

Executive Committee Meeting Agenda

February 4, 2022 | 9-11 am

<https://us02web.zoom.us/j/89625827320>

Meeting ID: 896 2582 7320 | Dial by your location (phone only or audio): +1.312.626.6799

9:00 **Opening Circle & Approval of January Minutes and February Agenda** (5 min) – Pat Dale

Materials: January Minutes and February Agenda

Please share your favorite self-care activity.

- Liz G/Krista to approve the January Minutes
- Krista/Liz G to approve Feb agenda

Self Care activity:

- Liz G= read a lot and audio books
- Cindy= interacting healthy activity with children/youth (nephew basketball) – it's helpful to ground her
- Margaret= tandem bike and knitting
- Cheryl = meditation, creating zen places
- Pat = time to disconnect and veg out
- Krista= broke my back
- Laura = take walks

9:10 **Parent Catalyst Leadership Group Updates** (15 min) – Liz Gronert & Margaret Sullivan

- Let's Talk About It
- New Catalyst (January)
- Wellness Action Plan (canvass action plan) – its something for parents/caregivers to track self care and wellness
- Laura asked Liz to explain what the wellness action plans were

9:25 **2022 Work Plan Updates** (50 min) – Pat Dale, Laura LaCroix-Dalluhn, Cheryl Holm-Hanson & Margaret Sullivan

Materials: 2022 workplan, Sample Expanded Work Plan Activities on Engagement & Data Summit, Parent Training, Strategy Screen

- Review expanded workplan and provide direction and/priority to coordination team to implement
- Discuss integration of PCLG activities into overall Collaborative's work priorities
- Discuss leadership involvement in work priorities

Laura reviewed the parent and youth engagement suggestions.

- Suggestions to move away from listening sessions to healing sessions
- Laura suggested hiring or contracting with organizations to do the work for us or with us
- Cindy said she thought this was very “white” in our approach and wondered what we could do to ensure we build voice and engagement of BIPOC families and providers
- Liz said app
- Laura said she would work with Margaret to coordinate parent lists and begin to track where people are from in Hennepin County to increase outreach

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Cheryl – provided overview of data summit portion of work plan to share initial thinking of Coordination team

- Want to change the name (no longer call it data summit)
- Need people to co-host the break out rooms
- Planning to do it online
- Need dates
- Margaret: what do we think we want from this experience or what do we think people will get from attending the meeting (what is the take away)
 - o Cheryl said she tried to align the breakouts to focus on areas of the workplan that need more definition. [The lure is to help inform the strategies...and work plan]
 - o Krista, this is a way to help get community partners to the table

Margaret shared her research on peer support training

- Maybe make it available
- Partner with organizations to do this work
- Laura asked if we need a small group to work on

10:15 **Journey Mapping Updates** (30 min) – Liz Gronert & Cheryl Holm-Hanson

- Preview of Journey Mapping Findings
- Questions and Answers

Laura asked Cheryl to share a some the broad themes from journey mapping

- Cheryl will provide shorter overview of findings and themes
- 49 families/50 parents
- Not everyone lived in the Hennepin County but did receive services
- Mostly Moms (96% or 4 out of 5) and mostly white
- 1/3 of the kids are not white
- Overview of parent experience (record top six recommendations)
 - o 1.
 - o 2.
 - o 3. Validate parent/caregiver experiences
 - o 4. Offer navigators to help facilitate access to services
 - o 5. Improve screen/assessment process (opportunities to help prep kids to improve overall experience with child)
 - o 6. Support care coordination (having additional support)
- Getting the diagnostic assessments is consistently a challenge for families
- How loudly parents/caregiver demands services

Next Steps:

- Cheryl said there will be a report and include visuals.
- Possibly specific reports that are directed to certain areas, e.g. school services and IEPs and 504 plans or social worker plans

10:45 **Business Updates** (15 min) – Pat Dale & Laura LaCroix-Dalluhn

Materials: Revised 2022 Budget

- Update from financing framework meeting
- Review and approve revised 2022 budget

Krista/Pat move to remove from agenda. Motion approved.

11:00 **Adjourn** (Liz/Pat motion to adjourn)

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Hennepin County Children's Mental Health Collaborative
Executive Committee Meeting Summary
January 13, 2022

Present: Liz Gronert, Pat Dale, Krista Phillips, Cindy Slowiak, Tonya Allen, and Dr. Jenna Mitchler

Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hanson, and Margaret Sullivan

Approval of November Minutes

- Krista Phillips and Pat Dale moved to approve November minutes. All in favor, motion approved.

Approval of Minutes for December Strategy Session

- Dr. Jenna Mitchler and Pat Dale moved to approve December Strategy session minutes. All in favor, motion approved.

Approval of Agenda

- Pat Dale and Krista Phillips moved to approve January agenda. All in favor, motion approved.

Review and approval of Work Plan

- Laura LaCroix-Dalluhn reviewed the updated Work Plan and identified changes based on the Strategy Session
- Executive Committee recommended changes to timelines and removing additional work items
- Cheryl Holm-Hanson proposes forming Ad hoc Data Summit Planning Team to assist in planning the Data Summit
 - Laura LaCroix-Dalluhn suggests having data summit formatted and planned by end of March 2022
- Laura LaCroix-Dalluhn proposes to add PCLG strategies and activities to better reflect all work priorities

Review of Strategy Screen

- Laura LaCroix-Dalluhn reviewed the updated Strategy Screen and reviewed the purpose with executive committee members
- A question about keeping the competitive advantage was asked
 - Pat Dale agreed to maintaining competitive advantage

- The Executive Committee reviewed and updated the strategies for consideration in the Strategy Screen

Parent Catalyst Leadership Group Updates

- Margaret Sullivan shared increased interest in Parent Support Group
- Parent recruitment has resulted in a couple new parent representatives, however recruitment continues
- New Let's Talk About It Series will be offered quarterly and this year will be led by Peggy Larkin

Recruitment for parent representatives

- Recruitment for parent representatives began last fall, with the goal of increasing parent participation in Collaborative decision-making. We were specifically looking to recruit BIPOC families to increase diversity in perspective and experience. Outreach was made through the Governance Committee and newsletters.
- Three parents were identified by Collaborative parents, two expressed interest after learning more about the Collaborative and interviewed by Laura and Margaret. All interested parents were offered the opportunity to engage with the Collaborative through the Governance Committee and with PCLG or PCLG activities.
- The Recruitment Committee is recommending we pair each new parent, and new partner, with a 'buddy' who will agree to check in with the new representative at least quarterly.

Journey mapping update and budget request

- Cheryl Holm-Hanson provided a brief update on journey mapping and stated \$200 in expenses will need to be covered in 2022 due to timing of final interviews
- Pat Dale and Cindy Slowiak moved to bring a suggestion of \$200 to Governance Committee for approval. All in favor, motion approved.

2022 Workplan

Strategy 1: Engage Parents & Youth to improve access to children's mental health services and the responsiveness of services

Why? Increased mental health needs among children, youth and adults has created an opportunity to discuss community level responses to these increased needs.

Goal 1	Goal 2	Goal 3	Goal 4
Increase parent and caregiver mental health literacy through PCLG: Let's Talk About It Series (Parent driven topics of engagement about children's mental health services)	Increase children's mental health knowledge through community discussions and parent engagement around critical issues impacting children's mental health – working in partnership with Family Service Collaboratives or key community partners	Increase youth knowledge in community discussions around critical issues impacting children's mental health – working in partnership with Family Service Collaboratives or key community partners Create listening sessions for youth to share their experiences and needs with providers and decision-makers	Increase knowledge through distribution of service continuum mapping. Consider developing a tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.

Goal 1: PCLG: Let's Talk About It Series (Parent driven topics of engagement about children's mental health services)	Define Success: Parents and community members increase knowledge about programs and services and provide input and feedback on how the service is delivered to improve responses.
Partners: PLCG, Commissioner Lunde, Family Service Collaboratives, CMH providers	

Task	Board Member Responsible	Staff Responsible	Due Date	Progress	Budget
1. Schedule and Plan 1 st Let's Talk About It	Peggy Larkin	Margaret Sullivan	3/31/22		\$0
2. Promote Let's Talk About It event through newsletter		Laura LaCroix-Dalluhn	Feb & March		\$0
3. Promote Let's Talk About It event with FSCs		Laura LaCroix-Dalluhn	Feb & March		\$0

4. Schedule Follow Up Community Meeting [This online meeting will provided follow up information from the first Let's Talk About It Services and include staff/professionals who lead these programs.]	Peggy Larkin	Laura LaCroix-Dalluhn & Vicky S	April		\$0
5. Offer Healing Circles during the meetings					\$0
6.					\$0
				Total	\$0

Goal 2: Engage parents and community in discussions around critical issues impacting children's mental health – working in partnership with Family Service Collaboratives or key community partners	Define Success:
Partners: FSCs, CMH partners, school-based MN health providers, schools	

Task	Board Member Responsible	Staff Responsible	Due Date	Progress	Budget
1. Outreach to potential partners to lead or co-host community discussions on children's mental health		Laura LaCroix-Dalluhn	3/31		\$0
2. Planning events with co-leads					\$0
3. Promote events					\$0
4. Healing Sessions for families					\$0
5.					\$0
6.					\$0
				Total	\$0

Goal 3: Create healing session or listening sessions for youth to share their experiences and needs with providers and decision-makers	Define Success:
Partners: FSCs, CMH providers, OST Providers (Youthprise, Brooklyn Bridge Alliance for Youth)	

Task	Board Member Responsible	Staff Responsible	Due Date	Progress	Budget
1. Identify community partners to lead or co-host youth listening sessions		Laura	April		\$0
2. host healing session with youth through youth organizations			May-June		\$0
3. Host community listening sessions with youth in Hennepin County			June		\$0
4. Youth and youth organizations to share findings from listening sessions with Governance Committee and stakeholders			August		\$0
5. promote listening sessions with youth through youth organizations					\$0
6.					\$0
				Total	\$0

Goal 4: Develop tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.	Define Success:
Partners:	

Task	Board Member Responsible	Staff Responsible	Due Date	Progress	Budget
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1. Joint meeting with Journey Mapping leads and Service Continuum work group to review findings and seek overlap and identify next steps	Jenna and Krista	Laura, Cheryl and Margaret			\$0
2. Meeting with 211 staff to understand data collection and service information		Laura			\$0
3. Identify strategies to increase knowledge to CMH services among parents and providers			Post data summit		\$0
4.					\$0
5.					\$0
6.					\$0
				Total	\$0

Data summit: Workplan overview DRAFT

February 2, 2022

Work priority: Data summit

Purpose: Prioritize learning from journey mapping to inform how we do our work and layer with data from service continuum mapping and data dashboard for alignment and synergy

Description: Use data from journey map, dashboard, and service continuum to improve access to services and/or experiences with children's mental health services

Timeline: March 2022

NOTE: In-person would generally be a preferred strategy for this kind of event, but we are recommending virtual due to ongoing pandemic concerns.

Recommended framing – Our work plan refers to this event as a “data summit”, which is a fair description of the event, but potentially not engaging. I recommend branding the event in a way that emphasizes the strategic planning...a chance for stakeholders to develop specific recommendations for shaping the Collaborative's activities and better support County parents.

POTENTIAL AGENDA

- Warm welcome
- Overview of work plan and high-level description of available data – 45 min (note – this is not much time to go into details of findings, but will give an overview of the information that is available to guide work...more detail can be shared as part of breakout groups)
- Breakout groups/world café' model
 - Option 1 – longer breakout options (everyone attends 1-2) – this is the approach that I would recommend to allow more chance to present relevant data
 - Option 2 – brief cycling through multiple topics (everyone attends each one)

Format for each group

- Review data relevant to topic and workplan goals
- Structured discussion – what stands out in the data? What concrete strategies should be pursued? Who should be part of these initiatives? Etc.
- Data capture – written feedback or report out from each group

Possible topics for breakouts



- Parent engagement/training and support

- Navigation support
- Peer support
- Family-driven care

Note – each break out will need (a) a brief set of related data highlights; (b) a facilitator

After the event – we could send a recap out to participants after the event, summarizing (a) the data shared with each workgroup; (b) the highlights from the breakout sessions; and (c) a response from the Collaborative regarding next steps/ways to be involved, etc.

Parent Peer Support Specialist Training & Utilization

Resources	Contacts/Explanations https://www.ffcmh.org/certification NFSTAC	Publications  Family Peer Support in Juvenile Justice.pd  ParentPeerSupportStrategies.pdf
Upcoming Trainings <ul style="list-style-type: none"> • Local • Online 	Would be virtual for the time being.	Shelley White is planning one in March (but may get delayed to June).
“Lay of the Land”	<ol style="list-style-type: none"> 1) Susan O’Nell, ICI 2) Deb Cavitt, MACMH 3) Shelley White, MDH 	Followup: <ol style="list-style-type: none"> 1) ICI not a good fit, but Susan willing to advise 2) VERY MUCH wants to get trainings going again at MACMH, DHS had cancelled funding. Interested in ZOOM conversation. 3) <i>See email</i>
Curriculum/Content/Execution Ideas Current curriculum is NFSTAC/SAMSHA	<ol style="list-style-type: none"> 1) Offer incremental levels of training 2) Offer a more informal “Parent Partner” training that doesn’t require certification. This could potentially help more communities of color 	<ol style="list-style-type: none"> 1) Shelley & Deb both think this could be a really useful idea 2) Shelley’s idea – also, some entity other than DHS could potentially manage this because you can avoid the certification issue.
Programs Utilizing Parent Peer Support Specialists		



2022 Integrated Budget

Revenues	DOCCR	District 287	CMHC	Totals
LCTS Fund Balance	\$ 239,731	\$ 203,801	\$ 476,806	\$ 920,338
Hennepin County	\$ 375,000			
Other				
Subtotals	\$ 614,731	\$ 203,801	\$ 476,806	\$ 920,338

Expenses

Mental Health Promotion

CMH Training & Learning	\$ 1,350	\$ 25,000	
Parent Peer Support Program		\$ 60,000	

Healthy Growth & Social Emotional Development

Youth Engagement		\$ 60,000	
Parent/Caregiver Engagment		\$ 68,000	

Systems & Organizational Change

Parent/Caregiver Engagement		\$ 20,000	
CMH Navigation Services		\$ 50,000	
Provider Engagement		\$ 25,000	

Interventions

Children & Youth	\$ 195,850	\$ 20,000	
Community		\$ 40,000	

Administrative

General Operations		\$ 15,000	
Travel	\$ 2,800		
Fiscal sponsor fee		\$ 4,800	
Staff		\$ 14,000	

Subtotal	\$ -	\$ 200,000	\$ 401,800	\$ 601,800
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Total

Laura
Laura & Cheryl

Laura
Margaret, PCLG & Cheryl

Laura & Cheryl

Laura & grant writer