow for more providers to join in this conversation, training, and other activities to centralize the voices that uphold and impact the service continuum.
- Laura LaCroix-Dalluhn notes that strategies to engage and educate providers may appear as reviving a provider workgroup, developing an in-depth training to walk through the details of billing services, and beginning the conversation of moving providers upstream the system of care.
- There is a need to do intentional work to include more diverse and non-clinically based providers
- Cynthia asks if there will be a recurring investment in restorative practices, or if the community aid administered to combat community violence a one-time commitment. Laura stated the first \$20k was made available through CHIP and shared with community grantees. The healing circle committee originally decided it wasn't appropriate to allocate funding one time only. Instead, they wanted to make a commitment to support the community and combat youth violence. The Collaborative has another opportunity to work with CHIP and leverage funding for youth violence and mental health again this fall.
- Laura LaCroix-Dalluhn suggests supporting youth engagement through youth-serving organizations and networks. She will arrange to introduce Collaborative partners to these leaders in September. Cindy Slowiak asks Jenna Mitchler about youth mental health first aid training as she heard some school districts were bringing first aid into the schools. Jenna wasn't aware it was happening in Bloomington but stated if a school district wants to use Cognito Training, it will be funded by the state.

- Laura asked how schools were using the ARPA mental health funds and whether the Collaborative could be helpful in recommending strategies, providing support, or training to youth-serving and school-based mental health programs and services? Jenna Mitchler notes that social emotional wellness funding has overall increased, but not necessarily the staffing. She said scaling up a program that has proven to be effective is much easier than implementing a new program—the pilot program for immediate family response and stabilization support, for example, may be an incredible asset when scaled up.

The meeting was adjourned.

Executive Committee Meeting Minutes

October 7, 2022

Present

Pat Dale, Krista Phillips, Jenna Mitchler, Andria Blade, Tonya Allen, and Cindy Slowiak
Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Margaret Sullivan

Opening Circle & Approval of September Minutes and October Agenda

- Krista Phillips moved to approve the September minutes, and Jenna Mitchler seconded. Motion approved.
- Tonya Allen moved to approve the agenda with Krista Phillips stepping in for chair when Pat Dale steps away during the meeting, and Andria Blade seconded. Motion approved.

Business Updates

- Evaluating Coordination Team
 - Pat Dale shared that we have done this off and on throughout the years typically through survey monkey and that we are thinking about having the coordination team fill out evaluations.
 - Cheryl shared that we are planning to do a survey for governance members for feedback.
 - Laura offered to help draft the evaluation and the executive members could amend it.
 - Pat confirmed that we have a consensus that we should evaluate the coordination team and that the team would greatly appreciate for Laura to draft the evaluation.
 - Laura asked Margaret if she felt that the Co-Chairs are the appropriate level and if we should add them to her evaluations. Margaret answered that she felt we should include everyone who was with us this year and that she was contemplating it. Pat agrees that we should include PCLG parents who have been involved in the last year.
- 2023 Contract with Hennepin County
 - Laura updated everyone that she has been working to put together our 23 contracts. We added language in for the new parent coordinator and submitted the approved budget. It will be voted on in the October board meeting.
- Preparing for Annual Financing Framework Meeting of Collaboratives
 - Laura reminded everyone that each year the Collaboratives come together and that the Financing Framework meeting will take place by the end of the calendar year. Each of the collaboratives will vote on the 5% set aside for Hennepin County and the Children's Mental Health Collaborative. Laura asked if anyone had any questions.
 - Krista recommended being prepared to speak to how the new money will be spent
 - Tonya asked if we need the current numbers or numbers throughout the past year because the numbers fluctuate. Laura said we would use the numbers from the past year.
- Hiring process and the timeline for new Parent Coordinator

- Laura shared she is planning to get the job description out by late October and then do some targeted recruitment for the position. It would be great to have a candidate identified by the end of the calendar year and have a start date in early January. She reminded the Executive Committee the significant amount of time dedicated to this position, which is .75 FTE which would be more time than her own contract. Along with the hiring, it would be a great way to build better connections with the County. Laura asked how involved the Executive Committee would like to be in this hire and how much she should manage this project.
- Pat confirmed that we have a job description. He shared that we've typically had one or two people review people, so it would be a good idea to have a couple of people from the Executive Committee involved. Pat asked if Cindy would be an appropriate person.
- Laura said that Asad Dahir would be the lead on this partnership with Hennepin County Behavioral Health and he would be willing to take that role.
- Pat asked if six people were appropriate for the hiring team and everyone agreed. The hiring committee will include Laura, Asad and two executive committee reps, and a family service collaborative rep and a school rep.
- Krista confirmed that this new position would be a part of the coordination team.
- **2023 Meeting Schedule**
 - Pat shared the 2023 committee meeting schedule. Laura asked if we would like to maintain the same schedule, if we would like to have a monthly meeting, and do we want to continue meeting virtually.
 - Pat commented that we have traditionally not met in July and we should avoid scheduling near MEA. Tonya and Jenna said it would be a good idea to not have July and September because they are complicated.
 - Laura reminded everyone that we need to have our budget to the county by the beginning of October so we should meet in September, Pat suggested moving the date so the meeting can still take place and we should discuss it further another time. Everyone agreed that rescheduling, later on is a good idea.
 - Margaret suggested moving the governance meeting time up. Laura suggested changing the time from 3-4:30 PM or 2:30-4 PM. Krista said we could propose 3 PM and see what the governance committee thinks.
 - It was also decided that the October governance meeting should be held on October 11th rather than October 18th.
 - It was suggested that we meet in person a couple of times a year but have it virtual the majority of the year. Laura suggested we could meet in person in August, May, or June. Jenna said that she liked the idea of meeting in person in August for the governance committee to build the budget. Laura asked if we should do the same in-person meeting for the executive committee, and Krista said that would be okay. Jenna then suggested we could meet in person to form the evaluations.

2023 Work Plan

- Review the approved budget and discuss priorities 2023 work plan
 - Laura presented the work priorities for 2022. She asked for input on the progress presented.

- Cindy Slowiak said she thought we made some progress, but the CMH system feels like it is in crisis and workforce has been challenging and kids are in need.
- Tonya shared that she feels we need to do more to reach communities that aren't being served. We cannot do more of the same. Jenna agrees, this does not fit as well anymore.
- Margaret feels like some things have yielded more benefit than others; e.g. Let's Talk About It and Journey Mapping. Service Continuum mapping hasn't yielded as much work. It might be good to try to do fewer things with more focus. Youth connections are important but we just beginning this work.
- Cheryl shared that she felt the Dashboard data doesn't feel as valuable, we need to intentionally use it. We need to think about how to use it. Cheryl then suggested getting data on youth violence prevention and a better understanding of what made a difference and balancing the need to respond to changing needs and changing the underlying system. Having more conversations about what we are doing that isn't effective could help us in finding new ways to do things differently.
- Cindy shared that she feels when we developed the concept for the family coordinator we can utilize that position to enhance our services.
- Laura mentioned the structure of the collaborative can get in the way of doing the systems work. She provided an example of another contract where she did training around the state for implicit bias and how it affects home visitors, Black families are being over-reported to CPS yet families as a whole are being under-reported to infant and early childhood mental health services. We are not going to do this with just the policymakers, we need to also get the people who are working with families day-to-day to learn other ways of engaging with families. The parent-driven strategy group is a way we can do this work. Maybe meeting in person would be beneficial to keep people present and have a better conversation.
- Cheryl agreed we don't give people the space to do some of the brainstorming necessary to do this work and agrees that we need to create more space to have these conversations and define the issues and concerns.
- Laura asked if we should consider meeting quarterly as a governance committee and use the workgroups to do the work of the collaborative.
- Cheryl said they could also consider using more exploratory questions.
- Margaret mentioned that many families are struggling, but it seems that White parents have more resources or access. Andria agreed and added that a lot of parents are in survival mode.
- Laura suggested and Cindy agreed it would be important to have this conversation in November and engage our Governance Committee.

Adjournment

- Jenna moved to adjourn and Cindy seconded. Motion approved, meeting adjourned.