

Hennepin County Children's Mental Health Collaborative (CMHC)

Governance Committee Meeting

Wednesday, May 19, 2021

Committee/Coordinator Updates

Parent Catalyst Leadership Group

Parent Leadership Catalyst Group's (PCLG) "Let's Talk About It" is June 15, 2021, with Jessica Allen from Three Rivers Parks District. Jessica will join PCLG to discuss sensory and behavioral supported activities at Three Rivers and other ways families can get their kids engaged in nature and outdoor activities.

PCLG's next Support Group meeting will be Thursday, June 10th at 7pm.

PCLG is also looking to recruit new parent members. If you have potential candidates in mind, please contact Liz, Karen, or Margaret.

School-Based Mental Health

Our school mental health providers are working hard to provide both in-school and tele-health supports for students and families. Most agencies are reporting that their clinicians' caseloads are getting full or very close to full. It is clear that being back in-person in schools has had a significant impact on getting students and families connected to services.

Some agencies are working with schools to develop some additional mental health support for students and families during summer school. At our last meeting, the group discussed what they were doing to help support their students and families during and after the Chauvin trial and how they were partnering with schools around this work. Finally, agencies are trying to be creative as they look towards the summer and figuring out additional ways to support students and families.

Other Collaborative Updates

1. The CMHC applied to More Resilient Minnesota (<http://www.pcamn.org/ace-awareness-efforts-with-collaboratives/>), which supports community efforts to increase understanding about adverse childhood experiences (ACES) and uses this information to build healing within communities. The CMHC Coordinator will begin discussing opportunities to leverage and partner with other Family Service Collaboratives engaged in this project. If you would like to learn more or explore potential trainings, contact Laura at Laura@LaCroixDalluhnConsulting.com.
2. AmeriCorps Fellow. The CMHC has been notified an AmeriCorps Fellow has been identified to work with us beginning June 7-August 14, 2021. We are awaiting confirmation of their acceptance and completion of background checks. We will share more information as soon as it is available.

SoC Subcommittees

CMH Dashboard

The Dashboard Committee reviewed the original set of datapoints to collect and monitor for the CMHC. The discussion focused on what data was not available. The lack of available or timely data creates challenges for those providing services and those focused on improving the service delivery system. A few initial topics were identified for reporting and data sharing based on what data was available.

Engagement

The Engagement Subcommittee met April 21st. During this meeting they discussed 1) which stakeholders/groups we are seeking to engage, 2) existing connections/gaps in connections, and 3) how might the CMHC go about planning engagement sessions.

The subcommittee discussed process for finding out about the HCCMHC and current process for engaging in the HCCMHC to inform the SoC efforts. They agreed more parent and youth engagement was important and suggested the PCLG and

current partners that support youth advisory groups were important resources. Other gaps in connection were identified as organizations BIPOC community and faith organizations.

Throughout the discussion the Engagement subcommittee thought an orientation to the HCCMHC would be helpful for interested partners as they reflected on their own work. They will make a recommendation the Governance Committee.

Governance/Structure

NAMI-MN Board will vote on the fiscal host/sponsorship relationship in May. CMHC is working Hennepin County contract staff, LCTS staff, and Behavioral Health to plan for transition (fiscal agent to sponsorship) and amendment in contract. A meeting with the Hennepin County Attorney is being discussed. The meeting would take place after NAMI-MN's decision or other fiscal host/sponsorship is established. The goal of the meeting is to identify any potential concerns with these changes.

HC-CMHC will need to amend our Governance Agreement with partners to reflect the fiscal host/sponsorship after NAMI-MN votes. Once NAMI-MN vote takes place, Governance & Subcommittee will begin meeting to review Bylaws. Information from Recruitment and Engagement Committees will inform the Bylaws. Additionally, the MOU/MOA with NAMI-MN will inform bylaws. The stipend policy may be incorporated into Bylaws.

Journey Mapping

The journey mapping workgroup has met several times to establish the scope of the journey mapping project. A critical element of journey mapping is being able to create a visualization that summarizes the experiences of stakeholders with the system. They know that they cannot, within one journey mapping project, adequately capture all the diversity within parents' experiences with the children's mental health system. They discussed a number of options for narrowing the scope of the journey map to something manageable while also focusing on issues that would be broadly relevant and useful.

The journey mapping workgroup recommended narrowing the scope of the journey map to focus on parents' experiences entering the children's mental health system. Possible steps along this journey may include identifying that their child has a mental health issue, securing a diagnosis, identifying formal and informal supports for the family, and locating appropriate services. They believe that this scope will allow them to include a diverse cross-section of families and hear their stories, while developing recommendations for better supporting families who are entering the system for the first time. Parents from the Parent Catalyst Leadership Group (PCLG) reviewed and provided feedback on a proposed set of "touchpoints" for the journey mapping project.

The Executive Committee approved and recommended this scope of journey mapping to the full Governance Committee. Next steps include finalizing the journey mapping questions and interviewing a diverse array of parents. The goal is to interview 50-100 parents who represent a variety of experiences with the system (based on cultural background, system "entry points", child diagnosis, etc.). The journey mapping subcommittee will present a budget to the Executive Committee in June that includes stipends/incentives for this important research.

Recruitment

The Recruitment Subcommittee met with the Executive Committee May 7, 2021, to discuss the opportunity to incorporate the system of care values and principles into the work/meetings of the CMHC. They identified an opportunity to improve the structure and culture of the current Governance Committee and subcommittee meetings to align with the system of care values. They expressed concern that if there isn't intentional change to the meetings, recruitment efforts will not be effective in attracting and retaining the voices of people they need at the table to create the type of change system of care work requires. Therefore, the recruitment committee brought forward potential concerns and offer some ideas for change to the Executive Committee.

The following major themes related to current operations and recruitment strategies were discussed with the Executive Committee.

1. Structuring meeting agendas to focus on discussions related to the children's mental health services and systems; agenda items focusing on the administrative and infrastructure of the CMHC should be kept at a minimum.
2. Beginning each meeting with a brief "mission moment" to help ground the group on the mission of the CMHC.
3. Increasing the number of parent voting members from 2 to 4.

4. Ensuring all mental health providers and partners can engage in CMHC. We have a strong presence of school-based mental health providers; how do we strengthen other connections without anyone feeling like they are being replaced.

The Executive Committee was supportive of incorporating SoC values into the meeting and testing the 'mission moment' practice with the goal of making the Governance Committee meetings more valuable. The intent is to focus more on key questions or issues impacting the children's mental health system and services – and less on reporting out or updating on committee efforts (transactional work).

The Executive Committee voted in support of adding two additional parent voting members to the Governance Committee. They recommend the Governance Committee approve this recommendation knowing the Bylaws and Governance Agreement need to be updated.

The Executive Committee requests approval of two additional parent voting members from the Governance Committee and discussing the following questions.

1. ***What is the best way to incorporate SoC values into our meetings and focus on addressing needs within the children's mental health system?***
2. ***What do we envision the CMHC role in changing the children's mental health systems to better reflect SoC values and goals?***

Service Continuum

A subcommittee of the Service Continuum Committee used an existing Hennepin County Continuum of Care PDF (2016) to begin drafting a service continuum based on the committee's perspectives regarding target audience and information that needs to be provided to that audience. The Service Continuum Committee then reviewed the draft. The group's next step is to meet with the Journey Mapping Committee on May 25th to share the draft and gather feedback, as the aim is to ensure these two tools are both unique and aligned.