

Governance Committee Meeting Agenda

Wednesday, September 27, 2023, 3:00 – 4:30pm

<https://us02web.zoom.us/j/84564072175?pwd=b0FsNW1QYmdJOUNhU3NYdkcvUWlqZz09>

- 3:00 pm** **Welcome & Approval of Meeting Minutes & Agenda – Angela Watts**
(Meeting materials: August Meeting Minutes & September Agenda)
- 3:10 pm** **Business Updates – Pat Dale & Laura LaCroix-Dalluhn**
(Meeting materials: 2023 Budget Proposals, DOCCR Budget Proposals 2023-2024, Proposed 2024 Integrated Budget)
- 2023 Budget Proposals (Action Required)
 - DOCCR Budget Proposals, 2023-2024 (Action Required)
 - 2024 Proposed Integrated Budget (Action Required)
 - Fiscal Sponsor Updates
- 3:45 pm** **Strategic Initiatives – Angela Watts & Coordination Team**
(Meeting material: 2023 Work Plan, LTAI Event Flier)
- Parent Engagement Updates and Events
 1. Parent Catalyst Leadership Updates and Events (Sept 30th Pow Wow, Oct 11th Let's Talk About It, hiring new coordinator, other)
 2. Family Coordinator Updates and Events (November 15th)
 - System of Care Community Meetings
 - Youth Mental Health First Aid Training Updates
- 4:30 pm** **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

August 16, 2023

In attendance: Angela Watts, Aric Jensen, Krista Phillips, Andria Blade, Susie Voss, Meghan Hickey, Maria Tripeny, Asad Dahir, Cathy Rude, Dr. Jenna Mitchler, Monica Long, Pat Dale, Mark Sanders, Brandon Jones, and Jody Nelson.

Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Hayley Tompkins.

Welcome & Approval of Meeting Minutes & Agenda

- Angela Watts welcomed everyone to the meeting and thanked everyone for joining.
- Krista Phillips moved to approve the June minutes and Andria Blade seconded. June minutes approved.
- Krista moved to approve the August agenda with the addition of discussing communications under strategic initiatives and Dr. Jenna Mitchler seconded. Amended agenda approved.

Strategic Initiatives

- System of Care Community Updates
 - Laura shared that as discussed earlier this year, the Collaborative is planning a couple of community events in partnership with Hennepin County to provide updates to their partners, parents, stakeholders, and the community-at-large on county-led and county-wide System of Care initiatives and activities.
 - Hennepin County Behavioral Health is bringing System of Care expert, Liz Manley, to town the first week of October. Together, we anticipate making the following events available. Preliminary dates and times will be confirmed soon, but we encourage you to hold the dates if possible.
 - On October 3rd in the morning, we will host a community-wide plenary with an overview of System of Care answering What is it and Why Should I Care? This will be held at the Downtown Minneapolis Library.
 - On October 4th in the afternoon, we will host a conversation with professionals working on children's mental health designed to support professionals in integrating family, caregiver, and youth voices into programming and care decisions. Additionally, there will be a parent panel, where parents can share their experiences. This will be held at the Ridgedale Library.
 - Lastly, on the evening of October 4th, we will host a Parent/Caregiver Summit using a café model. The purpose is to share info on SoC and get input from families on what they need from the Collaborative and Hennepin County. This will be held at the Brookdale Library in Brooklyn Center.
 - Angela asked for calendar invite holds to be sent out with the dates and locations. Cathy Rude shared that she feels the parent summit is a great idea and we should focus on engaging parents multiple times, in multiple languages, and utilizing culturally appropriate ways of talking about children's mental health. Laura shared

that we've been discussing how to expand parent engagement and have discussed having an annual parent summit that parents can regularly expect. Cathy then offered to help with organizing the summit.

- Laura asked if there were any providers who would like to help organize and plan the provider side of it, Jody Nelson, Aric Jensen, and Susie Voss volunteered.
- Parent Catalyst Leadership Group (PCLG) Updates
 - Hayley Tompkins introduced herself as the interim PCLG coordinator and shared her priorities for her time with PCLG. Currently, the PCLG is working on identifying goals for the group, such as growing inclusivity and engagement and identifying clear roles and responsibilities. Overall, PCLG is really exploring what the group means for them and what they want they want to achieve.
- Family Coordinator Update
 - Pat Dale provided an update on behalf of Fatima, we are continuing to build upon connections made with stakeholders to identify opportunities to engage parents and parent groups to build awareness of the Children's Mental Health Collaborative System of Care, including PCLG, FRSS, and other resources.
 - Since the June meeting, we have engaged parents through presentations and/or conducted outreach at various community events, such as the Hennepin County Children & Family Services Child Protection African American Forum, Hennepin County Community Engagement Listening Session: Youth Substance Use, Latino Youth Development Collaborative (LYDC) Parent Meeting, MPS Freedom School Family Nights, and Hmong Explore Your Parks.
 - Fatima has gathered great insights directly from parents, asking questions such as
 - What does mental health mean to you?
 - If your child was experiencing mental health issues, where would you most likely turn to for help?
 - If you feel comfortable sharing, have you accessed children's mental health services in Hennepin County? If so,
 - What has been your experience? What went well?
 - Have you experienced any barriers?
 - How could your experience have been improved?
 - What do you believe could help parents in need access children's mental health services in Hennepin County?
 - What do you think are the best ways to promote children's mental health resources and services?
 - Fatima plans to attend a number of end-of-the-summer and back-to-school events - excited to engage more families! And wants everyone on the committee to know that if they are hosting or know of events where Fatima can attend/engage families, she welcomes the invitation to attend.
 - Pat asked that if anyone has insights from parents that they feel are worth sharing to share them with the committee.
- Youth Mental Health First Aid Training Updates
 - Jody Nelson shared that we have been invited by Jocelyn McQuiter to be part of a series for the Twin Cities Talk Radio where we're going to further promote this

series. Feedback from the training is positive but we are facing barriers in coordination. Laura shared the registration link and asked everyone to share the link with anyone who may want to attend. There has been conversation about reaching out to athletic directors at schools and hopefully getting some coaches trained.

- Communications
 - Laura spoke further on the Twin Cities Talk Radio topic, we were approached by Jocelyn McQuiter, the acting manager of community engagement for Hennepin County. She invited us to join a series on Twin Cities Talk Radio where we will have an opportunity to talk about youth suicide awareness. We wanted to hear input on who we want to represent the collaborative for the interview.
 - Laura suggested Angela represent the collaborative. Angela suggested a provider would be more appropriate. Pat shared that someone from the adolescent crisis team at the county may be good and he feels it would be great to have a person of color present the information. Asad Dahir shared that he agrees that having a provider would be great and that it would be good to go over mental health as a whole and then move into suicide and suicide prevention. Angela suggested looking into providers at Children's Hospitals. Meghan Hickey said that if they need school district partners to let her know. Aric shared that he works with the Zero Suicide Taskforce, and he is happy to reach out to providers there for ideas.
- Gun Violence Prevention and Youth Mental Health
 - Laura shared a quick update; we are planning to get an ad hoc team together this fall to explore coordination across services to better support the mental health needs of young people impacted by violence. The new grantees, Art is My Weapon and Restorative Justice Community Action will be invited to participate, and we expect to expand the group over time.
- Communicating Collaborative Work and Priorities
 - Laura shared the coordination team is updating its communications materials and they are available for input in the shared drive. She said she hopes people will take a look to provide input. We've also updated the parent/caregiver page and looking for feedback from families and providers. If you have time to review and provide your feedback, you can access the document in the shared folder. We are also sharing this with the PCLG for review.

Business Updates

- Fiscal Sponsor Update
 - Angela shared that we have been working to identify a potential fiscal sponsor for the Collaborative this year and are pleased to share that Brandon Jones, Executive Director of the MN Association of Children's Mental Health (MACMH) has agreed to take on the role of fiscal sponsor for the Collaborative.
 - Laura shared that the Executive Committee discussed the option of utilizing the MACMH as its fiscal sponsor and would encourage a vote in support by the Governance Committee. The goal is to have the switch in sponsorship completed by

the end of the calendar year, and we are voting today because it will take many months to get the contract in place.

- Brandon Jones shared that MACMH is excited about this opportunity and looks forward to working with the Collaborative.
- Jody moved to make the transition to MACMH as fiscal sponsor, and Aric seconded. Motion approved.
- Pat shared that the next steps are notifying NAMI-Minnesota of our new fiscal sponsor and identifying any potential outgoing issues, notifying Hennepin County of a change in fiscal sponsors, beginning January 1, 2024, and the need for a new contract, working with MACMH to solidify a fiscal sponsor agreement with the Collaborative and incorporate into contract with Hennepin County, and preparing 2024 Budget requests for contract and to help prepare new fiscal sponsor.
- 2024 Budget Preparation
 - Laura stated she is working with Collaborative leaders to prepare a draft budget for 2024, which needs to be approved in September and submitted to Hennepin County in October for inclusion in contract and budget updates.
 - Laura stated the Collaborative's integrated budget includes several funding sources, including LCTS funds from the local collaborative time study. The Children's Mental Health Collaborative receives 5% of the LCTS revenue generated from county partners.
 - Laura reminded everyone that the family service collaboratives (FSCs), District 287, DOCCR and some local public health agencies conduct the time study, which generates revenue. She said over the spring and summer partners have met to re-examine the funding formula, which is used to distribute LCTS funds to the family service collaboratives, Hennepin County and the Children's Mental Health Collaborative. Laura said Meghan Hickey asked FSC partners to consider reviewing and potentially revising the formula. Krista shared that the FSCs are still in discussion about this concern, and nothing has been resolved yet. Cathy asked who they have been discussing this with, and Krista shared that they have been discussing it with the Hennepin County Family Service Collaboratives. Andria shared that her understanding of who makes these decisions is that it is up to the collaboratives themselves who then bring it to Hennepin County.
 - Laura is providing this update now, because she wants Collaborative leaders to know we will be voting on a proposed budget next month before the formula decisions will be made by collaborative partners; and these decisions may impact our future funding. If so, we may need to amend our budget at a future date.

Adjournment

- Krista moved to adjourn the meeting and Brandon seconded. Meeting adjourned.

2023 Preliminary Budget

| | CMHC | District 287 | DOCCR | Total |
|----------------------------------------------------------------------|-------------------|-------------------|-------------------|---------------------|
| Income | | | | |
| LCTS 2023 Beginning Balance | \$ 75,076 | \$ 191,000 | \$ 75,006 | \$ 341,082 |
| LCTS 2022 Projected Earnings | \$ 216,276 | \$ 193,000 | \$ 174,000 | \$ 583,276 |
| SAMSHA/Hennepin County Grant | \$ 126,200 | \$ - | \$ - | \$ 126,200 |
| Projected Carryover from 2022 | \$ 70,000 | \$ - | \$ - | \$ 70,000 |
| Subtotal | \$ 487,552 | \$ 384,000 | \$ 249,006 | \$ 1,120,558 |
| Leveraged Funds | \$ 80,000 | \$ - | \$ 290,000 | \$ 370,000 |
| In-Kind | \$ 20,000 | | | |
| Total | \$ 587,552 | \$ 384,000 | \$ 539,006 | \$ 1,510,558 |
| Expenses | | | | |
| Staff/Contracted Staff | | | | |
| LaCroix-Dalluhn Consulting (Coordination and engagement programming) | \$ 80,000 | | | \$ 80,000 |
| Community Research Solutions | \$ 25,000 | | | \$ 25,000 |
| Margaret Sullivan | \$ 30,000 | | | \$ 30,000 |
| Open (Parent Engagement Coordinator, .75 FTE) | \$ 70,200 | | | \$ 70,200 |
| Community & Parent Engagement Programs | | | | |
| Parent Catalyst Leadership Group (Stipends, Event Activities, etc) | \$ 27,000 | | | \$ 27,000 |
| Parent Engagement & Community Partners | \$ 50,000 | | | \$ 50,000 |
| Youth Engagement & Mental Health Well-being | \$ 30,000 | | | \$ 30,000 |
| DOCCR Youth Prevention Programs | | | \$ 290,000 | \$ 290,000 |
| Diploma On: District 287 | | \$ 162,116 | | \$ 162,116 |
| Parent & Community Stipends | \$ 6,000 | \$ - | \$ - | \$ 6,000 |
| System of Care Pilots (as started in 2022) | \$ 100,000 | \$ - | \$ - | \$ 100,000 |
| Peer Support Specialist | | | | |
| Parent Driven Strategies | | | | |
| Awareness & Public Education | | | | |
| Other | | | | |
| Training & Capacity Building | | | | |
| CMHC Scholarships & Training | \$ 25,000 | | | \$ 25,000 |
| District 287 Training | | \$ 19,437 | | \$ 19,437 |
| General Operating | | | | |
| General Support (Communications, supplies, etc) | \$ 15,000 | \$ 8,447 | \$ - | \$ 23,447 |
| Fiscal Sponsor Fee (4.6%) | \$ 10,000 | \$ - | \$ - | \$ 10,000 |
| Subtotal | \$ 468,200 | \$ 190,000 | \$ 290,000 | \$ 948,200 |
| Total | \$ 119,352 | \$ 194,000 | \$ 249,006 | \$ 562,358 |

Budget Notes:

- LCTS Funds are generated by Family Service Collaboratives, District 287 and DOCCR, and 5% of earnings are dedicated to the HCCMHC via agreement
The beginning balance is the projected carry over funds from 2022 (Use starting carry over in 2022 and reduce by expenses in 2022). New funds are generated each quarter in 2023.
- Leveraged funds for CMHC include matching funds in the Community Health Improvement Partnership (\$80,000) and in-kind (\$20,000) and Hennepin County for DOCCR programming
- All contracted staff support coordination and collaborative programming

DOCCR request for LCTS Funding

Below you will see the Department of Community Corrections request to use LCTS funding starting in 2024. I am seeking approval of funding of three organizations. We currently don't have fully executed contracts so I will be referring to each as Organization A, B, C, and D.

The proposals I am submitting in my opinion meet the following criteria in order to administer and use LCTS Funding:

- Coordinated services and interventions across systems.
- Wraparound process
- Integrated funding of services
- Coordinated outreach to youth and families in needs of services.

Organization A:

Provider will use a culturally responsive public health approach to crime reduction and violence prevention. The Providers proven, holistic approach focuses on the unique strengths, challenges, and opportunities of all community members, but particularly Black Youth. Programming and services will focus on workforce development, enrichment, and targeted services for low-income youth and young adults residing in South Minneapolis.

Key Program Elements:

- ❖ Case management
- ❖ Identification and reduction of barriers
- ❖ Involvement in a motivational Youth Council
- ❖ Out of School Instruction
- ❖ Involvement of the STEM Business Community

This contract will be funded at \$100,000 -- DOCCR \$40,000 and LCTS Funding \$60,000

- ❖ We will be sharing this contract with Hennepin County Safe Communities which is a division of Human Services to support justice involved and non-justice involved community members.

Organization B:

The Healing He**ART** Program will allow other violence prevention programs and or groups, community members, schools and more to refer youth to the program to participate in healing art spaces to learn to cope and begin to heal the He**ART**.

Referred youth and families will be paired with an artist in a group setting or one on one setting in one of many mediums, painting, drawing, sculpture, wood works, metal works , abstract,

photography, videography, music production and more to attend healing and coping sessions while creating meaningful art that will later be presented in local and possibly national art exhibitions.

Key Program Elements:

- ❖ On Call conflict resolution staff
- ❖ On call therapist
- ❖ Emergency and Basic Needs fund
- ❖ Participant incidentals
- ❖ Food support for workshops
- ❖ Youth stipends
- ❖ Transportation

This contract will be funded at \$80,000 -- DOCCR \$30,000 and LCTS Funding \$50,000

- ❖ We will be sharing this contract with Hennepin County Safe Communities which is a division of Human Services to support justice involved and non-justice involved community members.

Organization C

This organization specifically seeks to serve Black parents of Minneapolis with the skills needed to build and sustain collaborative co-parenting relationships thus breaking generational curses and interrupting systematic patterns of violence, poverty and trauma. Their vision is to give black children stable parents and supportive living environments.

Six Week Program with Conflict Resolution, motivational interviewing and positive psychology modalities to empower self-sufficiency and mindfulness.

Support is used to expand the accessibility of services to other coparents in need of coaching and classes to stabilize their communication and homelife to improve their lives and their children's future.

Key Program Components:

- ❖ Supporting parenting outside of marriage
- ❖ Child support education
- ❖ Stage of change/ Stage of progress (dynamic milestones)
- ❖ Pregnant & Parenting co-parents
- ❖ 1:1 coaching

- ❖ Empowerment focus
- ❖ Group Education/ Community building
- ❖ Mediation/ Meditation

This contract will be funded at \$89,900 -- DOCCR \$29,900 and LCTS Funding \$60,000

- ❖ We will be sharing this contract with Hennepin County Safe Communities which is a division of Human Services to support justice involved and non-justice involved community members.

Organization D

The provider will in partnership with their sister mental health clinic, six-month mentorship program for up to 10 youth (20 youth annually) who are at risk of violence or who have had previous violent crime experiences. Identified youth will be paired with community leaders that will help facilitate experiential learning through a guided curriculum.

Youth will also have access to therapists/mental health providers to address self-identified goals along with preventative tools for dealing with depression, anxiety, and other mental health diagnoses.

Healing Circles will offer youth practical ways for dealing with their emotions and problem-solving daily obstacles they are facing. Healing Circles will teach youth how to assess their own well-being, offer practices for addressing sickness and healing, and an opportunity to reflect with peers about their life experiences.

Key Program Components:

- ❖ Healing Circles
- ❖ Community Mentors
- ❖ Scholarship Opportunities
- ❖ Mental Health and other supportive services

This contract will be funded at \$175,000 -- DOCCR \$25,000, HHS \$75,000 and \$75,000 LCTS funding.

- ❖ We will be sharing this contract with Hennepin County Behavioral Health to support justice involved and non-justice involved community members.

26-Sep-23

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| Income | |
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| LCTS Fund Balance | |
| LCTS 2023 Projected Earnings | |
| SAMSHA/Hennepin County Grant | |
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| Subtotal | |
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| Leveraged Funds | |
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| In-Kind | |
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| Total | |
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| Expenses | |
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| Staff/Contracted Staff | |
| | LaCroix-Dalluhn Consulting Group (Coordination, strategic initiatives, and engagement programming) |
| | Community Research Solutions |
| | Open (Parent Catalyst Coordinator) |
| | FZM Impact Group |
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| Youth, Parent & Community Programs | |
| | Parent Catalyst Leadership Group (Stipends, Event Activities, etc) |

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| | Parent Engagement Stipends |
| | BIPOC Agency Collaboration and Parent Support |
| | Youth Engagment & Mental Health Well-being |
| | DOCCR Youth Prevention Programs |
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| System of Care Pilots | |
| | Peer Support Specialist |
| | Crisis Response Teams |
| | Other |
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| Training & Capacity Building | |
| | CMHC Scholarships & Training |
| | District 287 Training |
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| General Operating | |
| | General Support |
| | Fiscal Sponsor Fee |
| | |
| Subtotal | |
| | |
| Total | |
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| Budget Narrative | CMHC | |
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| | | |
| Estimated Fund balance as of 1/1/23 | \$ 119,352 | |
| Estimated LCTS Earnings in 2023 | \$ 194,065 | |
| SAMHSA: Parent engagement and BIPOC agency collaboration | \$ 126,180 | |
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| | \$ 439,597 | |
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| Leveraged funds from Hennepin County or other partners. Hennepin County departments include (BH, PH, DOCCR, & Safe Communities) | \$ 155,000 | |
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| In-kind time from Collaborative partners | \$ 20,000 | |
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| | \$ 614,597 | |
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| Laura LaCroix-Dalluhn, Cati Gómez and team. LCTS (\$56,900) and SAMHSA (\$23,100) Funded | \$ 80,000 | |
| Cheryl Holm-Hansen | \$ 25,000 | |
| Interim Coordinator with intent to hire in 2024 | \$ 30,000 | |
| Fatima Family Coordination and engagement (SAMHSA Funded) | \$ 70,200 | |
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| Parent supported activities, stipends, and events | \$ 36,000 | |

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| Compensation to community agencies to support their parent engagement work. These funds are paid to community agencies to support the costs associated with their parent engagement work. These funds cannot be used for food. These funds can be used to compensate parents for their time and expenses associated with their participation in parent engagement activities. | \$ 2,880 | |
| Compensation to community agencies to support their parent engagement work (up to 5 agencies at \$6,000) | \$ 30,000 | |
| Training for youth and adults working with youth on mental health supports | \$ 15,000 | |
| Ujima, Hope and Nia Program, & Nia 2.0 (Hennepin County Funded) | \$ - | |
| New Programs A, B, C, D (LCTS, \$124,900) | \$ - | |
| New Programs A, B, C, D (Hennepin County Funded; DOCCR, Behavioral Health and Safe Communities) | \$ - | |
| Diploma On | \$ - | |
| Youth Lens | \$ - | |
| | \$ 150,000 | |
| Countywide peer support specialists training and stipend support | | |
| Planning and development of county-wide crisis response team | | |
| Gun Violence Prevention and Youth Mental Health | | |
| Scholarships, Sponsorships and Training & SBMH Ancillary Training Services | \$ 25,000 | |
| Staff training | | |
| Communications, supplies, etc. | \$ 15,000 | |
| MN Association of Children's Mental Health, 7.5% | \$ 35,931 | |
| | \$ 515,011 | |
| | \$ 99,586 | |

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24 Preliminary Budget

| District 287 | DOCCR | | Total |
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| \$ 194,000 | \$ 249,006 | | \$ 562,358 |
| \$ 127,692 | \$ 139,403 | | \$ 461,160 |
| \$ - | \$ - | | \$ 126,180 |
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| \$ 321,692 | \$ 388,409 | | \$ 1,149,698 |
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| \$ - | \$ 535,000 | | \$ 690,000 |
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| \$ - | \$ - | | \$ 20,000 |
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| \$ 321,692 | \$ 923,409 | | \$ 1,859,698 |
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| \$ 9,500 | \$ - | | | \$ 24,500 |
| \$ - | \$ - | | | \$ 35,931 |
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| \$ 190,350 | \$ 734,900 | | | \$ 1,440,261 |
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| \$ 131,342 | \$ 188,509 | | | \$ 419,437 |
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2023 Work Priorities

Approved March 2023

| Long-Term Goal | 2023 Strategic Actions | Purpose | Action Steps | Lead/Support | Outputs & Outcomes |
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| Improve responsiveness to, and communications with, families and children through increased access children's mental health services | 1. Increase engagement of underrepresented families, with specific focus on BIPOC families, to inform change within the children's mental health system. | Engage parents and families to ensure parent, caregiver and family needs are responded to and represented in policy and practice changes | <ol style="list-style-type: none"> 1.1. Each quarter PCLG will plan and offer a new <i>Let's Talk About It</i> session to parents and community partners. Parents and community partners will identify topics for discussion about children's mental health services 1.2. Identify new community organizations and partnerships to improve communication and access to information about children's mental health services 1.3. Attend community events and meetings led by BIPOC-led organizations and other key children's mental health organizations to learn about critical issues impacting children's mental health and gather parent input to inform practice and policy changes. 1.4. Create a process to discern when family challenges and issues raised are identified as having broader practice and policy implications. 1.5. Each quarter a list of policy and practice issues and concerns related to children's mental health services will be generated and shared through CMHC Governance and Executive Committees | <ol style="list-style-type: none"> 1.1. Margaret 1.2. Family coordinator, Margaret 1.3. Family coordinator, Margaret, Coordinator 1.4. Cheryl, Laura & new learning community group 1.5. Coordination team & new learning community group | <ol style="list-style-type: none"> 1.1. 150 diverse parents will participate in the training 1.2. 20 new, or renewed, community partnerships will be established by Family Coordinator and Coordination Team 1.3. CMHC will increase the diversity of community partners engaging in its meetings, events, and decision-making. 1.4. Increased knowledge about policy and practice issues affecting access to CMH services. 1.5. Children's mental health providers and stakeholders will understand key barriers to children's mental health services. |
| | 2. Increase mental health literacy of adults working | Build knowledge and capacity of adults working with | 2.1. Identify and train adults to provide Youth Mental Health First Aid training to youth workers and adults working with youth in | 2.1. Change Inc, Cati/Laura | 2.1. Five diverse trainers will be available in Hennepin County to train adults in |

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| | with and raising children and youth | children and youth in non-clinical settings to support children's mental health wellbeing and mental health needs. | <p>out-of-school time and community programs</p> <p>2.2. Provide Youth Mental Health First Aid training for adults working with children and youth in out-of-school time and community programs</p> <p>2.3. PCLG will offer Monthly Support Groups online to parents and caregivers</p> <p>2.4. Provide training resources to families and/or organizations working with children and families to increase knowledge and awareness of children's mental health needs and understand how mental health and trauma are reflected in children and youth behaviors.</p> <p>2.5. Pilot family centered strategies with county case managers to increase awareness of the challenges of communicating with parents.</p> <p>NOTE: 2.2. Consider expanding services to adults working in schools in Q3 & Q4.</p> | <p>2.2. Change Inc, Cati/Laura</p> <p>2.3. Margaret, PCLG</p> <p>2.4. Margaret, PCLG, Family Coordinator</p> <p>2.5. Coordination team, Hennepin County leadership and case managers</p> | <p>Youth Mental Health First Aid by end of Q1</p> <p>2.2. 450 diverse youth workers, staff and volunteers will be certified in Youth Mental Health First Aid by Q2 (in time for summer programming)</p> <p>2.3. 100 diverse parents and/or caregivers will participate in Support Groups</p> <p>2.4. Increase responsiveness of families and providers to meeting children's mental health needs</p> <p>2.5. Identify common challenges for providers when listening to family needs, and identify strategies to improve responsiveness based on needs, not eligibility alone.</p> |
| | 3. Increase awareness of families, caregivers, and youth on how to access children's mental health services. | Families, caregivers, and youth will know how to access children's mental health services and know why to access CMHC. | <p>3.1. Update CMHC website to include outward facing information and resources on how and where to access children's mental health services and better reflect PCLG work and resources.</p> <p>3.2. Share information with community partners, youth workers, parents, and youth to increase knowledge and access to information.</p> <p>3.3. Create process to update web-based information twice annually and implement process.</p> <p>3.4. Create a work plan to expand navigational support for families and caregivers, building off 2022 work group</p> | <p>3.1. Laura/Stella, Change Inc, YMHFA Trainers, PCLG</p> <p>3.2. Stella/Laura/Cati</p> <p>3.3. Stella/Laura/Cati, committee (YMHFA and Change Inc)</p> <p>3.4. Coordination team</p> | <p>3.1. CMHC website will be updated with a resource page before Q3.</p> <p>3.2. E-newsletters and information will be shared with expanded and diverse community partners.</p> <p>3.3. Community partners will know how to update information on children's mental health services.</p> <p>3.4. Clear path to expanding navigational services to families in Hennepin County</p> |

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| | | | recommendations, e.g., secure funding and identify key partners. | | |
| | 4. Increase access to mental health literacy for youth. | Plan for pilot(s) to build knowledge and capacity of youth to support children and youth mental health and wellbeing. | <p>4.1. Identify and train adults to provide Teen Mental Health First Aid training (or other agreed upon training) to youth in high schools across Hennepin County</p> <p>4.2. Train youth in Teen Mental Health First Aid training (or other agreed upon training) as a key resource in high schools across Hennepin County</p> <p>4.3. Create listening sessions for trained youth to share their experiences and needs with providers and decision-makers.</p> | <p>4.1. Laura/Cati & youth serving orgs.</p> <p>4.2. Laura/Cati & youth serving orgs.</p> <p>4.3. Laura, Cati, and Family Coordinator</p> | <p>4.1. Five diverse trainers will be available in Hennepin County to train adults in Youth Mental Health First Aid by end of Q3.</p> <p>4.2. 30 diverse youth will be certified in Teen Mental Health First Aid by Q4</p> <p>4.3. Five policy and practice decisions will be identified for improvement.</p> |
| Improve coordination of and access to children’s mental health services | 1. Improve access to trauma-informed youth mental health services for youth engaged in or directly impacted by gun violence and other violent behaviors impacting children and youth, e.g., increased sexual violence (see student survey data) | Increase trauma-informed mental health resources to youth and families directly impacted by gun violence. | <p>1.1 Identify organizations working directly with youth experiencing gun violence and provide resources to support their mental health services</p> <p>1.2 Provide funding to organization to support youth and families directly experiencing gun violence</p> <p>1.3 Create a process to discern practice and policy implications related to youth trauma-informed mental health and gun violence</p> <p>1.4 Convene organizational leaders working to improve trauma-informed youth mental health and reduce youth gun violence to address policy and practice issues.</p> <p>1.5 Explore development of county-wide community resource crisis response team and/or guide to violence or acute mental health needs of children and youth in schools or community at-large.</p> | <p>1.1. CHIP, Laura</p> <p>1.2. CHIP, Laura</p> <p>1.3. Cheryl, Laura, Coordination Team, & new learning community group</p> <p>1.4. Laura, Coordination Team, & new learning community group</p> <p>1.5. Coordination team and community partners</p> | <p>1.1. A resource list will be created with organizations focused on youth gun violence prevention and mental health – and added to CMHC website.</p> <p>1.2. 20-50 diverse youth will receive additional information about youth mental health and learn how to access services and supports.</p> <p>1.3. Collaborative tools will be created to track practice and policy change efforts.</p> <p>1.4. 3-5 policy and practice issues will be identified for change.</p> <p>1.5. Plans to develop a community-wide Crisis Resource team and/or guide will be completed, and preparations will be</p> |

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| | | | | | made to implement the plan in 2024 or sooner. |
| 2. | Connect youth and families to needed children's mental health services and supports | Help connect youth and families to needed children's mental health services and supports to best meet their needs | <p>2.1. Connect and refer community partners with CMH services and programs.</p> <p>2.2. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to improve ongoing mental health supports to families with young children</p> <p>2.3. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to expand access to families across Hennepin County</p> <p>2.4. Explore opportunities to expand professional peer support specialists and navigators to across Hennepin County</p> <p>2.5. PCLG will offer WRAP training to parents and caregivers</p> | <p>2.1. Family coordinator & PCLG Coordinator</p> <p>2.2. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.3. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.4. Coordination Team & CMHC partners</p> <p>2.5. Margaret, PCLG, and family coordinator</p> | <p>2.1. Identify 5 new diverse community partners will engage with CMHC, PCLG and other partner activities</p> <p>2.2. Create list of barriers that make it challenging for families to access services with their young children to address through expansion</p> <p>2.3. A list will be created outlining resources needed for new opportunities to expand navigational services to families with young children through HUB partnerships</p> <p>2.4. A list of new opportunities will be shared with Governance Committee quarterly</p> <p>2.5. 30 parents and/or caregivers will participate in WRAP training</p> |
| 3. | Gather information about and manage access and coordination issues through collective action | Convene stakeholders to address key barriers and challenges in children's mental health services and identify solutions. | <p>3.1. Convene providers, practitioners, and stakeholders to revisit system of care goals, progress since 2020, and goals for 2023-2024</p> <p>3.2. Convene BIPOC-led or focused Children's Mental Health providers to identify barriers and needs to improve coordination and access to CMH services.</p> <p>3.3. Convene county agencies and community partners to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families</p> | <p>3.1. Coordination Team and Hennepin County leaders</p> <p>3.2. Family Coordinator, Coordination team</p> <p>3.3. Coordinator, family coordinator, county teams/ reps</p> <p>3.4. Coordinator, Family coordinator, Collaborative partners</p> | <p>3.1. Increased community knowledge and commitment to system of care values and services</p> <p>3.2. 8 community meetings will be led each quarter to elicit barriers and needs.</p> <p>3.3. 3 county meetings will be led each quarter to respond to barriers and needs</p> |

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| | | | 3.4. Convene community stakeholders to increase knowledge and capacity to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families | | 3.4. 1 community stakeholder meetings will be led each quarter to respond to barriers and needs |
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| Increase data-driven decision making to improve the children's mental health service system | 1. In partnership with the Hennepin County, explore assessing system values or key implementation issues | Have system implementation data to inform changes identified throughout calendar year | 1.1. Create county and community partner group to outline assessment goals, objectives, and timeline. | 1.1. Cheryl, Hennepin County team, & coordination team | 1.1. A project plan will be established |
| | 2. Data Dashboard | Share data on children's mental health with partners and use data to track change | 2.1. Update website with new data 2.2. Explore opportunities to create specific data for Family Service Collaboratives as requested | 2.1. Cheryl, Laura/Stella 2.2. Cheryl & Coordination team | |
| | 3. Evaluate the work of the Children's Mental Health Collaborative | Track results and impact of collaboratives projects and work | 3.1. Conduct evaluation of Collaborative Activities 3.2. Prepare 2023 Annual Report to communicate work of Collaborative and partners | 1.1. Cheryl & Coordination Team 1.2. Cheryl & Coordination Team | |

LET'S TALK
ABOUT IT



INDIGENOUS YOUTH MENTAL HEALTH

with Alicia Garcia, LICSW

[REGISTER HERE!](#)

Alicia Garcia is a Taos Pueblo descendent. She is the mother of two adult daughters and a grandma to an adorable Stromball.

Alicia is a licensed independent clinical social worker (LICSW) & currently works as a school social worker at St. Paul Public School's Indian Education program. Her past experience includes being a school social worker for the Minneapolis Public School's Indian Education program & being a family advocate for Ain Dah Yung (Our Home) Center in St. Paul.



Wednesday, October 11th
6:30-8:00pm

Dakota Room, Division of Indian Work
1001 E. Lake St. MPLS, MN 55407

Hosted by [The Parent Catalyst Leadership Group of the Hennepin County Children's Mental Health Collaborative](#)

Governance Committee Meeting Minutes

September 27, 2023

In Attendance: Monica Long, Jamie Dalbesio, Angela Watts, Pat Dale, Cindy Slowiak, Asad Dahir, Krista Phillips, Dr. Jenna Mitchler, Mark Sander, Karen Malka, Jodi Nelson, Cathy Rude, Andria Daniel, Meghan Hickey

Staff: Laura LaCroix-Dalluhn, Cati Gómez, Cheryl Holm-Hansen, Hayley Tompkins

Welcome & Approval of Meeting Minutes & Agenda

- Jody Nelson moved to approve the August minutes, and Andria Daniel seconded. Minutes approved.
- Dr. Jenna Mitchler moved to approve the September agenda, and Krista Phillips seconded. Agenda approved.

Business Updates

- 2023 Budget Proposals
 - Pat Dale shared that the executive committee will be reviewing scholarship proposals for providers and agencies to attend the School-Based Mental Health Conference, the applications are due on Friday, and those given scholarships will be notified next week.
 - The Executive Committee approved \$3,000 for sponsorship of the 2023 Kente Circle Conference. As a result, we were given 10 slots for people to attend, and have 8 slots remaining. If you want to be considered for one of these conference attendee slots, please notify Laura LaCroix-Dalluhn.
 - As discussed in August, the Collaborative will host a parent summit this fall, the date has been changed and will now take place November 15th from 6:30-8:00 pm at the Brookdale Library. The budget is \$15,000 and will cover expenses including food, incentives to participate, translation and interpreter services, as well as payment for additional staff time.
 - Krita moved to approve the parent summit budget, and Cindy Slowiak seconded. Budget approved.
- DOCCR Budget Proposals, 2023-2024
 - Pat Dale shared that Monica Long has provided information from DOCCR about their 2023-2024 LCTS funded/supported programs including a focus on gun violence prevention, justice-involved youth, and youth mental health, which will require a vote from the Governance Committee this month. Monica shared the proposal, outlining the total LCTS and DOCCR funding being used. It also outlines other resources, like Safe Communities and Behavioral Health, that are being leveraged.
 - **Organization A** will provide a culturally responsible public health approach to crime reduction and violence prevention services for low-income youth and young adults in South Minneapolis. Key program elements include case

management, identification and reduction of barriers, involvement in a motivational youth Council, out-of-school instruction, and involvement of the STEM business community. This contract will be funded at \$100,000, \$40,000 of which are DOCCR funds and \$60,000 of which are LCTS funds to start in 2024.

- **Organization B** will allow other violence prevention programs and or groups, community members, schools, and more to refer youth to the program to participate in healing art spaces to cope and begin to heal the heart. Key program elements include on-call conflict resolution staff, an on-call therapist, emergency and basic needs funds, and more. This contract will be funded at \$80,000, \$30,000 of which are DOCCR funds and \$50,000 of which are LCTS funds to start in 2024.
- **Organization C** seeks to serve Black parents of Minneapolis with the skills needed to build and sustain collaborative co-parenting relationships thus breaking generational curses and interrupting systematic patterns of violence, poverty, and trauma. Their vision is to give Black children stable parents and supportive living environments. They will provide a 6-week program that includes conflict resolution, motivational interviewing, and positive psychology modalities to empower self-sufficiency and mindfulness. Key program elements include supporting parenting outside of marriage, child support education, one-to-one coaching, a focus on empowerment, group education/community building, and more. This contract will be funded at \$89,000, \$29,000 of which are DOCCR funds and \$60,000 of which are LCTS funds to start in 2024.
- **Organization D** will in partnership with their sister mental health clinic, provide a 6-month mentorship program for up to 10 youth (20 youth annually) who are at risk of violence or have had previous violent crime experiences. Youth will have access to therapists/ mental health providers to address self-identified goals along with preventative tools for dealing with depression anxiety and other mental health diagnoses. Key program elements include healing circles, community mentors, scholarship opportunities, and mental health supportive services. This contract will be funded at \$175,000, \$25,000 of which are DOCCR funds, \$75,000 of which are LCTS funds, and \$75,00 of which are HHS funds to start in 2024.
- The overall budget request is that these proposals be funded at \$245,000 for 2024 and 2025 of LCTS funds, and \$124,600 of DOCCR funds. If LCTS funding does not fully cover the allocation, DOCCR will fund the gaps. Monica shared that there will be outcome and utilization reports quarterly as well as one big annual report to survey success, these will be brought back to this group.
- Cindy motioned to approve the funding proposal from DOCCR, and Angela Watts seconded. Motion approved.
- 2024 Proposed Integrated Budget
 - Laura shared the 2023 preliminary budget. The Collaborative provides an integrated budget for the Children's Mental Health Collaborative, District 287 and DOCCR. We operate as one governing body and therefore need to represent the broader goals and objectives for consideration. The DOCCR fund proposal has

been integrated into this budget. Laura went through revenue and expenses. Monica moved to approve the 2024 integrated budget and Cindy seconded. Budget approved.

- Fiscal Sponsor Updates
 - Laura shared that she is working with Hennepin County to see if there are other issues of concern related to this fiscal sponsor change from NAMI-Minnesota to MN Association of Children's Mental Health.

Strategic Initiatives

- Parent Engagement Updates and Events
 - Hayley Tompkins shared that PCLG has a Let's Talk About It on Indigenous youth mental health coming up and asked people to share it with anyone who may be interested in attending. Hayley also shared that the PCLG has been doing a lot of planning and soul-searching about the role and function of the PCLG. We are looking at 4 main functions, parent support and community building, support with system navigation, education and training, and advocacy and system change.
- Family Coordinator Updates and Events
 - Laura shared that Fatima is leading the planning for the Collaborative's first family engagement summit. This will be held on November 15th at the Brookdale Library. We are targeting 50 parents/caregivers and plan to engage families in Spanish, Somali, Karen, and Hmong. Laura shared that the budget we just approved for the parent summit also has the objectives of the parent summit on it and we welcome any service providers who would like to join.
- System of Care Community Meetings
 - Cindy shared that the Hennepin County Behavioral Health and the Collaborative are co-hosting meetings on October 3rd and October 4th on the system of care. Laura shared that we are having a Ready Or Not discussion about centering family voice in what we do as providers on October 4th. We strongly recommend our partners attend the meetings and share with your key staff or leaders.
- Youth Mental Health First Aid Training Updates
 - Cati Gómez shared that we are continuing to train adults working with children and youth in the non-school day and those working in schools, such as coaches and other adults within school buildings. If you know of people interested in the training, please contact Laura or Cati.

Adjournment

- Pat moved to adjourn and Krista seconded. Meeting adjourned.