

Hennepin County Children's Mental Health Collaborative (CMHC)

Governance Committee Meeting

Wednesday, June 16, 2021

Committee/Coordinator Updates

Parent Catalyst Leadership Group

Parent Leadership Catalyst Group's (PCLG) is doing more direct outreach with parents now that the world is starting to open up again. Activities and events include:

- Mental Health Day at the Fair. The PCLG has applied to host a table with resources on parent engagement and leadership.
- July's "Let's Talk About It" will feature a parent panel on "Life Choices" such as finding an appropriate school, treatment or provider for their own child and navigating the many post-high school transition choices.
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- August's "Let's Talk About It" will include an engagement activity for parents.

PCLG is also looking to recruit new parent members. If you have potential candidates in mind, please contact Liz, Karen, or Margaret.

School-Based Mental Health

The agencies reported that almost all of their clinicians are full going into the last few weeks of school and noted more families are wanting to continue school mental health services over the summer, which is a notable difference from previous summers. A few important issues were discussed.

- First, the group talked about there is still stigma around accessing mental health even school mental health services. Some participants stated they had heard from BIPOC families that they are worried about accessing the services because they don't trust the system and worry about child protection getting involved if they speak up about their child's mental health needs.
- Second, both agencies and school districts talked about doing a number of project/programs this summer to provide additional mental health support for students and families.
- Third, we spent a lot of time discussing the need for expanding the workforce related to school mental health. They talked about the need to recruit more clinicians in to school mental health especially BIPOC clinicians and that we need to start in undergraduate and graduate school. The group discussed possibly developing a plan, marketing and informational materials and strategies to reach out to various groups to increase awareness of school mental health as a possible career path. In addition, the group talked about the importance of thinking about staff recruitment and retention strategies to provide a pathway from graduate school practicums through post-licensure employment.

Other Collaborative Updates

1. A request to amend the Collaborative's 2019 LCTS report to DHS was submitted and granted. The amended report will be submitted in June 2021 to better reflect the outcomes, in-kind donations of partners and expenses of the Collaborative.
2. The Children's Mental Health Collaborative (CMHC) will provide an overview of Collaborative activities/outcomes and budgets/expenses to the Hennepin County Family Service Collaborative (FSC) Coordinators on June 17, 2021. This request was made as FSC prepare to reconsider the ongoing financial relationship between FSC and CMHC this fall/winter. If you'd like more information about this presentation, please contact Laura LaCroix-Dalluhn.

SoC Subcommittees

CMH Dashboard

No subcommittee update.

Engagement

No subcommittee update.

Governance/Structure

- NAMI-MN Board approved fiscal host/sponsorship relationship with CMHC in May.
- Met with Hennepin County Attorney, contract staff and LCTS staff to discuss necessary contractual actions to make this structural change.
- Action on Bylaws, NAMI-MN MOU/MOA, Incorporation and Governance Agreement all need to be managed within the next month.
- Funding request for legal consult during the process.

Journey Mapping

The journey mapping subcommittee has submitted workplan and budget for review and approval by Governance Committee (see separate document).

Recruitment

No subcommittee update.

Service Continuum

Service Continuum met with Journey Mapping at the end of May to share and learn about each other's work plan. Service Continuum will be onboarding the AmeriCorps member in June to help with research/collection of information needed for service to be included in the Service Continuum Map.