

### **Executive Committee Meeting Agenda**

November 4, 2022 | 9:00-10:30 am

https://us02web.zoom.us/j/89625827320

Meeting ID: 896 2582 7320 | Dial by your location (phone only or audio): +1.312.626.6799

#### 9:00 Opening Circle & Approval of October Minutes and November Agenda (5 min)

Materials: October Minutes and November Agenda

#### 9:10 Business Updates (50 min)

Materials: SBMH scholarship criteria and application, Revised 2023 Meeting Schedule, Youth mental health first aid, and family coordinator position description

- 1. SBMH scholarship eligibility criteria and application process
- 2. Youth Violence Prevention, CHIP RFP and Timeline
- 3. Youth mental health first aid training resources
- 4. Family coordinator job description and hiring process
- 5. Evaluation materials
- 6. Parent Catalyst Leadership Group

### 9:50 Planning for 2023 Work Plan Priorities Discussion with Governance Committee (40 min)

Materials: 2023 Approved Budget & 2022 Work Plan

Discuss potential processes for engaging Governance Committee members online, review key discussion questions and priorities for time with Governance Committee

10:30 Adjourn

**Mission Statement:** The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.



# **Executive Committee Meeting Minutes**

October 7, 2022

#### Present

Pat Dale, Krista Phillips, Jenna Mitchler, Andria Blade, Tonya Allen, and Cindy Slowiak Staff: Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Margaret Sullivan

#### Opening Circle & Approval of September Minutes and October Agenda

- Krista Phillips moved to approve the September minutes, and Jenna Mitchler seconded.
   Motion approved.
- Tonya Allen moved to approve the agenda with Krista Phillips stepping in for chair when Pat Dale steps away during the meeting, and Andria Blade seconded. Motion approved.

#### **Business Updates**

- Evaluating Coordination Team
  - Pat Dale shared that we have done this off and on throughout the years typically through survey monkey and that we are thinking about having the coordination team fill out evaluations.
  - Cheryl shared that we are planning to do a survey for governance members for feedback.
  - Laura offered to help draft the evaluation and the executive members could amend it.
  - Pat confirmed that we have a consensus that we should evaluate the coordination team and that the team would greatly appreciate for Laura to draft the evaluation.
  - Laura asked Margaret if she felt that the Co-Chairs are the appropriate level and if
    we should add them to her evaluations. Margaret answered that she felt we should
    include everyone who was with us this year and that she was contemplating it. Pat
    agrees that we should include PCLG parents who have been involved in the last
    year.
- 2023 Contract with Hennepin County
  - Laura updated everyone that she has been working to put together our 23 contracts.
     We added language in for the new parent coordinator and submitted the approved budget. It will be voted on in the October board meeting.
- Preparing for Annual Financing Framework Meeting of Collaboratives
  - Laura reminded everyone that each year the Collaboratives come together and that
    the Financing Framework meeting will take place by the end of the calendar year.
     Each of the collaboratives will vote on the 5% set aside for Hennepin County and the
    Children's Mental Health Collaborative. Laura asked if anyone had any guestions.
  - Krista recommended being prepared to speak to how the new money will be spent
  - Tonya asked if we need the current numbers or numbers throughout the past year because the numbers fluctuate. Laura said we would use the numbers from the past year.
- Hiring process and the timeline for new Parent Coordinator

- Laura shared she is planning to get the job description out by late October and then do some targeted recruitment for the position. It would be great to have a candidate identified by the end of the calendar year and have a start date in early January. She reminded the Executive Committee the significant amount of time dedicated to this position, which is .75 FTE which would be more time than her own contract. Along with the hiring, it would be a great way to build better connections with the County. Laura asked how involved the Executive Committee would like to be in this hire and how much she should manage this project.
- Pat confirmed that we have a job description. He shared that we've typically had one
  or two people review people, so it would be a good idea to have a couple of people
  from the Executive Committee involved. Pat asked if Cindy would be an appropriate
  person.
- Laura said that Asad Dahir would be the lead on this partnership with Hennepin County Behavioral Health and he would be willing to take that role.
- Pat asked if six people were appropriate for the hiring team and everyone agreed.
   The hiring committee will include Laura, Asad and two executive committee reps, and a family service collaborative rep and a school rep.
- Krista confirmed that this new position would be a part of the coordination team.

#### 2023 Meeting Schedule

- Pat shared the 2023 committee meeting schedule. Laura asked if we would like to maintain the same schedule, if we would like to have a monthly meeting, and do we want to continue meeting virtually.
- Pat commented that we have traditionally not met in July and we should avoid scheduling near MEA. Tonya and Jenna said it would be a good idea to not have July and September because they are complicated.
- Laura reminded everyone that we need to have our budget to the county by the beginning of October so we should meet in September, Pat suggested moving the date so the meeting can still take place and we should discuss it further another time. Everyone agreed that rescheduling, later on is a good idea.
- Margaret suggested moving the governance meeting time up. Laura suggested changing the time from 3-4:30 PM or 2:30-4 PM. Krista said we could propose 3 PM and see what the governance committee thinks.
- It was also decided that the October governance meeting should be held on October 11th rather than October 18th.
- It was suggested that we meet in person a couple of times a year but have it virtual the majority of the year. Laura suggested we could meet in person in August, May, or June. Jenna said that she liked the idea of meeting in person in August for the governance committee to build the budget. Laura asked if we should do the same inperson meeting for the executive committee, and Krista said that would be okay. Jenna then suggested we could meet in person to form the evaluations.

#### 2023 Work Plan

- Review the approved budget and discuss priorities 2023 work plan
  - Laura presented the work priorities for 2022. She asked for input on the progress presented.

- Cindy Slowiak said she thought we made some progress, but the CMH system feels like it is in crisis and workforce has been challenging and kids are in need.
- Tonya shared that she feels we need to do more to reach communities that aren't being served. We cannot do more of the same. Jenna agrees, this does not fit as well anymore.
- Margaret feels like some things have yielded more benefit than others; e.g. Let's Talk About It and Journey Mapping. Service Continuum mapping hasn't yielded as much work. It might be good to try to do fewer things with more focus. Youth connections are important but we just beginning this work.
- Cheryl shared that she felt the Dashboard data doesn't feel as valuable, we need to intentionally use it. We need to think about how to use it. Cheryl then suggested getting data on youth violence prevention and a better understanding of what made a difference and balancing the need to respond to changing needs and changing the underlying system. Having more conversations about what we are doing that isn't effective could help us in finding new ways to do things differently.
- Cindy shared that she feels when we developed the concept for the family coordinator we can utilize that position to enhance our services.
- Laura mentioned the structure of the collaborative can get in the way of doing the systems work. She provided an example of another contract where she did training around the state for implicit bias and how it affects home visitors, Black families are being over-reported to CPS yet families as a whole are being underreported to infant and early childhood mental health services. We are not going to do this with just the policymakers, we need to also get the people who are working with families day-to-day to learn other ways of engaging with families. The parent-driven strategy group is a way we can do this work. Maybe meeting in person would be beneficial to keep people present and have a better conversation.
- Cheryl agreed we don't give people the space to do some of the brainstorming necessary to do this work and agrees that we need to create more space to have these conversations and define the issues and concerns.
- Laura asked if we should consider meeting quarterly as a governance committee and use the workgroups to do the work of the collaborative.
- Cheryl said they could also consider using more exploratory questions.
- Margaret mentioned that many families are struggling, but it seems that White parents have more resources or access. Andria agreed and added that a lot of parents are in survival mode.
- Laura suggested and Cindy agreed it would be important to have this conversation in November and engage our Governance Committee.

#### Adjournment

• Jenna moved to adjourn and Cindy seconded. Motion approved, meeting adjourned.



# **PROPOSED 2023 Meeting Schedule**

| Committee                              | Lead                                  | Meeting<br>Schedule   | Notes/Questions   |
|--|---------------------------------------|---|---|
| Governance<br>Committee                | Pat Dale &<br>OPEN                    | Every third Wednesday<br>of the month from 3:00-<br>4:30 PM  No July Meeting  September (4 <sup>th</sup> Wed)<br>and October (2 <sup>nd</sup> Wed)<br>from 3:00-4:30 PM | Meetings will take place online, unless otherwise noted  Jan 18 <sup>th,</sup> Feb 15 <sup>th</sup> , March 15 <sup>th</sup> , April 19 <sup>th</sup> , May 17 <sup>th</sup> , June 14th, August 16 <sup>th</sup> , November 15 <sup>th</sup> , and December 20 <sup>th</sup> Sep 27 <sup>th</sup> October 11 <sup>th</sup>   |
| Executive<br>Committee                 | Pat Dale &<br>OPEN                    | Every first Friday of the month from 9-11 AM  No July Meeting  Third Friday in September from 9-11 AM   | Meetings will take place online, unless otherwise noted  Jan 6 <sup>th</sup> , Feb 3 <sup>rd</sup> , March 3 <sup>rd</sup> , April 7 <sup>th</sup> , May 5 <sup>th</sup> , June 2 <sup>nd</sup> , August 4 <sup>th</sup> , October 6 <sup>th</sup> , November 3 <sup>rd</sup> , and December 1st.  September 15 <sup>th</sup> |
| Parent Catalyst<br>Leadership<br>Group | Karen Malka &<br>Mel Hultman          | Every third Saturday at 10 am   |   |
| PCLG Support<br>Group                  | Karen Malka &<br>Margaret<br>Sullivan | Every 2 <sup>nd</sup> Thursday at 7 pm  |   |
| Coordination<br>Team                   | Laura LaCroix-<br>Dalluhn             | Every 4 <sup>th</sup> Tuesday from 10-11:30 am  | Meetings will take place online, unless otherwise noted   |
| Education &<br>Training Group          | Laura LaCroix-<br>Dalluhn             | No Regular Schedule   | This group reviews scholarship and training requests. Meetings will take place online, unless otherwise noted.  |
| Parent-Driven Strategies               | Cheryl Holm-<br>Hanson                | No Regular Schedule   |   |
| Awareness building                     | Laura LaCroix-<br>Dalluhn             | No Regular Schedule   |   |
| Peer Support                           | Margaret<br>Sullivan                  | No Regular Schedule   |   |
| School-based<br>Mental Health<br>Group | Mark Sander                           | Every 4 <sup>th</sup> Tuesday at 3-4 pm   |   |
| Provider Group                         | Laura LaCroix-<br>Dalluhn             | Schedule To Be<br>Determined  | This group last met 2020. The current group of stakeholders will be polled to meet.  This group will meet online, unless otherwise noted.   |

Interested in participating in the above subcommittees or groups? Contact Laura LaCroix-Dalluhn for more information.



# Hennepin County's Community Health Improvement Partnership to Address Youth Violence and Mental Health – Approved \$40,000 in September 2022

Early this year, the Hennepin County Children's Mental Health Collaborative provided funding to four mini grant applicants to address the increase in youth violence in Hennepin County. The HCCMHC worked with the Hennepin County's Community Health Improvement Partnership (CHIP) to leverage shared goals to address the increase in acute violence and the mental health needs of the youth of Hennepin County. In keeping with the Governance Committee's objectives to support youth violence prevention and mental health ongoing and avoid one-time investments, the Healing Circle Working Group suggested an ongoing partnership with CHIP in 2022.

CHIP will release a new application focused on trauma-informed communities, the mental well-being of communities and the important role that housing stability plays in community health and well-being. The HCCMHC again has an opportunity to invest in mental health supports for youth experiencing violence.

Staff recommends investing \$40,000 in youth violence prevention and mental health support through a collaborative partnership with CHIP, totaling \$60,000 in 2022. Funding would be dedicated from the Collaborative's system of care pilot funds to cover this partnership in 2022 and sustain efforts to address youth violence and mental health in Hennepin County.

#### **UPDATES:**

- 1. Funding Partner is Community Health Improvement Partnership (CHIP). The RFP has been co-created and ready to be released mid December 2022, with funds to be distributed in 2023. Working with Hennepin County to determine best way to distribute funds (2022 or 2023, which may require a budget amendment)
- 2. Promotional Partner CHIP, Collaborative partners, Family Service Collaboratives and youth serving organizations/partners

# Funding Youth Mental Health First Aid Training for Youth Workers and Staff in Out-of-School Time Organizations - Approved \$15,000 in September 2022

Parents in Hennepin County rely on youth serving organizations, programs and services to support their child's mental health and wellness. According to the Collaborative's journey mapping project, parents seek support to address their child's social emotional health, e.g. support their activity needs through sports and outdoor activities or practice socializing in groups.

Youth workers have expressed concerns about increased needs mental health among children and youth in Hennepin County. Training youth workers and youth serving program staff and volunteers in youth mental health first aid can help move the children's mental health care system upstream; and increase knowledge and awareness among adults working with children and youth.

The <u>National Council for Mental Wellbeing</u> offers Mental Health First Aid Training for both <u>youth workers</u> and <u>teens</u>. Training costs are \$19-24/pp. The courses may be conducted in either a series of six 45-minute in-person training sessions—or three 90-minute training sessions—or through a blended approach that combines a self-paced online lesson with six live, instructor-led training sessions.

Staff recommends investing \$15,000 in grants to out-of-school time networks or organizations in Hennepin County to coordinate and provide mental health first aid training to youth workers, staff and volunteers with the goal of training 500 youth workers and volunteers in 2022.

#### **UPDATES:**

- 1. Funding Partners are being explored. Outreach has been made to Mpls Youth Coordinator Board, Brooklyn Bridge Alliance With Youth, Beacons Program through YMCA and Youthprise.
  - a. Minneapolis Youth Coordinator Board, who hosts a <u>Partners with Youth Conference</u>. This year's conference if focused on Mental Health and will be held Dec 9<sup>th</sup>.
  - b. Brooklyn Bridge Alliance with Youth just received federal grant to focus on youth mental health.
  - c. Beacon's Network is active within several high schools in Hennepin County and ideal partner to reach community and school partners.
  - d. Youthprise has long history of partnering with organization to release funds to youth serving organizations in Hennepin County.
- 2. Promotional opportunities through above networks, conference and newsletters
- 3. Educational Opportunity and support from Mental Health partners we are looking for one or two presentation from Collaborative Partners

#### Partners with Youth Conference

This year's conference theme is Youth Mental Health: how youth workers can support a young person's mental health (YMH). We know that a youth workers' approach to building relationships and creating affirming spaces can support a young person's mental health. What additional knowledge or skills should youth workers have (without becoming a therapist) to positively support a young person's mental health and feel ready if a young person comes to them with a mental health challenge. Examples of specific workshop topic ideas are:

- SEL strategies to support YMH
- Non-western modalities to support YMH
- Youth rights re: accessing mental health supports
- Supervisor strategies to supporting a team of youth workers re: YMH
- YMH supports for LGBTQ+ young people, people of color/culture, young people with disabilities
- Addressing secondary trauma in youth workers
- Suicide prevention strategies
- Understanding confidentiality/mandated reporting as it relates to YMH
- What is "normal" adolescent behavior vs. behaviors that could be mental health challenges?
- How does the YMH system in Minneapolis/MN work?
- Trauma-informed approaches

# Hennepin County's School Based Mental Health Work Group Scholarship Request – Approved \$10,000 in September 2022

Hennepin County School-Based Mental Health Work Group is seeking funds to support participation in MN School Behavioral Health Conference, Nov. 2-4. In the past, funding in the \$10,000 range was provided by the collaborative for this purpose. The funding was divided among community providers based on percentage of FTEs involved in School-Based Mental Health service provision. The cost of the conference ranges between \$250-\$500 depending on room occupancy and # of nights reserved.

#### About the conference

The Minnesota School Behavioral Health Conference is in its 6<sup>th</sup> year, bringing together collaborating partners and providers to build a school mental health framework of practice. Attendees include parents/guardians, schools, community mental health providers, advocates, consumers, policy makers, Tribal Nations, and state government. Attendees come to network and learn about the latest developments and best practices related to supporting students with mental health disorders.

This year's theme is *Reshaping through Resiliency: School-Based Behavioral Health in MN.* The conference is being held at Cragun's, November 2-4, 2022.

This conference seeks to offer attendees purposeful tools and techniques to implement and produce a positive impact on behavioral health and wellness specifically related to:

Evidence based supports for students' and families' emotional health and well-being

- **Tools** for school staff and behavioral health providers
- Resources for school wide efforts to reduce stigma and support positive school climate
- Tools and resources to support parents to navigate behavioral health and educational systems

#### About the Hennepin County School-Based Mental Health Work Group

Mark Sander has been facilitating the Hennepin County School-Based Mental Health Work Group since 2008. For fifteen years, parents, community mental health providers, and school representatives have met monthly to collaborate on the development of a school-based mental health framework, to share best and promising practices, and to partner on the sustainability of services provided children and youth with access through the school setting.

The national framework for school mental health has been evolving for over two decades and currently is known as Comprehensive School Mental Health Systems. Locally, Hennepin County has implemented school mental health services in more than 235 schools (228 public and intermediate schools and 7 charter schools.) There are currently over 198 full time equivalents (FTEs) of clinicians to serve almost 5940 children and youth in Hennepin County.

#### Alignment with System of Care Principles

School-Based Mental Health Services in Hennepin County and the statewide conference are in alignment with System of Care Principles:

- They support a continuum of mental health services for children and youth that is integrated and comprehensive;
- They support an individualized approach which considers each child and youth and their family to be unique;
- Providing services through the school setting supports the philosophy of service provision in the least restrictive setting;
- School-Based Mental Health Services, and a focus of the fall conference, by their very nature require coordinated, systemic approaches;
- Family choice and youth voice are centered in School-Based Mental Health service provision; parent representatives have been involved in the planning of the fall conference and will be participants;
- Prevention and intervention are integral to the Comprehensive School Mental Health System and will be represented in the trainings at the fall conference;
- Equity and cultural humility are base values of School-Based Mental Health and these perspectives will be well-represented in the trainings at the fall conference;
- Data-driven-decision-making and research on best and promising practices is utilized in School-Based Mental Health and is represented in the trainings in the fall conference.

#### **UPDATES:**

- 1. Funding Criteria established using current and past scholarship applications as guide (see criteria and application attached)
- 2. Promotional opportunity sent by Mark Sander
- 3. Organizations will receive funding after the conference is complete.



# **Job Description: Family Coordinator**

#### Overview

The Hennepin County Children's Mental Health Collaborative's (HCCMHC) mission is to provide a forum for a diverse and representative group of organizations and system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The HCCMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the <a href="system of care principles">system of care principles</a> and available research on children's mental health services. The Collaborative's fiscal sponsor is <a href="MAMI Minnesota">NAMI Minnesota</a>.

#### **Family Coordinator**

The Family Coordinator will support increased access and connection to children's mental health services in Hennepin County. The Family Coordinator will act as a liaison between community-based organizations, the children, youth, and families they serve and decision-making organizations such as local government and county agencies. The Family Coordinator will work within BIPOC communities to better reflect parent and family voice and needs within the children's mental health system. They will work collaboratively with the Hennepin County's Behavioral Health outreach and engagement team. They will identify gaps and needs of children, youth and families, and bring these to the attention of organizations working with children and youth as well as decision-makers.

The Family Coordinator will work 30/hours a week as a contracted position through HCCMHC. This a multi-year contracted position, with an annual renewal. The expected start date is January 2, 2023.

The Family Coordinator will lead and support the following work and report to Collaborative's Coordinator and work in partnership with Hennepin County Behavioral Health.

- Lead parent and community engagement activities for SOC
- Meet with local units of government who support children's mental health services, including Family Service Collaboratives
- Identify community-based organizations and BIPOC-focused organizations, working with children, youth and families underrepresented in children's mental health services
- Assess the strategies implement by trusted community-based organizations and help identify
  gaps in services and supports, and identify opportunities to expand and/or create new services
  and programs offered by trusted community-based organizations
- Coordinate with HCCMHC parent leaders to identify priority areas of change/reform
- Work with Collaborative and County partners to address practice changes to positively impact service delivery
- Identify local policy barriers for families and opportunities for improvement
- Participate in Hennepin County's development of a governance structure for system of care

#### Expected qualifications:

- Strong relationship building and organizing skills
- Creative problem solving skills, adapting approaches as needed
- Commitment to approaching practice and policy with a racial, economic, and geographic equity lens and working cross culturally
- Proven ability to define problems, gather supporting information, and transform into project-level strategies
- Strong verbal, written and presentation communication skills
- Demonstrates ability to work independently, remotely, and make decisions as needed
- Ability to work as part of a team
- Some evenings and weekends may be required
- Some travel may be required

Preference will be given for the following qualifications:

- Has lived experience with children's mental health
- Speaks multiple languages

The contracted position is expected to have their own computer, internet access, and home office equipment to manage the expected work and deliverables. General liability insurance and other insurance are necessary, but guidance will be provided upon an offer.

Applications for the contracted position are due by November 18, 2022. Interviews will take place late November and early December 2022. Send your applications to Admin@LaCroixDalluhnConsulting.com.

For more information about this contracted position for the Hennepin County Children's Mental Health Collaborative, contact the Coalition Coordinator, Laura LaCroix-Dalluhn at Laura@LaCroixDalluhnConsulting.com.



## **Executive Committee Meeting Minutes**

November 4, 2022

#### **Opening Circle & Approval of October Minutes and November Agenda**

- Tonya Allen moved to approve the October Minutes, and Andria Blade seconded. All in favor, minutes approved.
- Andria moved to approve the November agenda, and Pat Dale seconded. All in favor, agenda approved.

### **Business Updates**

- Youth Violence Prevention, CHIP RFP, and Timeline
  - o Pat provided an overview of recent news in youth violence prevention. Laura shared that we made a \$20,000 commitment this past summer, we just voted in September for \$40,000, and that this would be an actual full-year grant. The partnership would go through CHIP again, and the goal would be to continue to focus on this in 2023. Laura has been working with their team to put together the FRP which is ready to go, and she found out that the funding we voted on in September has not gone out yet and likely won't until 2023. Laura is looking into pre-paying for 2023 with the funds left in the 2022 budget and will let everyone know if this will be possible. Pat shared that most of the grants that CHIP gives out are less than \$5,000 so the money we would be giving would go to multiple causes. Laura shared that this may actually be used in all with one organization.
  - Laura then shared that she would like some recommendations on how to promote this opportunity and asked Tonya if we should target any of the schools in promoting this. Tonya answered that it would be great to open it up so people could see if it was a good fit for them. Laura shared that CHIP is working to make the application process more accessible so hopefully more people will be able to apply.
  - Tonya asked if any of the money that the collaborative has access to is currently focused or any that can be focused on workplace development and shared that she feels it's missing from everyone's conversations. Laura responded that we have not led in that space, the closest we get is having resources available for it/ Laura said we are going to talk about our 2023 Workplan further and that is an issue that has come up, so she feels we should bring it forward and figure out what our role could be. Margaret Sullivan stated that the peer support specialist could help alleviate some of the needs. Laura said that she feels there is an opportunity to move upstream and promote youth violence prevention which would likely lead to workplace development.
  - Laura shared that there will be a partners with youth conference on December
     9th, and they are looking for people to join to provide information on how it
     connects in the schools and out of the schools. Laura then asked if anyone was

aware of anyone who would be willing to create a presentation on this and present to this conference, Jenna Mitchler suggested Mark Sander, and Laura said she will reach out to him.

- SBMH scholarship eligibility criteria and application process
  - Laura LaCroix-Dalluhn gave an overview of the recent requests for school-based mental health training scholarships, and the grants passed.
- Family coordinator job description and hiring process
  - The job description has been posted in the newsletter, on Pollen, and on Bus Stop Mamas, lots of people have reached out, especially through Bus Stop Mamas. Laura asked if anyone here was interested in the hiring process, Cindy shared that Asad would help.
- Parent Catalyst Leadership Group
  - Margaret shared that it is nice to be doing outreach in person again. The next Lets Talk About It is on November 15th and will focus on Transition Services, 20 people have already signed up.

#### Planning for 2023 Work Plan Priorities Discussion with Governance Committee

- Discuss potential processes for engaging Governance Committee members online, review key discussion questions and priorities for time with Governance Committee
  - Laura discussed the plan from October to bring ideas to the Governance Committees. Laura wanted to have a facilitated conversation to get everyone's input. Laura said she would like to know if anyone had any recommended facilitation techniques, she was considering the human design thinking process or open space technology, both of which can be used online. Laura suggests conducting it similarly to last year, meeting in person in December to shape it based on what we hear from the governance committee. Cindy shared that she does not know a lot about those techniques, and it may be helpful to understand what we are trying to get out of these conversations. Laura explained what she would like out of the 2023 workplan conversation.
  - Margaret shared that because she is a concrete thinker, these broad questions may not be suitable for a 90-minute meeting, she would vote for a group to widdle it down a little more before bringing it to the governance committee. Laura shared that she suggests taking what we already have, from PCLG, and Cheryl with the Family Driven Strategies group, and when we bring that information in is where we have the larger conversation.
  - Cindy asked if there would be a way to ground us before this conversation, review the evolution of the collaborative, what we've learned from the workgroups, and what Paulette shared, then once we are grounded then have smaller facilitated conversations. Jenna shared that she is thinking about a strategy she uses elsewhere, where they start with a presentation with data about where we are now and then go into further conversations. Additionally, Jenna shared that her experience with design thinking shows that it could work, but the later stages might not fit as well or take more conversation. Cindy asked if this would be a similar structure to the Data Summitt, and Laura answered yes.

- Cindy said that a grounding presentation followed up with reflective questions may be a good way to begin the conversation.
- Laura reiterated Cindy's suggestions, we should take a few months to plan the workplan, start with the "what" and who we should bring to the table, and then asked if we should use our executive committee meeting to move this forward. Pat stated that he feels Laura and Cati should begin to move the ball and yes, we should discuss it in the executive meetings. Cindy shared that she could see the November governance meeting as a reflection of the last year, including a debrief from Paulette's demonstration, then introduce how we build on this work and discuss priorities, and then dig a bit deeper to get people's thoughts on those priorities and discuss action and implementation by March 1st. Cindy said it is possible to amend the contract and she has done it before, she would rather take the time and amend it than rush to get it done. Laura suggested that we have a few people talk about what stood out to them this year for the governance conversation, Cindy said that she could talk about the process and why we chose to do it this way to start. Margaret suggested having a set time for discussion to take place that is around 30 minutes, for the most part, that way parents would have more ability to attend.
- Laura asked if people would attend the December meeting since it is on the 21st,
   Pat suggested that we ask people and then make the decision.

The meeting was adjourned.