

# Hennepin County Children's Mental Health Collaborative (CMHC)

## Governance Committee Meeting Notes

Wednesday, October 21, 2020, 2:00 – 2:50 pm

Etonde Awaah & Laura LaCroix-Dalluhn, Coordinators

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### Mission Statement

*The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.*

**Voting Governance Committee Members** (Quorum 12): Pat Dale, Liz Gronert, Jenna Mitchler, Krista Phillips, Cindy Slowiak, Tonya Allen, Rochelle Cox, Jody Nelson, Mark Sander, Maureen Seiwert, Debbie Wells, Amie Wold, Angela Watts  
**CMHC Coordination Team:** Etonde Awaah, Laura LaCroix-Dalluhn, Cheryl Holm-Hanson, Margaret Sullivan  
**Guests:** Julie Atella, Marilyn Galloway

### **Approval of Meeting Minutes & Agenda**

*Quorum not met at the beginning of the meeting but by 2:46 PM, quorum met, so went back to approve minutes. Jody motioned, Maureen & Amie seconded. No questions. No disagreements or abstentions. Minutes approved.*

### **Committee/Coordinator Updates**

#### Etonde shares update on COVID-19 Relief Funds

*Some unallocated funds following the our Provider Fund awards. Etonde asked for thoughts on what do with remaining funds.*

- *Laura said if people don't want to take action, it would go back into our fund balance.*
- *Liz asked how many families would be funded with our remaining resources. Etonde wasn't sure – had to check. Liz said the group had already moved additional funds to Family Relief Fund. Choice is probably let it just stay in our fund balance or look at it with the families we did want to fund but did not have money to do so. The group already approved using extra funds for Family Relief Fund. Thinks it probably has to be a different discussion (not enough time). If there was a way we can help those families that we wanted to help, she'd be in support of that action.*
- *Krista said we've already voted on the portion of money that got moved from the Provider Fund to the Family Fund. This would take a separate motion/vote to transfer additional funds. Prefers to not make additional allocations to the COVID Relief Fund.*
- *Tonya asked whether the funds have to spent by the end of this year. Pat said they could only be spent on this project by the end of the year, but if they aren't spent, they go back into the CMHC fund balance.*
- *Governance Committee agreed that Etonde would provide a summary of the situation/options via email and, due to the time sensitivity of this effort, we would continue the conversation in that manner.*

#### Cheryl updates on CMH Dashboard

*Work group has been meeting every two weeks. They've been having really good conversation about the dashboard and what we can track. They're also having good conversations about ways to use that dashboard – to stimulate planning, tie into SoC work, ways/strategies to get information out, etc. On track to have a draft by the end of the year & plan to roll out different communications by 2021. It will be an ongoing process of updating, refining what we're including & how, and identifying how to fill in the gaps.*

#### Mark shares update from SBMH

*Mark not present at the time, so Pat asked Jody to update.*

Jody says "It's going. Everything changes by the hour." Two words she hates is "pivot" and "guidance". Pivoted to telehealth, which doesn't work for all kids, so at this point, "all just trying to stay on the island together" – typical venting & sharing about the same barriers. There's a sense of cohesion in the that. Change Inc is starting to do afterschool supports for kids – all the emotions with that new frontier. A lot of going back to Preparedness Plan and using it to guide...nothing is very automatic. Decision fatigue re: doing things that used to flow smoothly. Meetings & structure put in place for SBMH is there – meeting regularly, sharing best practices, etc. At the last meeting, Mark really emphasized access – not seeing droves of people trying to get services. How do we get people to access so the expertise & need is meeting up?

Rochelle added that they've probably never seen as high level of stress for staff. Sometimes the stress is in the unknown. "I feel like I'm building the plane while we're flying it but I'm also building the airport that we're landing in." Seeing many school districts dialing back – thinking about moving from hybrid to more distance learning. (Each District has a Regional Support Team they work with - MPS met with theirs and they said they are hearing that from other Districts. No specifics yet.) We'll likely see some changes as districts are trying to react while also plan. Wanting to provide some stability – e.g. find funding that isn't dependent on caseload.

Amie: Echoes Rochelle's analogy. Staff struggling with their well being and it's hard to know how to meet their needs. Trying to focus & prioritize that right now. Trying to provide more certainty, support, etc. when possible.

Tonya: Because they are in session, it obviously causes some stress & anxiety for staff. Issue around access for BIPOC families – not seeing the levels of engagement at all. Big concern is around who they're losing & how do we know they're lost. Trying to balance & honor the voices of families, kids and staff.

#### Margaret shares updates from PCLG

Had their meeting last Saturday. Been hearing more about what parents are doing & interests so they can align that with SoC work. Parents are participating in: EIDBI, DHS Waiver Reimagined, NAMI SoC, Pandemic Response for Children in Special Ed, Indian Education (getting more kids involved in school district), etc. Blown away by how much parents are doing already. Excited to be participating in SoC effort in the future.

Support group been dealing with tech issues lately, but it's still a really important resource.

Liz: It's very exciting to see what people bring to the table. Margaret has done a really good job of bringing that out so people can participate in whatever level they're interested. Are also working on bios as a mechanism for groups to get to know one another.

#### **LCTS Budget Update**

CMHC budget was approved via online survey. Right before submitting it to Hennepin County, the Executive Committee made one change. Reduced general support by \$100, increased NAMI's line by \$100.

All expenses in Statement of Activities are accurate to date. Working on DOCCR & LCTS budget reconciliation so no update yet.

Pat says maybe next meeting we slow down and go over budget details so people feel like they know where we're at in real time.

#### **Reflecting on 2020/Planning for 2021**

Pat:

- Redoing the budget created an opportunity for EC & Laura/Etonde to reflect on how the last several months have gone. Have started talking about what things have gone well, what we can do better, impact of COVID-19 and what it means for our Collaborative moving forward. Co-Chairs think that it's been a successful year – Curt transitioning last fall concerned many people which was compounded with Jamie Halpurn's retirement. There

*was a lot of change and weren't really sure how all of this was going to go. It was really important and is still really important to talk about going forward*

- *Governance Committee voted to increase the amount of money spent on Collaborative team. Have had a couple of meetings where the Executive Committee met without Laura/Etonde, have had two meetings that have included them.*
- *Have high expectations of ourselves going forward. Collaborative has a history of being a pretty passive group, so trying to encourage everyone to be more active, accountable, engaged, etc.*
- *Today with Hennepin County's presentation is an important kickoff for that too – particularly in relation to our SoC work which was largely put on pause due to COVID-19.*

*Liz: The word that jumped out at her is "opportunity." We are exactly where we need to be moving forward. There's lot of opportunity and desire to have voices around that and people contributing. We're where we need to be to continue those conversations – lots of opportunity to get involved moving forward.*

### **Adjourn & Transition into Hennepin County System of Care Presentation**

#### **2020 Governance Meeting Schedule: 2:30 – 4:00 pm**

Monday, November 16

Wednesday, December 16