

# Hennepin County Children's Mental Health Collaborative (CMHC) Governance Committee Meeting Summary

April 21, 2021

## Present

**Voting Governance Committee Members:** Pat Dale, Liz Gronert, Krista Phillips, Cindy Slowiak, Tonya Allen, Rochelle Cox, Liz Franklin, Aric Jensen, Karen Malka, Meredith Martinez, Stacy McClendon, Jody Nelson, Adesola Oni, Mark Sander, Maureen Seiwert, Angela Watts, Debbie Wells

**CMHC Coordination Team:** Etonde Awaah, Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, Margaret Sullivan

**Guests:** Raven Baker, Molly Coyne, Rob Edwards, Rachel Harris, Jessica Kisling, Cathy Rude, Anna VonRueden, Susie Voss, Emily LaCroix-Dalluhn

**Approval of Meeting Minutes & Agenda:** Pat takes the group through approving March 2021 meeting minutes and April 2021 agenda.

- March 2021 Minutes: Jody motions, Stacy seconds. All in favor, none against. Approved.
- April 2021 Agenda: Krista motions, Angela seconds. All in favor, none against. Approved.

## Committee/Coordinator Updates

- **Parent Catalyst Leadership Group** – Margaret: Hosting another Let us Talk about It workshop on May 18<sup>th</sup>. Woman from Canvas Health offering QPR, Question, Persuade, Refer training. Everything is going well.
- **School Based Mental Health Committee** – Jody: Things are rocking on with SBMH, like last meeting. They are working with the ins/outs of school – some telehealth, some in school. Still a lot of disruption. There is a lot of need with respect to ongoing community trauma. People are tired, digging down to the last reserves. Services are there, people are there – just need to stay in life raft together. Starting to do summer planning.
  - Rachel: Moved by Jody's life raft and opportunity comments. Wondering if there's movement towards creating a youth-led health activity for fall? That is something she would like to see come to fruition in the NW area and if it happens across the County, even better.
  - Jody: She is not aware of it but would absolutely get behind it.
  - Laura: Maybe through the FSC conversation in May, we could spend some time thinking about how CMHC could work with FSC to offer some healing circles. Ramsey County-St. Paul have been offering some healing circles – have not targeted youth specifically but the community more broadly.
  - Meredith: I know that Hennepin Co. is also planning to hold healing circles.
- **2021 Scholarships** – Laura: Reminded everyone that training and education scholarships are available to parents, youth, caregivers and providers of children's mental health. We want to get the word out so people can access these funds.
  - Liz G: if there was a family interested in a training, would we be able to refer them to the CMHC website for that scholarship info? Is it a conflict?
  - Laura: She does not think there is a conflict. Nothing in eligibility criteria that would stop a provider from referring a family to this resource.
  - Pat: As long as the training is coming through a different organization, then there is no conflict.
  - Liz G: Can always send a parent to PCLG (Parent Catalyst Group) for help with that as well if it feels like a conflict.

**AmeriCorps Update:** Pat & Laura share update on AmeriCorps application for a member to support our SoC work over the summer.

- Pat: AmeriCorps application was approved, so we have that ability to bring someone on. We are actively looking for someone that would be interested.
- Laura: We applied for the Emergency AmeriCorps Fellow – summer only, June – August, 35 hours/week. We were encouraged to help with recruiting and would like your help if you know someone who might be interested, please send them our way. We are particularly interested in someone who speaks multiple languages. We do not get to interview the candidates.
- Margaret: Asked for a job description.
- Krista: People interested should apply here - <https://serveminnesota.org/emergency-response/emergency-response-member/>
- Laura: AmeriCorps fellow will be important for our Service Continuum work, Engagement work, and Journey Mapping work – online and possibly in person.

**SoC Written Updates:** Liz leads Governance Committee through brief updates from each SoC subcommittee.

- **Dashboard** (Cheryl) – Transition from reviewing available data to thinking about best place to share data and guide action. Working on communications planning and roll out information. They expressed concerns about what data wasn't available and how to advocate to increase the breadth of that data.
- **Engagement** (Liz G.) – Just met earlier today. We are looking at where and how we want to engage people/organizations. More available soon.
- **Journey Mapping** (Cheryl) – Have met a few times to figure out the scope of journey mapping. Need to narrow down into something that is interesting and meaningful, but also manageable. Will be taking that proposal back to the Executive Committee. After that, next steps will include preliminary mapping about what the system looks like and engaging many, many parents.
- **Recruitment** (Cindy) – Seeing it as more than just identifying people sit in open positions. Want to make sure they are selecting people whose interest align with their mission and are willing to support SoC values. Will have preliminary conversation with Executive Committee in May then bring it to Governance Committee.
- **Service Continuum** (Krista) – Grateful for the team meetings. Sub-subcommittee getting together in the next week to draft what a different continuum would look like.

**Structure/Governance Update:** Pat & Laura share update on structure/governance work for the Collaborative

- Pat: Consulted a lawyer via meetings/email. Lawyer pointed out things CMHC need to take care of regardless of how we move forward with NAMI, e.g., liability and D&O liability insurance. Talked about what the requirements and opportunities would be for fiscal host vs. fiscal sponsor.
- Liz G., Laura, and Pat talked with NAMI. NAMI is open to working with CMHC as fiscal sponsor. They are currently a fiscal sponsor for another organization, which has raised some challenges for them. Wanted to walk us through certain situations to see how we would answer them to minimize potential conflicts/concerns. They wanted CMHC to take care of our liability and structure needs, which will provide NAMI additional security and trust in our relationship. Reached out to Hennepin County to ask them to work through what County needs to see, what NAMI needs to see to be the proper protected status they need to be.
- The CMHC will incorporate with the Secretary of State, which will allow us to be seen as a separate entity; IP, resources we have created will be attached to Collaborative as its own identity.
- May require us to update our Governance Agreement as well. We will be in much better standing once we are all done with this.
- Pat: Asked for motion on #5: HCCMHC Executive Committee is requests approval to take necessary actions to pursue a fiscal host/sponsorship relationship, starting with NAMI-MN, effective at once.

Cindy moved to allow HCCMHC Executive Committee to take the necessary actions to pursue a fiscal host/sponsorship relationship, starting with NAMI-MN, effective at once;  
Aric seconded. No questions. Motion approved.

**Engagement Stipends Conversation:** Governance Committee discusses the possibility of supplying stipends for those taking part in SoC engagement activities and relevant logistical considerations.

- Laura: As subcommittees have been meeting, conversation about stipends being available to community members and others not paid to be here has come up. Executive Committee had a conversation and approves moving in this direction. We are bringing to the Governance Committee for thoughts as we put together a formal plan/proposal/policy. Executive Committee recommended funding from SoC Pilot resources.
- Pat: This has been a question/issue the PCLG has looked at too. This is an opportunity for CMHC to set parameters for use across the board. PCLG has determined for themselves. Asked folks for any thoughts.
- Desola: If there are no barriers legally that precludes Collaborative from being able to do that, then she thinks it is best practice for compensating people for time, insights, and expertise for whatever it is that we are seeking. Can be challenging to think about it in terms of where the dollars are coming from, but a lot of organizations are incorporating that and people are asking for financial compensation. She supports it and suggested the parameters be clearly defined – when, for what, the amount, etc.
- Pat: If we are going to move forward with stipends, we need someone to help create those parameters. Could fall to the Executive Committee, another subcommittee, ad hoc committee, etc. Would want some thoughts on preferences.
- Liz G: There are stipends for those involved in upcoming visioning sessions for those involved in youth & caregiver sessions. Could probably see what they are doing there.
- Cindy: Does not think CMHC wants to use what they have to do at the County. She said it was important to have criteria about what the stipend is used for and that everyone has equal/fair access to it.
- Pat: Could we use someone else's policy as a starting point?
- Cheryl: If we form an ad hoc group, she would love to be a part of that. There are best practices for using incentives for research purposes and ethical guidelines.
- Pat: Wondering if there any concerns about incentives conceptually – compensating people who are not paid to be here to attend/participate. None were stated or shared. Pat suggested we put it on the next Executive Committee and then if needed, create an ad hoc committee to work in this.
- Rob E: Said he would try to share the stipend program in Anoka for parents. Christine Cole would be the person, also Nita Kumar.

**Farewell to Etonde:** Etonde says goodbye in her last meeting with the Collaborative!  
Everyone said their heartfelt goodbyes to Etonde.

### **Adjourn**

Krista moved to adjourn. Motion approved. Meeting adjourned.